

5.01 VAGINAL BLEEDING (NOT RELATED TO LABOR) – EMSAC APRIL 2024

BLS – [FAQ Link](#)

**DRAFT
VERSION**

Assess circulation, airway, breathing and responsiveness
If reported trauma to the vaginal area, direct pressure should be offered, and if appropriate.
If patient prefers and is able, allow patient to apply direct pressure

ALS

IV/IO of **Normal Saline** TKO.
Assess for signs of shock,
if SBP < 90, **Normal Saline** fluid bolus.

Comments

- Do not pack the vagina with any material to stop bleeding.
- Inquire if patient has known pregnancy status or last menstrual period. If patient reports pregnancy consider obstetric etiologies
- If patient reports sexual assault or meets trauma criteria, transport to appropriate specialty center

Effective: xxxxxx
Supersedes: 01/30/17

5.01 Vaginal Bleeding (Not Related to Labor) EMSAC April 2024

Vaginal Bleeding (Not Related to Labor)

BLS Treatment
<ul style="list-style-type: none">• NPO• Assess circulation, airway, breathing, and responsiveness.• Position of comfort.• Oxygen as indicated.• <u>If reported trauma to the vaginal area, evaluation for external trauma should be offered to patient, apply direct pressure should be offered, and if appropriate. If patient prefers and is able, allow patient to apply direct pressure.</u>• Place pad or large dressing over vaginal opening.
ALS Treatment
<ul style="list-style-type: none">• IV / IO of Normal Saline TKO.• <u>Assess for signs of shock</u>, if SBP < 90, Normal Saline fluid bolus.
Comments
<ul style="list-style-type: none">• DO NOT pack the vagina with any material to stop bleeding. A bulky dressing or pad may be used externally to absorb blood flow.• <u>Inquire if patient has known pregnancy status or last known menstrual period. If patient reports pregnancy consider obstetric etiologies to vaginal bleeding</u>• Consider ruptured ectopic pregnancy in a woman of childbearing age with signs of shock.• <u>If patient reports sexual assault or meets trauma criteria transport to appropriate specialty center</u>