

# 5.08 ELEVATED BLOOD PRESSURE IN THIRD TRIMESTER/POSTPARTUM – EMSAC APRIL 2024

BLS – [FAQ Link](#)

**DRAFT  
VERSION**

Elevated blood pressure in at 20 weeks pregnant up to 6 weeks postpartum **Third Trimester/Postpartum: SBP > 160, DBP > 110**

Assess for other significant signs and symptoms of Pre-Eclampsia with any of the severe features:

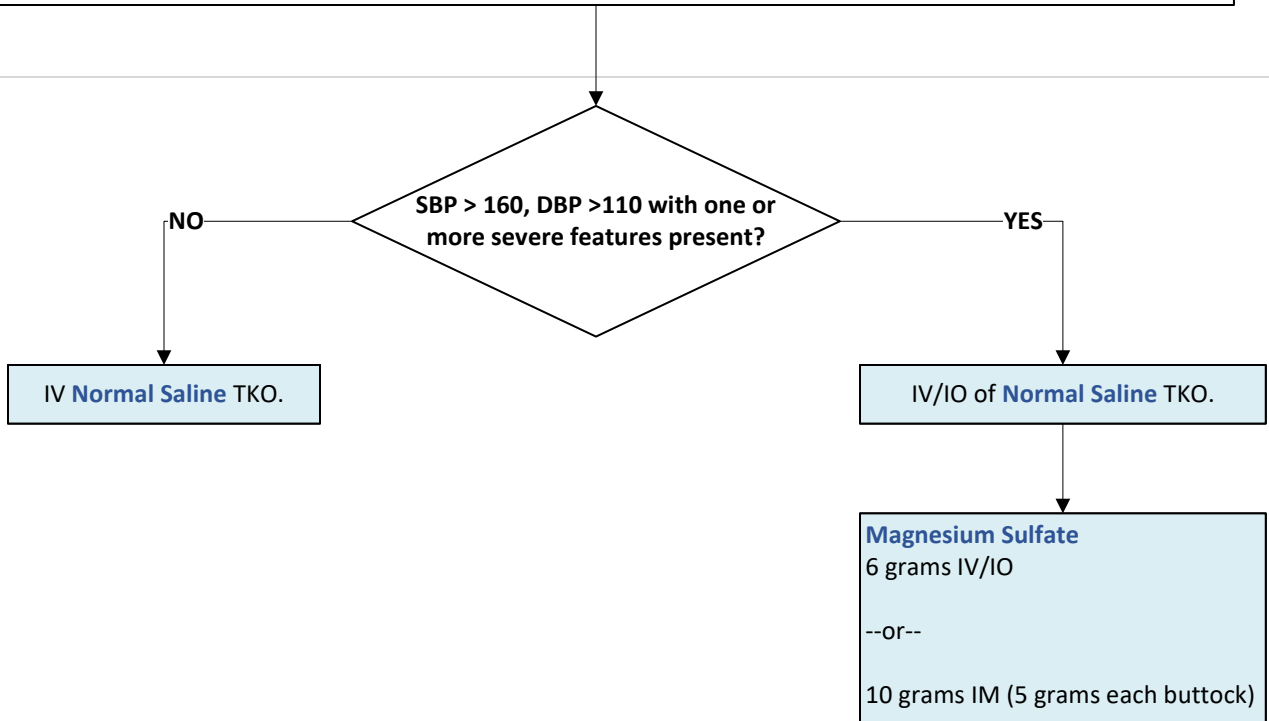
- Altered Mental Status
- floaters or blurred vision
- pulmonary/peripheral edema
- severe headache

Monitor for signs of progression to Eclampsia: Altered mental status, coma or seizure

Maintain quiet, dim environment

**Oxygen** PRN

ALS



Comments
<ul style="list-style-type: none"><li>• <b>Elevated blood pressure in Third Trimester/Postpartum: SBP &gt; 160, DBP &gt; 110</b></li><li>• Pre-Eclampsia can happen in women up to 6 weeks postpartum</li></ul>

Effective: xxxxxx  
Supersedes: NEW

## 5.08 Elevated Blood Pressure in Third Trimester/Postpartum – EMSAC April 2024

BLS Treatment
<ul style="list-style-type: none"><li>Elevated blood pressure at in 20 weeks pregnant up to 6 weeks postpartum <b>Third Trimester/Postpartum</b>: SBP &gt; 160, DBP &gt; 110</li><li>Assess for <b>other</b> significant signs and symptoms of Pre-Eclampsia: <del>hypertension (SBP &gt; 160, DBP &gt; 90)</del>, AMS, floaters or blurred vision, <del>“spots” before the eyes</del>, <b>pulmonary/peripheral edema</b> or <b>severe</b> headache.</li><li><b>Assess Monitor</b> for signs of <b>progression to</b> Eclampsia: Altered mental status, coma or seizure.</li><li>Maintain quiet, dim environment <del>(see Comments below)</del>.</li><li><del>Monitor VS every 5 minutes if significant signs and symptoms.</del></li><li><b>Oxygen PRN</b></li></ul>
ALS Treatment (for Eclampsia only)
<ul style="list-style-type: none"><li>IV/IO with <b>Normal Saline</b> TKO.</li><li><b>Administer 6 grams IV/IO or 10 grams IM (If IV access not available) of Magnesium Sulfate</b></li></ul>
Comments
<ul style="list-style-type: none"><li><b>Pre-Eclampsia can happen in women up to 6 weeks postpartum</b></li></ul>