# San Francisco Department of Public Health

Behavioral Health Services Director's Update for the Behavioral Health Commission

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# Agenda

- Mission and Vision
- Proposition 1 Recap
- Behavioral Health Services Website
- Treatment on Demand Report



# Our Vision, Mission, and Key Tactics

## **Vision**

For all San Franciscans to experience mental and emotional well-being and participate meaningfully in the community across lifespans and generations.

## **Mission**

To provide equitable, effective substance use and mental health care and promote behavioral health and wellness among all San Franciscans.

Expand critical services

Improve access to mental health and substance use care Increase awareness of where and how to get help

# **Proposition 1 Recap**

# **Proposition 1 Overview**

Approved by voters in March 2024, Prop 1, changes the Mental Health Services Act (MHSA) that was passed by voters in 2004, with a focus on how the money from the Act can be used. The Act is now known as the Behavioral Health Services Act (BHSA).

- MHSA makes up only 13% of the total budget for Behavioral Health Services.
- Prop 1 does not increase funding to counties. MHSA funding is also subject to change as tax revenues change, and projections suggest that MHSA funding will decline in the next few years.
- Prop 1 requirements must be implemented by July 1, 2026. BHS is planning to bring programming into alignment as the State releases additional guidance.
- Approves \$6.4 billion bond. The City will determine how to apply Prop 1 bond funds once the notice of funding and guidance is provided by the State.
- BHS is working closely with other City departments and community partners to implement the changes. Prop 1 retains the Community Planning Process (CPP). We are awaiting further guidance from the State regarding the CPP and any additional stakeholder engagement activities for the next three-year plan (2026-2029), when the BHSA will go into effect.



# Department of Health Care Services Initial Milestones for Proposition 1

Below outlines high-level timeframes for several milestones that will inform requirements and resources. Additional updates on timelines and policy will follow throughout the project.

Starting Spring 2024

**Beginning Summer 2024** 

**Beginning Early 2025** 

Summer 2026

# **Stakeholder Engagement**

Stakeholder Engagement including public **listening sessions** will be utilized through all milestones to inform policy creation.



**Bond Funding Availability Begins** 

Requests for application for bond funding will leverage the BHCIP and HomeKey models.



**Integrated Plan Guidance and Policy** 

Policy and guidance will be **released in phases** beginning with policy and guidance for Integrated Plans.



## **Integrated Plan**

New Integrated Plans, fiscal transparency, and data **reporting requirements** go-live in July 2026 (for next three-year cycle)



## What is Remaining the Same

## **Priority Populations Remain the Same**

Eligible children, youth, adults, and older who are:

- Chronically homeless or experiencing homelessness or are at risk of homelessness
- In, or are at risk of being in, the justice system or juvenile justice system.
- Reentering the community from prison, jail or a youth correctional facility.
- In the child welfare system.
- At risk of conservatorship.
- At risk of institutionalization.

## **Health Equity Remains a Priority**

- Support culturally responsive services that improve health and reduce health disparities for all
- Reduces the silos for planning and service-delivery and sets clear principles.
- Requires stratified data and strategies for reducing health disparities in the planning, services, and outcomes.
- Clearly advances community-defined practices as a key strategy of reducing health disparities and increasing community representation.

## What is Changing

## **Expands Service Offering**

Previously focused on mental health services. Now includes mental health and substance use services.

## Increases Investments in Housing and Full-Service Partnerships

Local service category funding allocations:

• 35% - Full-Service Partnerships

30% - Housing Interventions

35% - Behavioral Health Services and Supports

New state responsibilities funding categories (10%):

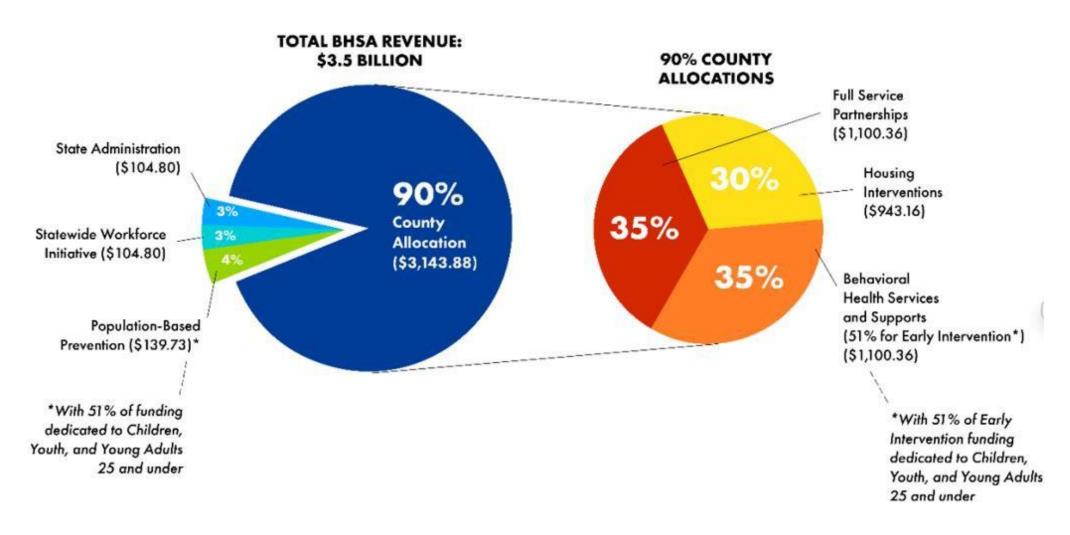
- 4% for population-based prevention
- 3% for statewide workforce
- 3% for state administration

## Added Representation on Local Oversight Bodies

This includes adding two seats to the Behavioral Health Commission by January 1, 2025:

- One person who is 25 or younger and has or has had a Mental Health or Substance Use Disorder or co-occurring disorder.
- A representative of a children and youth organization.

# Allocation of Funding for Behavioral Health Services Act\*



# **Behavioral Health Services Website**

## New Behavioral Health Services Home Page on SFGOV

## Behavioral Health

Mental health and substance use care for San Franciscans (children, youth, and adults).

For life-threatening medical emergencies such as an overdose, call 911.

For a mental health or substance use crisis, call 628-217-7000. Available 24 hours a day, 7 days a week



### Find the care you need

For support finding and connecting with the mental health and/or substance use service that's right for you, call our 24/7 access line at 888-246-3333.

Learn more

## Get help for mental health and substance use

Find information on crisis hotlines, emergency assistance, drop-in services, and recovery support.

#### Substance Use Care

Learn about our full range of substance use services, from prevention to treatment, including overdose reversal with naloxone.

### **Client portal**

Sign into the client portal to view your behavioral health record and more.

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- Information on the website has been reorganized with the goal of helping people quickly and easily find services.
- Highlights of the redesigned website:
  - How to get immediate help
  - Information on clinic locations
  - A section dedicated to client benefits, including handbooks, provider directors, and enrollment information.
- More pages coming soon!

Get help for mental health or substance use | San Francisco (sf.gov)

## Get help for mental health or substance use

Find information on crisis hotlines, emergency assistance, urgent care, and drop-in services.



For life-threatening medical emergencies such as an overdose, call 911.

### I want a support line

#### Confidential suicide and crisis intervention

SF Suicide Prevention Hotline 415-781-0500

24 hours a day, 7 days a week

#### Non-crisis Emotional Support

California Peer-Run Mental Health Warm Line 855-845-7415

24 hours a day, 7 days a week

#### Substance Use Relapse Support

415-834-1144

24 hours a day, 7 days a week

### I need immediate help

For a mental health or substance use crisis, please call or connect with the following services:

#### Comprehensive Crisis

628-217-7000

24 hours a day, 7 days a week

#### Psychiatric Emergency Services (PES) at San Francisco General Hospital

628-206-8125

1001 Potrero Avenue

## **Quickly and Easily Locate a Clinic**

A page featuring outpatient clinics (more locations coming soon)

### **Behavioral Health Clinic Locations**

SFDPH Behavioral Health Services operates a network of clinics that offers a wide range of mental health and substance use services that are dedicated to meeting the diverse needs of San Franciscans.

We serve San Franciscans (adults, children, youth, and their families) regardless of immigration status who are in need of mental health and substance use care and have low incomes, are uninsured, and/or qualify for Medi-Cal.

Services are available in languages such as English, Spanish, Chinese, and more. Additionally, culturally congruent services are available at select clinics. Click on a location to learn more about the services offered.

#### Resources

I need help, but I don't know where to start

Behavioral health access center (BHAC)

I want to learn about prescription services

Behavioral health services pharmacy

Behavioral Health Clinic Locations | San Francisco (sf.gov)

Clinic pages include services, contact information, location, and hours of operation

# Behavioral health access center (BHAC)

A drop-in center and central access point located in SoMa that helps people learn about and connect to different types of mental health and substance use services.



The Behavioral Health Access Center helps connect people to the mental health and substance use services that best meet their needs, including outpatient programs, residential treatment, medication support, pharmacy services, and more.

#### Services include:

- · Screening and referrals to care
- · Access and navigation support for mental health and substance use services
- · Pre-treatment support such as drop-in support groups
- · Connection to pharmacy services and Medications for Opioid Use Disorder (MOUD)
- Medi-Cal enrollment and advocacy

#### Contact

#### Email Us

BHACgeneral@sfdph.org

#### Call Us

#### 888-246-3333

Call our 24/7 access line for information on mental health and substance use services.

#### **Behavioral Health**

Behavioral Health Access Center 1380 Howard Street at 10th), 1st Floor San Francisco, CA 94103

Sun, 9:00 am to 4:00 pm

Mon to Fri, 8:00 am to 7:00 pm

Behavioral health access center (BHAC) | San Francisco (sf.gov)

# **Treatment on Demand Report**

# **Coming in February: Treatment on Demand**

The 2008 Treatment on Demand Act, also known as Proposition T, requires the San Francisco Department of Public Health to provide adequate substance use disorder treatment capacity to meet the community's demand for publicly funded treatment.

The Treatment on Demand report published in February provides an overview of funding, treatment capacity, and services for substance use disorder provided through California's expanded Drug Medi-Cal benefits as well as other state and federal grants, and expanded low-threshold services.

More information and previous reports can be found on our <u>website</u>.



# Thank you