





San Francisco Juvenile Probation Department

Juvenile Hall Policy and Procedures Manual

Chapter 6 - Food Service Requirements

Policy Number:	6.02
Policy Name:	Menus and Special Diets
Authority:	Title 15, 1372, 1460, 1461, 1462
Replaces:	13.5 Special Diet (05/01/2000)
Effective Date:	January 1, 2019
Revision Date:	November 29, 3018
Related Policies and Procedures:	
Related Forms:	See Attachments A, B
Director of Juvenile Hall:	Bobby Uppal 
Chief Probation Officer:	Katherine Weinstein Miller 

A. Menus and Special Diets

Juvenile Hall meals are based on nutritional standards which may include the Federal Child Nutrition Meal Program. The minimum diet provided shall be based upon the nutritional and caloric requirements found in the 2011 Dietary Reference Intake (DRI) of the Food and Nutrition Board Institute of Medicine of the National Academies; the 2008 California Food Guide, and the 2015-2020 Dietary Guidelines for Americans. Facilities shall have a written process for how vegetarian or vegan diets may be requested and granted or denied. Religious diets, and when provided, vegetarian or vegan diets, must conform to these nutrition standards. [Title 15, 1372]

Only the attending Physician shall prescribe a medical diet. The medical diets utilized by Juvenile Hall shall be planned, prepared, and served with the consultation of a registered dietitian. The Director of Juvenile Hall or designee shall comply with any medical diets prescribed for a youth. Diet orders shall be maintained on file for at least one year.

The Director of Juvenile Hall or designee and the responsible physician shall ensure that the medical diet manual, with sample menus for medical diets, shall be available in both the medical clinic and the food service office for reference and information. A registered dietitian shall review and the responsible physician shall approve the diet manual on an annual basis.

B. Minimum Diet

The nutritional requirements for the minimum diet are specified in the following subsections. Snacks may be included as part of the minimum diet. A wide variety of foods should be served.

Protein Group includes beef, veal, lamb, pork, poultry, fish, eggs, cooked dry beans, peas, lentils, nuts, peanut butter, and textured vegetable protein (TVP). One serving equals 14 grams or more of protein and the daily requirements shall equal two servings (a total of 196 grams per week). In addition, there shall be a requirement

to serve a third serving from the legumes three days a week and/or three servings from another protein group. See Minimum Diet Attachment.

C. Religious Diets

- i. Religious diets must be approved by the Food Services Manager, the Director of Juvenile Hall, or designee in writing.
- ii. Religious diets should be specific, complete, and conform as closely as possible to the foods served to other youth.

D. Vegetarian Diets

Vegetarian diets are offered at Juvenile Hall for medical reasons only. Youth who chose to omit animal products for religious preferences, health concerns, environmental considerations, humanitarian issues, ethical concerns, or economic or political reasons can select vegetarian or vegan food groups from the daily meals. See Vegetarian Diet Attachment.

E. Medical or Dental Special Diets

- i. All requests for special diets or changes in previously requested diets must be in writing and delivered to the kitchen by medical or personnel.
- ii. Special diets shall be provided as a complete meal only and not in supplement to or as a choice between dietary meals and regular meals.
- iii. Special diets shall be prepared for youth only and shall never be offered as a reward.
- iv. Special diets shall be prepared according to the Manual of Clinical Dietetics.

F. Snacks

- i. All snacks shall be provided to all youths between 2 to 4 hours after the dinner meal is served.**
- ii. A wide variety of foods should be served. The nutritional requirements for minimum diets are specified in the following attachments.**

G. See Chapter 6 Attachments

- i. Minimum Diet**
- ii. Vegetarian Diet**