

2.02 ALLERGIC REACTION – EMSAC January 2024

BLS Treatment – ALL Allergic Reactions	
<ul style="list-style-type: none">• Position of comfort.• NPO• Oxygen as indicated.• May help patient administer their personal EpiPen autoinjector or equivalent product.• If patient does not have a personal autoinjector, give IM EpiPen autoinjector or equivalent product for suspected anaphylaxis and/or severe asthma if EMT has been trained.• If EMT trained and accredited to use Draw-up technique, administer IM Epinephrine injection	
ALS Treatment - SPECIFIC Allergic Reactions	
	<p>MILD ALLERGIC REACTION Hives, rash and/or itching</p> <ul style="list-style-type: none">• Diphenhydramine
	<p>ANAPHYLAXIS (SYSTEMIC REACTION) WITHOUT SHOCK Normal blood pressure with any 2 body systems involved, such as: hives, rash, wheezing, cough, chest tightness, stridor, grunting, swallowing difficulty and/or throat tightness, lip/facial swelling, anxiousness, abdominal cramping, nausea/vomiting.</p> <ul style="list-style-type: none">• IM Epinephrine• Establish IV/IO Normal Saline TKO• Diphenhydramine• Albuterol for wheezing
	<p>ANAPHYLAXIS WITH SHOCK Low blood pressure with signs of hypoperfusion, such as: altered mental status, agitation, restlessness, somnolence, poor skin signs (pale, cool, diaphoretic, and/or cyanotic), low SpO₂, delayed or poor capillary refill.</p> <ul style="list-style-type: none">• Same treatments as in Anaphylaxis Without Shock but if no response to IM Epinephrine and fluid bolus, administer IV/IO Epinephrine infusion.

SAN FRANCISCO EMS AGENCY

Effective: **XXXXXXXXXX**

Supersedes **10/01/2023**

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