

San Francisco – Behavioral Health Services Act

FY24-25 Annual Update

September 2024



San Francisco Health Network
Behavioral Health Services



Behavioral Health Services (BHS)

BHS offers a full range of specialty behavioral health services provided by a culturally diverse network of community behavioral health programs and private psychiatrists, psychologists and therapists.

Mental Health and Substance Use Services include outpatient treatment, inpatient treatment, medication management, linkage services and a large array of more specialized treatment services.

Services are available to residents of San Francisco who receive Medi-Cal benefits, San Francisco Health Plan benefits and to residents with limited resources.



Behavioral Health Services Act Overview



MHSA Enacted into law in 2005



1% tax on personal income over \$1 million



In March 2024, voters passed Prop 1.



The new law includes the Behavioral Health Services Act (BHSA) and a \$6.4 billion Behavioral Health Bond for community infrastructure and housing with services.

FY24-25 Annual Update



Each year BHS/BHSA is required to collect community and stakeholder input and integrate this feedback into all areas of BHSA programming. A Three-Year Integrative Plan or Annual Update is required each year.

The FY24-25 MHSA Annual Update is a report that provides an update to the BOS approved FY23-26 MHSA Three-Year Integrative Plan. The Annual Update includes community program planning input, program outcomes/highlights from FY22-23 and plans for FY24-25.

Per new BHSA regulations that were passed as a result of Proposition 1 in March 2023, counties are required to finish the FY24-25 and FY25-26 MHSA Annual Updates before starting the new FY26-29 BHSA Three-Year Integrated Plan. Therefore, you will see “MHSA” referenced throughout our report.

MHSA's 5 Funding Components: San Francisco's 7 Service Categories, funding 85 programs



Community Services
& Supports (CSS)



Innovation (INN)



Prevention and Early
Intervention (PEI)



Workforce Education
and Training (WET)



Capital Facilities and
Technology Needs (CF/TN)

1. Recovery-Oriented Treatment
2. Mental Health Promotion
3. Peer-to-Peer Support Services
4. Vocational Services
5. Housing for FSP Clients
6. Workforce Development
7. Capital Facilities and Information Technology

FY22-23 Selected Highlights

These outcomes are a small sample of the outcomes we achieved. Please see our full Annual Update for all outcomes reported.



- Sustaining funding for current programs and services with demonstrated impact;
- Providing additional funding to strengthen population-focused: Mental Health Promotion and Early Intervention Programs;
- Expanding the San Francisco Dream Keeper Initiative (www.dreamkeepersf.org), which provides comprehensive support for 300 Black/African American families struggling to meet basic needs due to systemic failure and educational activities for 500 Black/African American youth;
- Piloting a project to bring culturally affirming patient navigation support to the City's Chinatown North Beach Clinic;
- Providing Talk Therapy to Black/African American clients throughout San Francisco;
- Providing support to various clients within our population-focused programming;

FY22-23 Program Outcomes

Full-Service Partnership (FSP) Programs

- ✓ **79%** decrease in arrests for adults.
- ✓ **88%** decrease in mental health & substance use disorder emergencies for adults.
- ✓ **96%** decrease in arrests for youth.



Mental Health Promotion and Early Intervention Programs

- ✓ **53%** of clients within a school-based program reported **improvements in their relationships with friends and/or family.**
- ✓ **85%** of Support and Wellness clients reported **feeling less isolated.**

Vocational Services

- ✓ **100%** of graduates from the Janitorial Services Vocational Program reported **improved coping abilities and increased readiness** for employment or additional activities related to vocational services.

Peer-to-Peer Support Services

- ✓ **95%** of Peer-to-Peer, Family-to-Family clients **reported an increased understanding** of their mental health needs and were better able to understand behavioral health signs.

Peer Specialists are Critical

We emphasize the importance of consumer participation in the behavioral health workforce. Peer Certification programs were created collaborating with Richmond Area Multi-Services, San Francisco State and City College of San Francisco. In addition, all programs are encouraged to hire peers as members of program staff. **SF-MHSA funded 224 peers in FY22-23** throughout our behavioral health system. Consumers can be found working in almost all levels and types of positions, including: peer counselors, health promoters, community advocates, workgroup leaders, teaching assistants, and in management.

FY24-25 Annual Update

The FY24-25 Annual Update includes the following:

- Sustaining funding for the current 85 programs and services that have demonstrated to have a significant positive impact on San Francisco communities;
- Continuing to implement, support and evaluate the newly funded programs:
 - Improving Maternal Mental Health for Black/African American Birthing People
 - Homeless Children's Network MA'AT Program
 - Kummba Peer Fellowship Program
 - Free Minds Initiative
 - FUERTE
 - Wellness in the Streets
 - Culturally Responsive Practices for the Black/African American communities;
- Continuing to grow Full-Service Partnerships (FSPs) by expanding treatment slots;
- Continuing to work with the state to implement new BHSA regulations, per the passing of Prop 1.



Spotlight on SF's Changing Needs



San Francisco faces severe crises of mental illness, overdose, homelessness, and housing insecurity—each factor exacerbated by the high cost of living and the compounding effects of trauma and systematic racism.

We are committed to being a part of San Francisco's mental health system transformation that provides mental health care to all San Franciscans who lack insurance or who are experiencing homelessness.

- **At least 51% of funding addresses serious mental health and co-occurring substance use challenges through our Full-Service Partnership programs.**
- **Comprehensive housing programs work to better meet the needs of unhoused individuals.**
- **Population-focused programs address racism and equity issues.**
- **The Wellness in the Streets program primarily works with individuals directly on the street and provides peer services, support and interventions in the community.**

Emphasis on Evaluation

We place a strong emphasis on program evaluation. Over the past years, we worked hard to enhance our monitoring and evaluation activities to effectively meet the objectives of our programs.



- ✓ Improved tracking efforts of ICM to Outpatient referrals and outcomes
- ✓ Increased evaluation efforts of Innovation Projects
- ✓ Improved SMART objectives for contracts
- ✓ Improved evaluation frameworks for new Request for Qualifications (RFQs)
- ✓ Increased evaluation efforts with Gender Health SF
- ✓ Improved the monitoring of PEI evaluation activities

Thank you for your time



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