

Department of Public Health Health Officer Directive

DIRECTIVE OF THE HEALTH OFFICER No. 2020-02i

DIRECTIVE OF THE HEALTH OFFICER OF THE CITY AND COUNTY OF SAN FRANCISCO REGARDING COVID-19 ISOLATION AND QUARANTINE

(PUBLIC HEALTH EMERGENCY DIRECTIVE)

DATE OF DIRECTIVE: February 17, 2023

<u>Summary</u>: SARS-CoV-2, the virus that causes Coronavirus 2019 Disease ("COVID-19"), can still be easily transmitted, regardless of vaccination status. This combined directive lists the current isolation rules and quarantine recommendations in the City and County of San Francisco (the "City") that apply to all people in the City in order to reduce the spread of COVID-19. This Directive was updated on February 17, 2023, to closely align with the isolation and quarantine rules of the State of California in anticipation of the end of the local and statewide COVID-19 emergency at the end of February 2023.

UNDER THE AUTHORITY OF CALIFORNIA HEALTH AND SAFETY CODE SECTIONS 101040, 101085, 120175, 120215, 120220, AND 120225 THE HEALTH OFFICER OF THE CITY AND COUNTY OF SAN FRANCISCO ("HEALTH OFFICER") DIRECTS AS FOLLOWS:

General Recommendations Regarding Isolation and Quarantine. At this point in the pandemic, it is still important that we take steps to protect those around us if we are infected with the virus that causes COVID-19 or if we think we might be infected with that virus. CDPH has published recommendations, "Guidance on Isolation and Quarantine for COVID-19 Contact Tracing" (https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Guidance-on-Isolation-and-Quarantine-for-COVID-19-Contact-Tracing.aspx). The CDPH guidelines are only recommendations, and the Health Officer strongly recommends that the public follow that guidance.

In general, the guidance is that anyone who has been diagnosed with COVID-19 (through a positive test or medical diagnosis), regardless of vaccination status, **should** isolate using the guidelines listed in the CDPH guidance. Anyone who has COVID-19 symptoms or who is a close contact of someone with COVID-19 is **strongly recommended** to follow the CDPH guidelines, and they **should** isolate if they test positive.

You can find additional guidance on isolation and quarantine at:

<u>sf.gov/information/youve-had-close-contact-or-positive-test</u> (isolation) sf.gov/quarantining-covid-19 (quarantine)

3. <u>Context-Specific Recommendations Regarding Isolation and Quarantine</u>. The State of California, including via the California Department of Public Health (CDPH), has additional guidelines that apply in specific situations. For example, for hospitals and skilled nursing facilities, CDPH has an all-facilities letter that addresses isolation and quarantine, available online at www.cdph.ca.gov/Programs/CHCQ/LCP/Pages/AFL-21-



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<u>08.aspx</u>. People in settings covered by statewide guidelines and rules should follow those guidelines and rules.

- 4. This Directive becomes effective immediately on issuance and will be in effect until it is extended, rescinded, superseded, or amended in writing by the Health Officer. Also, effective immediately on issuance, this Directive revises and replaces Directive Number 2020-02h, updated June 6, 2022.
- 5. For purposes of this Directive, any future changes provided online to the CDPH isolation and quarantine guidance documents or any other guidance listed in this Directive are automatically incorporated by this reference.

Susan Philip, MD, MPH Health Officer of the

City and County of San Francisco

February 17, 2023