## Additional Information Submitted by Appellant

## **Luis Romero**

alex Romeo

Tue 5/30/2023 4:59 PM

To: CivilService, Civil (CSC) < civilservice@sfgov.org>

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To Commission Members,

Thank you for the opportunity to address you and hold this hearing.

Let me begin by expressing how ashamed and embarrassed for my actions on October 10, 2022. I recognize poor judgment was made on my part with violating SMFTA policies. Not a day goes by when I regret my actions. I wish I would have exercised emotional intelligence with this matter.

Prior to the day I had been under a tremendous amount of stress. This does not excuse the behavior displayed with the situation. My mistake is I did not use all the tools available to me. I should have utilized peer assistance with my stress. I should have taken time for myself for my mental health. To date I feel as though I have paid the ultimate price with losing my job, retirement and career. Ive lost the ability to provide not only for my family but for myself as well. I am unaware of any other discipline recourse prior to this. I had been assaulted prior. I understand there should be discipline. Is there no grace with the level of stress we deal with?

Thank you Respectfully, Luis Romero

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