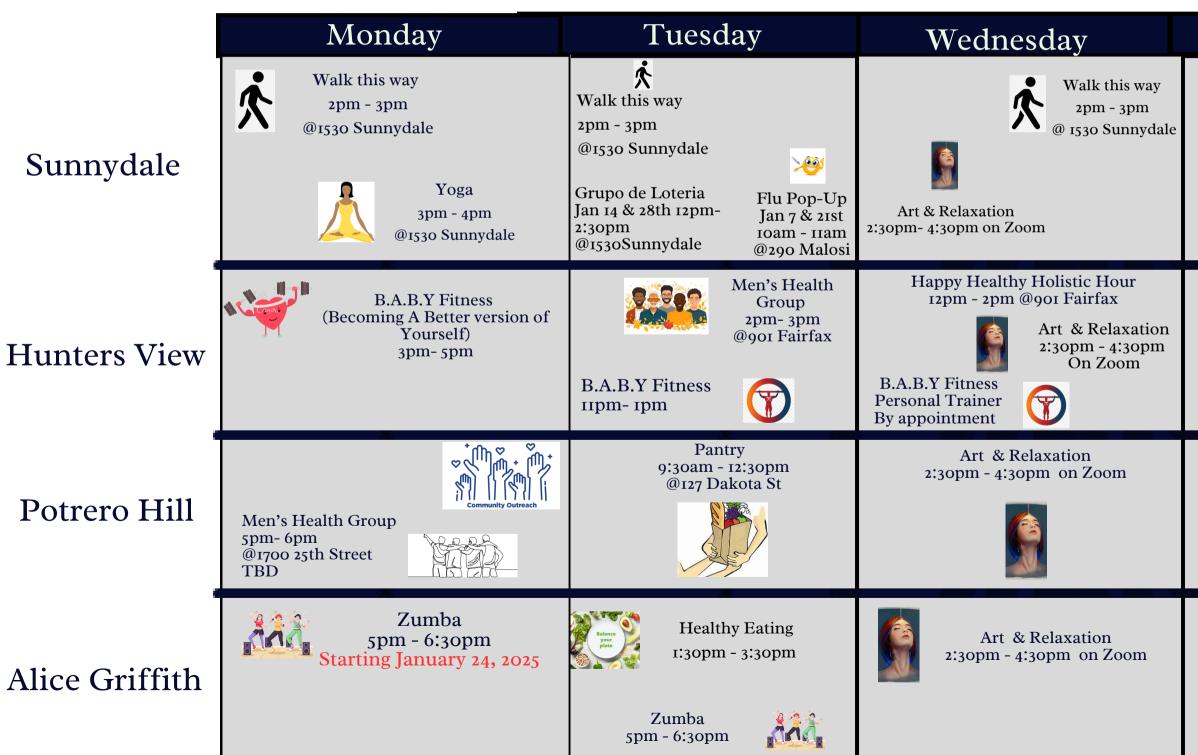




Alice Griffith, Hunters View, Potrero Hill and Sunnydale Wellness Centers are open Monday through Friday from 9:00 a.m. to 5:00 p.m.

Weekly Groups and Activities







HOPESF will be closed on: Wednesday, January 1, 2025 Monday, January 20, 2025

Thursday	Friday
Walk This Way Image: Super Senior group @1530 Sunnydale Image: Super Senior group	Resource Table Ioam - I2pm
B.A.B.Y Fitness 3pm - 5pm	B.A.B.Y Fitness appointment
Zumba 1101 Connecticut St 5pm - 6pm Start January 30, 2025	Café en el jardín 10:am to 12pm Jan 17
Walking Group 10am - 12:pm	Zumba 5pm 6:30pm

Programs and Services



SUNNYDALE 1652 Sunnydale Avenue (628)217-5320

Behavioral Health Services:

Clinicians and Wellness Navigators provide a range of services to support resident's mental health needs and overall well-being. Services include: mental health assessments, short term therapy, workshops, case management, and crisis support.

The Community Health Ambassador Program:

The C.H.A.P's provides individuals with a unique opportunity to become advocates for health and wellness within their communities. They gain the knowledge and skills needed to support others and promote healthy habits. Through a comprehensive training program, ambassadors cover topics such as disease prevention, nutrition, and mental wellness. If you are interested in learning more or in joining our team, please visit or speak with an on-site staff member who will be able to provide more information.

Nursing Services:

Registered nurses provide care links (primary care and urgent care) to residents, providing chronic and acute disease management, blood pressure screenings, pregnancy testing, emergency contraception (Plan B), flu vaccines, TB screenings, home visits, free over-the-counter medications, and more. For more information or to make an appointment with our nurse, please contact our wellness centers directly.

If you or someone you know is experiencing a mental health emergency, please call: Comprehensive

Crisis Services: (628) 217-7000

Medical Emergency: 911

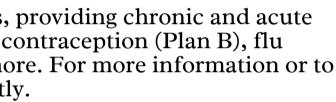
SF Suicide Prevention: (415) 781-0500

LGBTQ/In Crisis young people: (866) 488-7386



Faith: "Faith is taking the first step even when you don't see the whole staircase" Martin Luther King Jr.

HUNTERS VIEW 901 Fairfax Avenue (628)217-5220



2600 Arelious Walker Dr (628)217-5340

ALICE GRIFFITH



POTRERO HILL 1700 25th Street (628)217-5200