



SFDPH OVERDOSE RESPONSE UPDATE

SFDPH'S COORDINATED OVERDOSE RESPONSE

Overdose Deaths are Preventable: San Francisco's Overdose Prevention Plan

San Francisco Department of Public Health – 2022

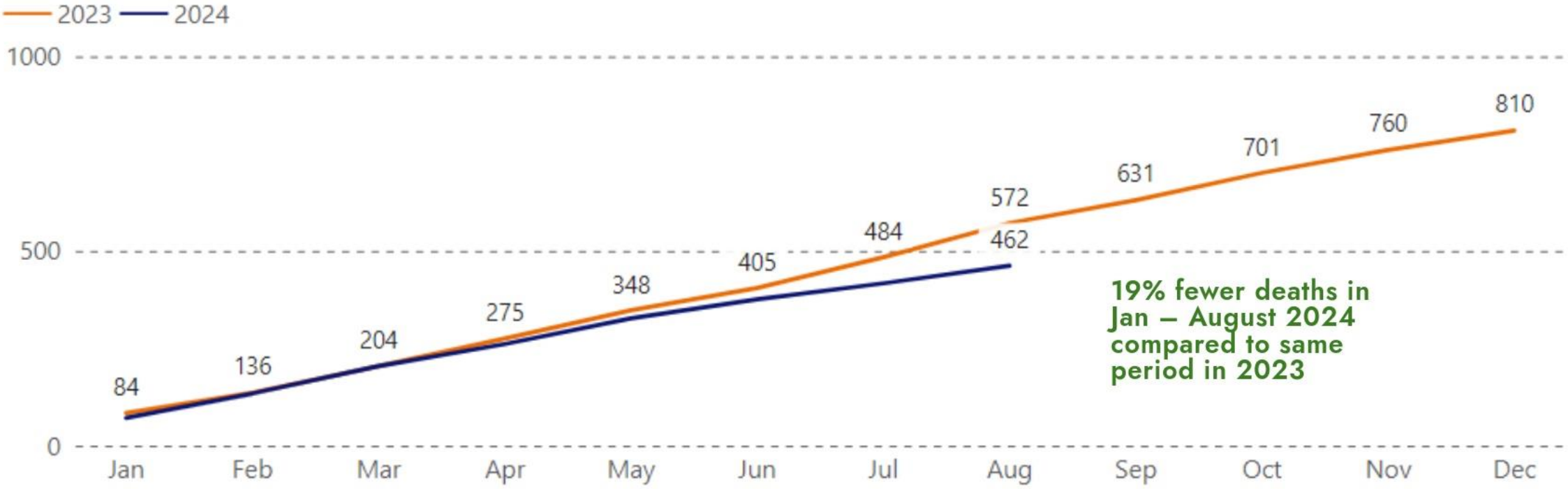


CORE aims to:

- Reduce fatal overdoses.
- Reduce disparities in fatal overdoses, with a particular focus on the Black/African American community, people experiencing homelessness, and people living in Permanent Supportive Housing (PSH).

- Coordinated
- Equity Driven
- Community Involved
- Policy Advancement
- Data Driven & Evidence-Based

Cumulative preliminary unintentional drug overdose deaths by year



19% fewer deaths in Jan – August 2024 compared to same period in 2023

45 preliminary overdose deaths in August 2024, nearly 50% decrease from 88 deaths in August 2023

Source: San Francisco OCME

STRATEGY #1: INCREASE AVAILABILITY, ACCESSIBILITY, AND EFFECTIVENESS OF THE CONTINUUM OF SUBSTANCE USE SERVICES



Expanding MOUD Access

Methadone & Buprenorphine are effective treatments for Opioid Use Disorder and reduce risk of death by up to 50%.



Expanding Contingency Management (CM)

Contingency management is the most effective treatment for stimulant use disorder and is effective for OUD as well



Improving Post-Overdose Response

People who have a non-fatal overdose are at significantly higher risk of death.

1 in 20 die within one year.

MEDICATIONS FOR OPIOID USE DISORDER ARE EFFECTIVE AND LIFE SAVING



Reduce Mortality by 50%

Buprenorphine and methadone are highly effective in reducing the risk of death from any cause by approximately 50%.



Approved Medications for Opioid Use Disorder

These medications are approved by the FDA and recognized as the gold standard for treating opioid use disorder.



Increase Treatment Engagement

People who use these medications are more likely to engage in and stay in treatment for their opioid use disorder.

Buprenorphine and methadone are proven effective medications that can save lives by reducing the risk of death from any cause, including overdose. Expanding access to these treatments is a key priority in San Francisco's efforts to address the opioid crisis.

The National Academies of
SCIENCES • ENGINEERING • MEDICINE

CONSENSUS STUDY REPORT

**MEDICATIONS
FOR
OPIOID
USE
DISORDER
SAVE
LIVES**

NEW TELEHEALTH AND NAVIGATION PROGRAM

San Francisco Department of Public Health has launched a new telehealth and navigation program to make treatment for opioid use disorder more accessible. The program provides:

- On-demand telehealth visits with providers trained in treating opioid use disorder.
- Callers can get opioid use disorder medications, such as a prescription for buprenorphine, or consultation on methadone treatment, with navigation support for prescription pick-up or treatment linkage.
- Additionally, as available, qualifying patients experiencing homelessness can receive a short-term stay at a non-congregate shelter for stabilization and intensive navigation support.

BUPRENORPHINE TELEHEALTH PILOT

● **March 3, 2024**

Launched two-week pilot for immediate telehealth consults and buprenorphine prescriptions during overnight hours. Conducted over 70 in-field telehealth consults in 2-weeks!

● **April - September 29, 2024**

Relaunches telehealth consults to people outreached by the DPH Night Navigation street care team every night from 8 PM to 12 AM. RESTORE expands to 20 beds!

● **March 6, 2024**

SFDPH and HSH open 9 beds at non-congregate shelter and uses them to support telehealth clients - we call it RESTORE!

● **September 30, 2024**

Expanding program to offer on-demand telehealth visits for opioid use disorder treatment for all San Franciscans from 8 AM to 12 AM daily

1,462

TELEHEALTH
ENCOUNTERS

1,208 UNIQUE CLIENTS

PILOT RESULTS FROM MARCH -
SEPTEMBER 27TH

536

BUPRENORPHINE
PICK-UPS

37% PICK-UP RATE AMONGST CLIENTS
WHO RECEIVED A BUP PRESCRIPTION

52

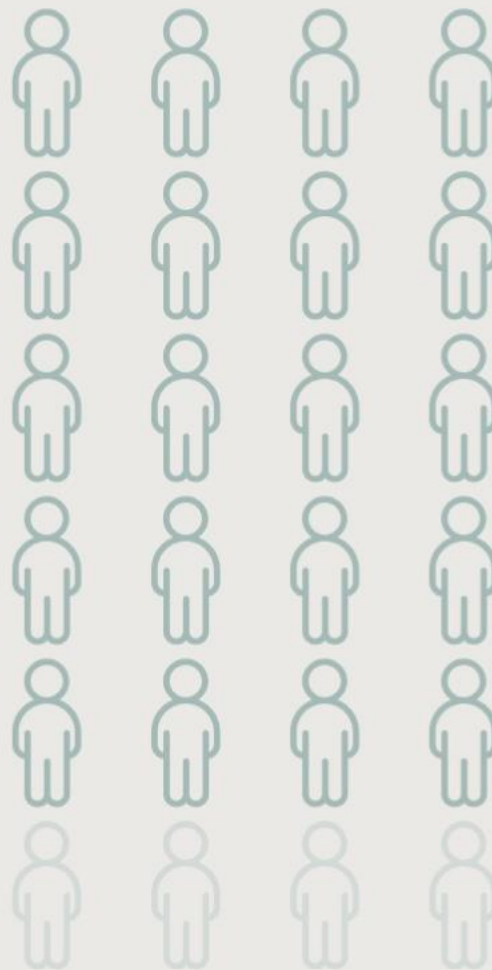
METHADONE
STARTS

46% OF PEOPLE WHO EXPRESSED
DESIRE FOR METHADONE
CONNECTED TO AN OPIOID
TREATMENT PROGRAM

WHAT HAPPENS WHEN WE PAIR MEDICATION TREATMENT **WITH** **STABILIZATION** **SUPPORT?**

RESTORE Results from March - September 30th

83%



83% or 107 patients who chose bup picked up their first prescription.

81%



81% or 30 patients who chose methadone enrolled at an opioid treatment program.



THIS TELEHEALTH
AND
NAVIGATION
PROGRAM IS
AVAILABLE TO
ANY SAN
FRANCISCAN
BEGINNING
SEPTEMBER
30TH.

HOW THE PROGRAM WORKS

Call 888-246-3333



Call the Behavioral Health Access Line between 8am - 12am

Get Written Consent

Receive a Telehealth Consult

Get Navigation Assistance

Meet Initial Treatment Goals

SF residents with an opioid use disorder call the BHAL line. They will hear: ***To speak with a medical professional about medication treatment for addiction to fentanyl, heroin, or opioid pills, press 1.***

Go to <https://www.sf.gov/go-your-behavioral-health-record>, print HIPPA, Consent to Treatment, and Permission to Share SUD Notes. **Have client sign them, scan and SECURELY email to telemoud@sfdph.org**

A medical provider will discuss the caller's medical history and substance use, and create a treatment plan, which could include prescribing buprenorphine or providing information to get methadone treatment.

With consent brief navigation is available to assist patients with connection to existing care teams, medication pick-up, connection with ongoing prescription care, and to methadone and other health and social services, including the RESTORE program.

The program's goal is to navigate clients to the initial steps of their treatment goals. This could include a second prescription pick-up, or enrollment into methadone clinic or entrance into residential treatment.

STRATEGY 2: STRENGTHEN COMMUNITY ENGAGEMENT AND SOCIAL SUPPORT FOR PEOPLE AT HIGH RISK FOR OVERDOSE



Reduce disparities in Black/African American Community

The Black African American community has a death rate that is 5 times the City average



Reduce disparities amongst people in supportive housing

26% of overdose deaths since 2020 occurred in a supportive housing building



Strengthen work in the Latine and Indigenous community

The Latine community has unique cultural and linguistic needs



Increase public awareness of substance use services and recovery

Recovery is Possible and
Treatment is Effective



Addressing Health Disparities Collaboratively & Compassionately



Strategic Partnerships





Community Stakeholders Meetings

In March 2024, DPH convened the first monthly meeting to bring together community stakeholders who provide services to Black/African American San Franciscans.

Outcomes:

- On August 15, we held the first Black/African American community organized & led Overdose Prevention Awareness Day event in San Francisco w/ more than 120 attendees.
- Partnered on Black-led Recovery Day events.
- Partnering with community to host the first African American Substance Use and Overdose Prevention Summit, with the theme “Unity in Community” on January 30, 2025.



Vision & Relationships

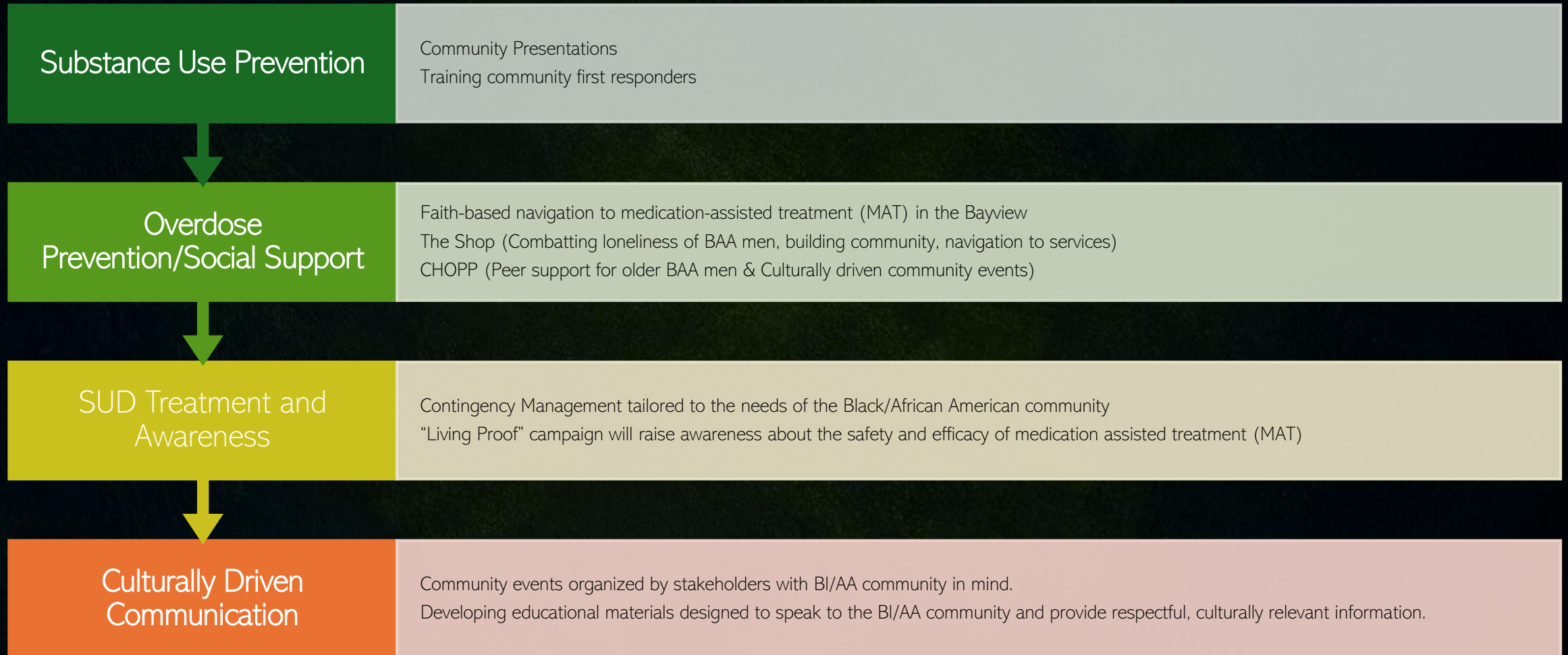
- Developing & fostering relationships with community partners.
- Bridging differing viewpoints to unify community.
- Participation in Recovery Summit, Prevent Fentanyl Deaths March, and Recovery Day.
- Thoughtful socialization and dissemination of Living Proof campaign. This campaign will promote treatment as safe, effective paths to wellness and recovery.
- Ensuring that all community conversations lead with partnership, value differing perspectives, and identify commonalities.
- Listening & being responsive to Community.



Culturally- Driven/Congruent Materials

- DPH's Office of Overdose prevention anonymously surveyed community stakeholders.
- Using survey results to inform development of a new RFP to be released soon.
- Funded contractor will host focus groups with stakeholders and community partners who work directly with Black/African American San Franciscans to develop a culturally-driven communication strategy and campaign.
- Goal is to launch campaign in 2025.

Interventions

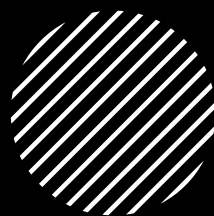


Empowering Community





Capacity Building

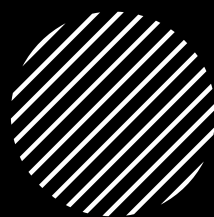


Office of Overdose Prevention Strategies:

- Develop grants tailored to support the unique cultural needs of Black & African Americans living in San Francisco.
 - Funding allocated via multiple grants totaling over \$10,302,000 over the next five years.
- DPH implementing personalized capacity building training plans for Black-led organizations to provide services to people who use drugs (PWUD) and to prevent substance use in their own communities.



Substance Use Prevention & Education



Substance Use Education Grant

Awardee will provide culturally congruent interventions including:

- Substance use prevention education & outreach to the Black/African American community.
- Services to reduce stigma associated with SUD & offer primary, secondary, and tertiary prevention to help reduce and prevent substance use and fatal overdoses among BI/AA San Franciscans.
- Collaboration with other Black-led organizations and community members to develop community presentations and an outreach strategy.

Innovating Existing Treatment Methods

Double Rock Baptist Church
of San Francisco
Raynard H. Hillis, Pastor



Contingency Management

Enhancing Access to Proven Strategies

- Contingency Management is a clinically proven intervention that provides incentives to PWUD for health-affirming behaviors including, but not limited to abstinence from substances.
- Awardee will develop a contingency management program (our most effective treatment for people with stimulant use disorder) that caters to the unique needs of people who use drugs who are Black/African American.



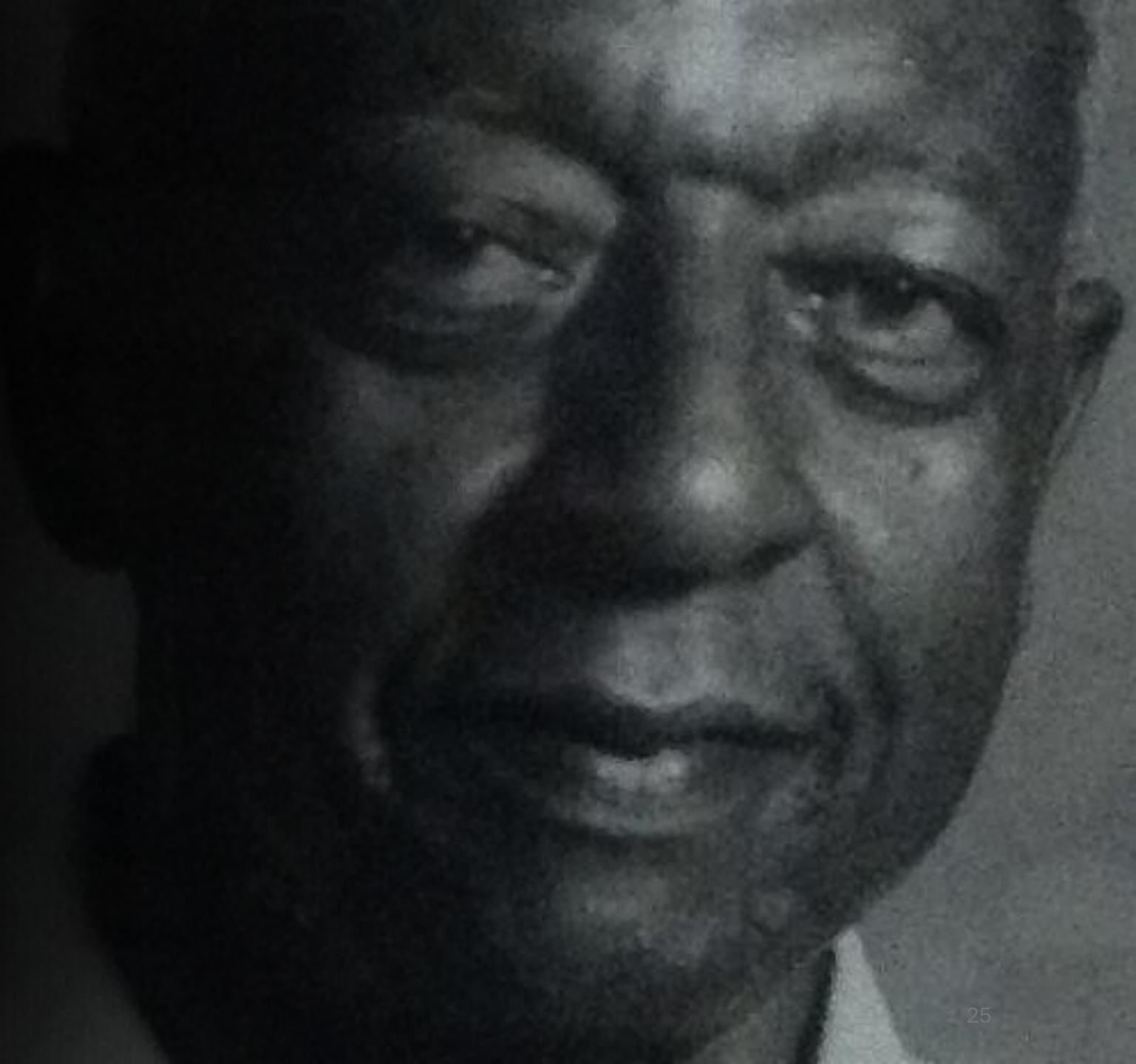
Faith-Based Navigation to Treatment

Meaningful Connection

- Awardee will implement a peer navigator program with a faith-based focus.
- Navigators will provide comprehensive navigation to existing Opiate Treatment Outpatient Program (OTOP) clients, including the mobile OTOP van in Bayview.
- Will also provide navigation, linkage, and retention to the continuum of substance use disorder (SUD) services in the City.



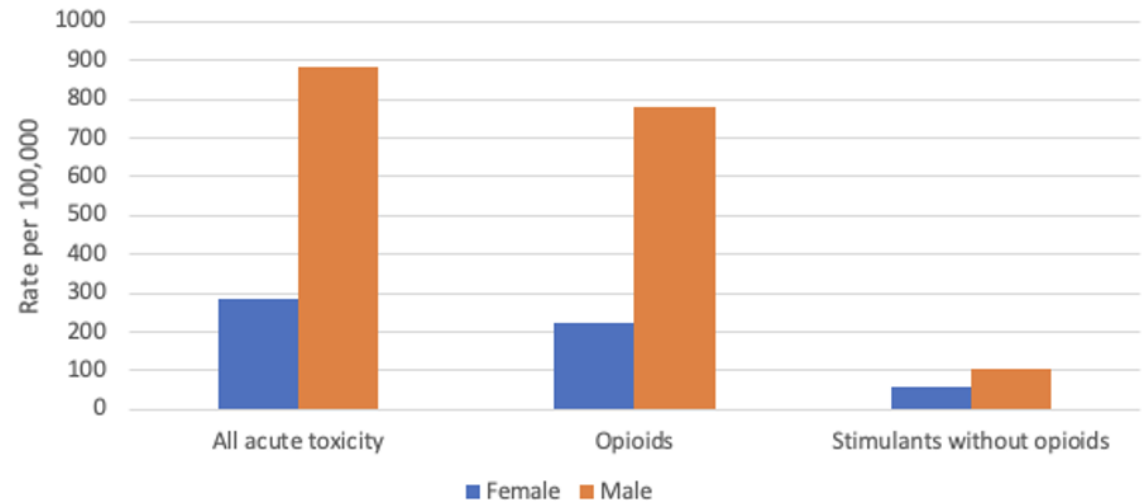
Data Driven Responses



Acute Toxicity Deaths by Race & Sex at birth

- Consistent with citywide data, most overdose deaths amongst Black/African Americans are males.

Rate of Acute Toxicity Deaths Among Black/African American People by Sex and Substances Involved, CCSF 2023

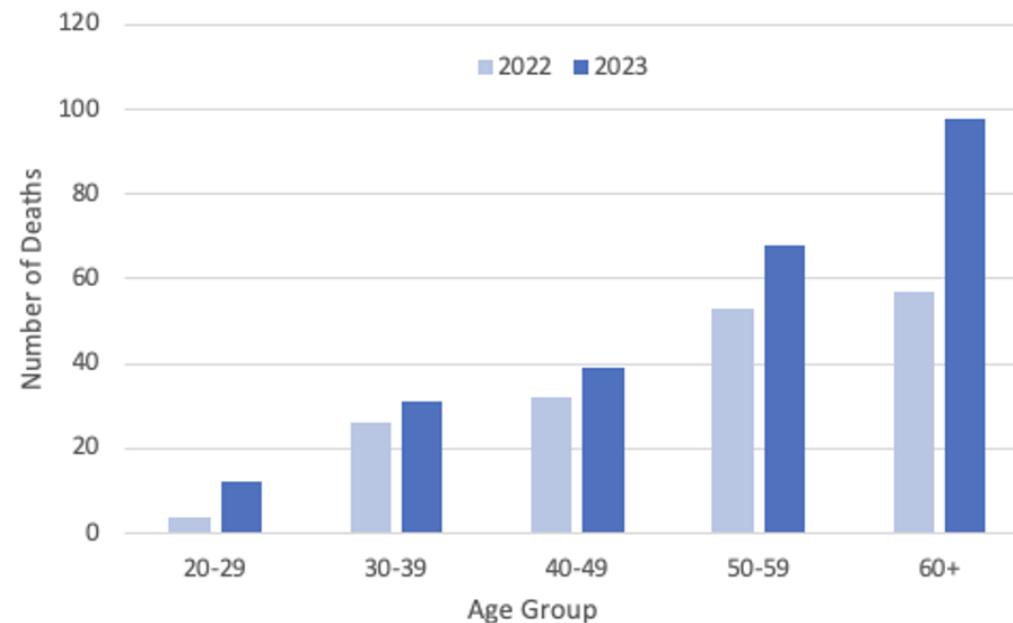


Rate is per 100,000 population. All acute toxicity includes those involving any opioid, cocaine, or methamphetamine. Opioids category may also include stimulants. Stimulants category includes cocaine and/or methamphetamine, but no opioids.

Acute Toxicity Deaths among BI/AA by Age

- Black/African American overdose decedents are older, with the greatest number of deaths in this population in those 60 years and older; this increase worsened in 2023.

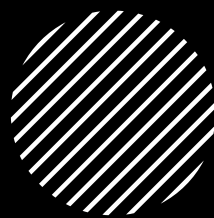
Change in Number of Acute Toxicity Deaths Involving Opioids, Cocaine, and Methamphetamine among Black/African American People by Age Group, CCSF, 2022-2023



Includes only decedents with race identified as Black or African American, not of Hispanic or Latinx ethnicity. Excludes people under age 20.



Community Holistic Overdose Prevention

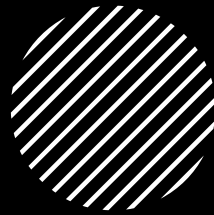


Expanding Culturally Congruent Services

- Programs will provide naloxone distribution, overdose prevention training, outreach, & warm hand-off to services.
- Priority population for Program 1 is men who use drugs who are age 50 & up and are Black/African American. Will include peer support to help combat isolation.
- Priority population for Program 2 is people who use drugs with a focus on the needs of BI/AA San Franciscans. Awardee will also produce community events to engage the Black community and provide non-stigmatizing substance use, treatment, and general health resources.



Connection to Comprehensive Care



Implementing Innovation

- We are exploring options to fund a novel approach to overdose prevention that aims to reduce fatal and non-fatal overdoses among Black/African American seniors, particularly men aged 50 and older, who are at high risk of opioid overdose called The Shop.
- The Shop will provide a comprehensive support system and foster a sense of community. It will offer respect and dignity services, including haircuts and grooming, & social connection activities like cooking classes, games, and music to reinforce social connections and build resilience while providing a comprehensive range of culturally relevant SUD services.



Thank you!

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BI/AA Equity & Community Contracts Manager



San Francisco Health Network
Behavioral Health Services

SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH