

SUNSCREEN PERMISSION

POLICY: All children will be protected from sun exposure by using broad-spectrum sunscreen. Sunscreen is considered an over-the-counter medication and will be handled as such. Parental permission must be obtained. Parents will provide mild, lotion-type, SPF 15 or above, PABA-free sunscreen for liberal use whenever the child will be exposed to sun. Parents will be asked to provide appropriate protective clothing, hats and sunglasses during summer months.

PURPOSE: To protect the health of the children; prolonged or overexposure to the sun may cause premature skin aging, skin wrinkling, or skin cancer.
To assist program staff in meeting the children's needs.
To protect the rights of the family and child.
To comply with licensing regulation for over-the-counter medications.

PROCEDURE:

1. On enrollment and annually thereafter, parents will sign a Sunscreen Permission Form or a medication request form for sunscreen use, which will be kept in the child's health file.
2. Children should be dressed for sun in the summer months.
3. As long as parents/guardians have signed a Sunscreen Permission form for the child, the staff should apply sunscreen to all exposed skin when playing outdoors in the sun.
4. Review guidance on Caring for Our Children (CFOC) Sun Safety Including Sunscreen, found at <https://nrckids.org/cfoc/database/3.4.5.1>
5. Sunscreen Permission Form template is found in C-12 and also available at: <https://cchp.ucsf.edu/sites/g/files/tkssra181/f/SunscreenAppConsent.pdf>