

DIAPERING

POLICY: Children will be diapered only in a designated diaper-changing area according to procedure. Diaper-changing area will not be used for other purposes. Sinks near diaper-changing area will not be used for food preparation. Diaper-changing table will have a smooth surface with a three-inch lip around the edge. Surface will be covered with a disposable liner while being used. Diapering area will be supplied with disposable wipes, diluted germicidal solution spray for disinfecting, and a trash can with a step open lid plastic liner.

PURPOSE: To contain fecal contaminants in a small area.
To protect children and staff from the spread of germs.

PROCEDURE:

1. Gather all supplies: gloves, child's clean diaper, change of clothing as needed, wipes, creams (if applicable and provided by parent).
2. Put on latex disposable gloves.
3. Place child on the paper-covered diapering surface. Never turn your back or step away from the diaper changing surface due to the risk of falls.
4. Remove outer clothing and place on the paper covering.
5. Remove diaper and set it on the paper covering out of reach of the child.
6. For girls, wipe from front to back with a disposable wipe. For boys, wipe the penis like a finger. **Never** retract or pull back the foreskin in uncircumcised young boys.
7. Dry the diaper area or allow area to air-dry.
8. If parent has provided diaper cream or ointment and has completed the medication paperwork, apply diaper cream or ointment per parent's or doctor's written instructions.
9. Remove your gloves and place them with the used diapers and wipes.
10. Put a clean diaper on the child.

11. Remove child from the diaper changing surface.
12. Wash child's hands.
13. Return child to the group.
14. Put wet or soiled clothes into a plastic bag to go into a cubby.
15. Wrap diaper and wipes in the paper cover.
16. Dispose of all contaminated trash.
17. Spray the area with soap & water solution and scrub with paper towel.
18. Spray with Disinfectant solution. Leave it to air dry for a few minutes
19. **WASH YOUR HANDS THOROUGHLY!**

Diapering your Newborn

<https://www.ucsfbenioffchildrens.org/education/diapering-your-newborn>

Diaper Changing Steps for Childcare Settings

<https://www.cdc.gov/hygiene/childcare/childcare.html>

English Poster: <https://www.cdc.gov/hygiene/pdf/diapering-childcare-508.pdf>

Spanish Poster: <https://www.cdc.gov/hygiene/pdf/diapering-childcare-esp-508.pdf>

Video: (2020) [Standing Diapering Procedure](#)