

9.01 PEDIATRIC TRAUMA - EMSAC November 2023

BLS Treatment

- Assess vital signs
- Assess circulation, airway, breathing, and responsiveness.
- NPO
- Oxygen as indicated.
- Stabilize spine and any suspected fractures, bandage wounds
- For head trauma, elevate head of spine board 15-20 degrees.
- Elevate head by up to 30 degrees

ALS Treatment

Current American Heart Association Guidelines concerning Emergency Cardiac Care assessments and interventions shall always take precedence over local protocols when there is a conflict concerning techniques of resuscitation.

Advanced airway as indicated. Manage pain. Manage N/V.

Normal Saline:

- Pediatric hypovolemic shock: IV/IO bolus 20ml/kg. Repeat up to 60mL/kg if indicated.
- Neonatal hypovolemic shock: 10mL/kg. Repeat up to 30mL/kg.

Pain:

Pain 1-6:

- Ibuprofen
 - Less than 6 months: DON'T USE
 - o More than 6 months: 10 mg/kg PO up to 400 mg total dose

Pain 6-10:

- Morphine: (Morphine is contraindicated in head injury. Manage N/V as indicated).
 - ← Less than 6 months: 0.05mg/kg slow IVP/IM/IO. May repeat in 10 min at half the initial dose. Maximum dose 4mg.
 - Greater than 6 months: 0.1 mg/kg slow IVP/IM/IO. May repeat in 10 minat half the initial dose x1. Maximum dose 4mg.
- Fentanyl
 - 1 mcg/kg dose IV/IO up to 50 mcg slow IV push (over 1 minute). May repeat every 10 minutes. Subsequent dose 25mcg. Maximum dose 100mcg total.
 - 2mcg/kg doe IN or IM (IN preferred) up to 50mcg. May repeat every 10 minutes. Subsequent dose maximum 25mcg. Maximum dose of 100mcg total.

For nausea / vomiting:

- Ondansetron
 - Less than 6 months: DON'T USE
 - 6 months 12 years old or <40kg: 0.1mg/kg slow IVP/IO. May repeat in 20min.
 Maximum dose 4mg.
 - Greater than 12 years or >40kg: 4mg slow IVP/IO/IM. May repeat in 20 min.

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Maximum dose 12mg.

Comments

Report any incident of suspected abuse to emergency department staff, , mandatory report to SF CPS (800) 856-5533

Base Hospital Contact Criteria

• If maximum dose is reached and additional doses of pain medication are required

