



London Breed  
Mayor

San Francisco Health Network Behavioral Health Services  
Medication Use Improvement Committee  
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Behavioral Health Services

## MEDICATION TREATMENT INFORMATION

**Welcome!** We have a team of psychiatrists, psychiatric nurse practitioners and clinical pharmacists. We give our best recommendations to improve your well-being and safety.

- **We provide psychiatric medication treatment.**
- **If you do not have a primary care provider, your psychiatric providers can assist you with finding a primary care provider to help treat health conditions, such as pain, seizures and other general medical problems.**
- **We do not prescribe medicinal marijuana.**
- **Due to safety concerns, we generally do not recommend sedative/hypnotics be taken long-term.** Examples of sedative/hypnotics include Valium, Klonopin, Ativan, Xanax and Ambien. While occasionally helpful for anxiety or sleep for the first few weeks, these medicines can be habit-forming and can interact dangerously with other medications, as well as alcohol, methadone and some drugs of abuse. Sometimes these interactions can lead to accidental death. Sedative/hypnotics can worsen depression, lower energy, cause memory problems or over-sedation, and can lead to dangerous behaviors. **If you are currently taking these medications, we will work with you to find a safer treatment.**

We look forward to working with you and we hope you find our services helpful.