

## INCLUSION/EXCLUSION GUIDELINES

Signs and/or symptoms observed	What should staff do?	What needs to happen in order for the child to return?	Dr.'s note required?
1. Unable to take part comfortably in regular activities.	Exclude	Able to take part in activities.	Not needed
2. Level of care or attention needed jeopardizes health & safety of others.	Exclude	Able to be comfortable within ratio.	Not needed
3. Head lice	Exclude at the end of the day	Once treatment is started <a href="https://www.cdph.ca.gov/Programs/CID/DCDC/pages/headlice.aspx">https://www.cdph.ca.gov/Programs/CID/DCDC/pages/headlice.aspx</a>	Not needed
4. Pink Eye (Conjunctivitis)	Exclude	Symptoms resolved, able to participate in daycare activities, meeting childcare criteria such as medical clearance from a medical provider. Revised by CD 11/9/22.	Yes
5. Ear pain (tugging at ear) Ear drainage (with or without tubes)	Observe	Watch for fever or increase in pain.	Not needed
	Exclude	Medicine started.	Yes
6. Nose/Mouth Mucus Sores  Respiratory symptoms and after Viral (ex. COVID-19, Flu) or bacterial exposure	Observe	Watch for other symptoms.	Not needed
	Exclude	See a doctor.	Yes
	Exclude	*Fever and antibiotic guidelines apply. Follow SF Department of Public Health (SFDPH), CDPH and CDC isolation and follow-up procedures	Per SFDPH, CDPH and CDC.
7. Sore throat First complaint With fever*	Observe	Watch for other symptoms.	Not needed
	Exclude	See a doctor. *Fever and antibiotic guidelines apply.	Yes

8. Stiff neck			
Infant	Exclude	See a doctor.	Yes
Child	Observe	Watch carefully for fever and headache.	Not needed
With fever and/or headache	Exclude	Cleared by MD, perhaps Health Dept.	Yes

**Inclusion/Exclusion Guidelines, continued**

Signs and/or symptoms observed	What should staff do?	What needs to happen in order for the child to return?	Dr.'s note required?
9. Rashes			
First noticed	Observe	Observe for change and other symptoms.	Not needed
Rash (with fever or behavior change)	Exclude	See a doctor.	Yes
Skin sores (weepy/scaly)	Exclude	Medicine and covering for sore.	Yes
Diaper rash (simple)	Observe	Document appearance/air dry.	Not needed
Diaper rash (with bumps or sores)	Exclude	Medication and rash clearing.	Yes

10. Fever 100.4 F (38 C) on any sites (axillary, forehead, by mouth) WITHOUT behavior change or NO other symptoms	Observe	For other symptoms, exclude if with symptoms or behavior change.	Not needed
Infants and children 100.4 F (38 C) or above on any sites WITH behavior change or other symptoms	Exclude	Temperature normal 24 hours without taking fever reducing medicine and meeting childcare admission criteria.	Yes
Under 2 months old with 100.4 F (38 C) any site WITH or WITHOUT behavior change	Exclude	Temperature normal 24 hours without taking fever reducing medicine and meeting childcare admission criteria.	Yes

11. Respiratory			
Uncontrolled coughing or sneezing	Exclude	Return when controlled.	Not needed
Difficulty breathing	Exclude	Breathing easily with or without medication.	Yes

<p>Wheezing</p> <p>COVID-19 symptoms most likely seen in children:</p> <ul style="list-style-type: none"> <li>• Congestion, runny nose or other allergy like symptoms</li> <li>• Sore throat</li> <li>• Headache</li> <li>• Fever (100.4° F/38° C or higher); feeling feverish (chills, sweating)</li> <li>• Refer to the complete list <a href="#">Symptoms of COVID-19   CDC</a></li> <li>• Are waiting for results of a COVID-19 test</li> <li>• Have been recently diagnosed with COVID-19 and not yet cleared to discontinue isolation</li> <li>• If experiencing any of the COVID-19 symptoms above, get tested (Caring for our Children, 2023).</li> </ul>	<p>Exclude</p> <p>Exclude</p>	<p>Breathing easily with or without medication.</p> <p>Follow SFDPH, CDPH and CDC isolation and follow-up procedures.</p>	<p>Yes</p> <p>Follow SFDPH, CDPH and CDC isolation and follow-up procedures</p>
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<p>12. Abdominal pain</p> <p>First complaint</p> <p>Continues for 2 hours, or increases in severity.</p>	<p>Observe</p> <p>Exclude</p>	<p>Watch for other symptoms.</p> <p>Pain gone, no diarrhea.</p>	<p>Not needed</p> <p>Not needed</p>
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<p>13. Vomiting</p> <p>One small amount, no fever.</p> <p>Two or more episodes in 24 hours.</p> <p><b>Tested positive for communicable disease</b></p>	<p>Observe</p> <p>Exclude</p> <p>Exclude</p>	<p>Child may rest in class.</p> <p>Return 12 hours after last vomiting.</p> <p>Until cleared by Public Health Dept.</p>	<p>Not needed</p> <p>Not needed</p> <p>Yes</p>
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14. Loose or watery BM Cannot be contained in diaper. Three or more episodes in 24 Hours. Diarrhea is causing "accidents" in toilet-trained children. <b>Tested positive for communicable disease</b>	Exclude Exclude Exclude <b>Exclude</b>	When symptoms are gone. When symptoms are gone. When symptoms are gone. <b>Until cleared by Public Health Dept.</b>  <b>Note:</b> <i>Recommend seeking medical attention if diarrhea cause is unknown and symptoms worsen, ex. blood in stool, signs of dehydration, loose bowel movement greater than 10 in 24 hrs.</i> References: <a href="#">Mayo Clinic, 2021</a> <a href="#">Diarrhea Care in the ER   Central California Hospitals   Dignity Health</a>	Not needed Not needed Not needed <b>Yes</b>
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15. Antibiotic therapy	Exclude	After 24 hours or per MD.	Yes
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**Inclusion/Exclusion Guidelines, continued**

Illnesses which have been diagnosed	What should staff do?	What needs to happen in order for the child to return?	Dr.'s note required?
1. Chickenpox	Exclude	Until all lesions crusted (usually after 5 days) and <b>cleared by Public Health Dept (CDPH, 8/23)</b> .	Yes

2. Hand-Foot-and -Mouth Disease (HFMD)	Exclude	When exclusion criteria are resolved. See Parent Alert. Children with HFMD should be kept home from daycare or school until 24 hours after resolution of fever and mouth sores have healed (Revised by CDCU 9/16/22) See Parent Alert. For Outbreaks. follow CD Outbreak Instructions*	No
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3. Hepatitis A	Exclude	Until 7 days after hepatitis symptoms (ex. headache, malaise, anorexia, nausea, vomiting, diarrhea, abdominal pain, or dark	Yes
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		urine) and jaundice starts and <b>cleared by Public Health Dept (CDPH, 9/21).</b>	
4. Impetigo	Exclude	24 hours after treatment has begun.	Yes
5. Measles	Exclude	Until 4days after onset of rash and <b>cleared by Public Health Dept (CDPH, 8/23).</b>	Yes
6. Meningitis	Exclude	Bacterial: After treatment <b>and cleared by Public Health Dept.</b>  Viral: when child can participate in activities and <b>cleared by Public Health Dept.</b>	Yes
7. Mumps	Exclude	Until 5 days after onset of swelling and <b>cleared by Public Health Dept (CDPH, 7/22).</b>	Yes
8. Pertussis (whooping cough)	Exclude	Until 5 days after antibiotic begins, 21 days if no antibiotics, 6 weeks for less than 1 yo, and <b>cleared by Public Health Dept (CDPH, 5/22).</b>	Yes
9. Ringworm	Exclude at end of school day	Once treatment is started and <b>area is covered.</b>	No
10. Rubella (German measles)	Exclude	Until 7 days after onset of rash and <b>cleared by Public Health Dept (CDPH, 9/23).</b>	Yes
11. Salmonella	Exclude	Until two successive authentic specimens of feces taken at intervals of not less than 24 hours, beginning at least 48 hours after cessation of specific therapy, if any was administered, and <b>cleared by Public Health Dept (CDPH, pg. 10,3/20).</b>	Yes

12. Scabies	Exclude	24 hours after treatment.	Not needed
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13. <b>Shingles</b>	Exclude	Until all lesions crusted (usually after 5 days) and <b>cleared by Public Health Dept (CDPH,8/23)</b> .	Yes
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14. <b>Shigella</b>	Exclude	Restrict/ exclude until 2 consecutive stool specimens, taken at least 24 hours apart, and collected at least 48 hours after cessation of antibiotics, are negative, and <b>cleared by Public Health Dept (CDPH,4/2020)</b> .	Yes
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Illnesses which have been diagnosed	What should staff do?	What needs to happen in order for the child to return?	Dr.'s note required?
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15. <b>Strep Throat or other streptococcal infection</b>	Exclude	Until 24 hours after antibiotic treatment has started and <b>cleared by Public Health Dept.</b>	Yes
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16. <b>Tuberculosis (TB)</b>	Exclude	Until treatment has begun, fever is gone, and <b>cleared by Public Health Dept.</b>	Yes
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**Notes: Illnesses listed in bold are reportable to the Health Department.**

**Childcare sites may follow a more conservative site policies in management of ill children in accordance with childcare licensing rules and regulations.**

**For multiple cases, outbreaks or questions, contact your CCHP Nurse Consultant or SF Communicable Disease Control 1-415-554-2830**

References:

California Department of Public Health. [CDPH Home \(ca.gov\)](https://www.cdph.ca.gov)

Caring for our Children. (2023). <https://nrckids.org/cfoc/database/3.6.1.1>

Centers for Disease and Control. <https://www.cdc.gov/>

SF Disease Control and Control. <https://www.sfcddcp.org/communicable-disease/>

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