

# SEIZURE EMERGENCY CARE PLAN

San Francisco Unified School District  
Student and Family Services Division  
1515 Quintara Street  
San Francisco, CA 94116-1273  
Tel: 415.242.2615 | Fax: 415.242.2618

STUDENT  
PHOTO

For School Use Only  
Location of Medication:  
\_\_\_\_\_

## TO BE COMPLETED BY PARENT/CAREGIVER

|                              |                         |               |
|------------------------------|-------------------------|---------------|
| Name: _____                  | Date of Birth: _____    | School: _____ |
| Grade: _____                 | Homeroom Teacher: _____ | Room: _____   |
| Parent/Caregiver Name: _____ | Phone (home): _____     | (cell): _____ |
| Address: _____               | Phone (work): _____     | Email: _____  |

## TO BE COMPLETED BY THE HEALTH CARE PROVIDER

|   |           |
|---|-----------|
| Health Care Provider Treating Student for Seizures: _____ | Ph: _____ |
| Type of seizure: _____                                    |           |
| Student's most common signs of seizure: _____             |           |

## ACTIONS TO TAKE

|  |   |
|--|---|
| <p><b>During the seizure</b></p> <ul style="list-style-type: none"> <li>Stay calm and stay with the student.</li> <li>Note length of time of seizure.</li> <li>Clear any objects out of the way.</li> <li>Help the student to the floor and place student on their side.</li> <li>Place something soft and flat under the student's head.</li> <li>Loosen any tight clothing.</li> </ul> | <ul style="list-style-type: none"> <li>Don't put anything in the student's mouth.</li> <li>Monitor the student's breathing.</li> <li>Do not try to stop the seizure, or hold the student down.</li> </ul> <p><b>After the seizure</b></p> <ul style="list-style-type: none"> <li>Comfort and allow the student to rest afterwards.</li> <li>Re-orient the student.</li> </ul> |
| <p><b>Notify parent/guardian and document what happened in the First Aid and Medication Logs.</b><br/> <b>*By law, a completed and signed Medication Form must be on file at the school before medication can be administered at school.</b></p>   |   |

## CALL 911 if student has

|   |   |
|---|---|
| <ul style="list-style-type: none"> <li>Seizure of 5 minutes or longer duration.</li> <li>Two or more consecutive (without a period of consciousness between) seizures which total 5 minutes or greater</li> <li>Unusually pale or bluish skin/lips or noisy breathing after the seizure has stopped.</li> <li>If administering seizure medication.</li> </ul> | <p><b>Administer CPR if Pulse<br/>or Breathing Stops!</b></p> <p><b>Continue Until Paramedics Arrive!</b></p> |
|---|---|

Per SB 161, I understand that additional forms may be needed for diastat to be administered at school. I authorize school personnel to implement this Seizure Emergency Care Plan as described.  
**I have completed a medication form FOR EACH medication needed at school.**

\_\_\_\_\_  
Health Care Provider Signature & NPI #

\_\_\_\_\_  
Date

I give my consent for school authorities to take appropriate action for the safety and welfare of my child. I give my consent to communicate with the authorized health care provider when necessary.

\_\_\_\_\_  
Parent/Caregiver Signature

\_\_\_\_\_  
Date