

SPECIAL PROGRAMS FOR YOUTH	Policy Number: 1.1432
Policy Title: Health Assessment Corresponds to: Title 15, Article 8, Section 1432	Written: 3/15/2013 Revised: 1/2019

I. POLICY

Youth shall have a Health Assessment completed by a licensed healthcare provider of SPY for the timely identification of conditions necessary to safeguard the health of the youth.

- (a) The health assessment shall be completed within 96 hours of admission to the facility and result in a compilation of identified problems to be considered in classification, treatment, and the multi-disciplinary management of the youth while in custody and in pre-release planning. It shall be conducted in a location that protects the privacy of the youth and conducted by a physician, or other licensed or certified health professional working within his/her scope of practice and under the direction of a physician.
- (1) At a minimum, the health assessment shall include, but is not limited to, health history, examination, laboratory and diagnostic testing, and immunization reviews as outlined below:
- (A) The health history includes but is not limited to: Review of the intake health screening, history of illnesses, operations, injuries, medications, allergies, immunizations, systems review, exposure to communicable diseases, family health history, habits (e.g., tobacco, alcohol and other substances), developmental history including strengths and supports available to the youth (e.g., school, home, and peer relations activities, interests), history of recent trauma-exposure which may require immediate attention (including physical and sexual abuse, stress symptoms, pregnancy needs, sexual activity, contraceptive methods, reproductive history, physical and sexual abuse, neglect, history of mental illness, self-injury, and suicidal ideation.
- (B) The physical examination includes but is not limited to: Temperature, height, weight, pulse, blood pressure, appearance, gait, head and neck, a preliminary dental and visual acuity screening, hearing screening, lymph nodes, chest and cardiovascular, breasts, abdomen, genital (pelvic and rectal examination, with consent, if clinically indicated), musculoskeletal, neurologic.
- (C) Laboratory and diagnostic testing includes but is not limited to: Tuberculosis screening, and testing for sexually transmitted diseases for sexually active youth. Additional testing should be available as clinically indicated, including pregnancy testing, pap smears, urinalysis, hemoglobin or hematocrit.
- (D) Immunizations shall be verified and, within two weeks of the health appraisal/medical examination, a program shall be started to bring the youth's immunizations up-to-date in accordance with current public health guidelines.
- (2) The physical examination and laboratory and diagnostic testing components of the health assessment may be modified by the healthcare provider, for youth admitted with an adequate examination done within the last 12 months, provided there is reason to believe that no substantial change would be expected since the last full evaluation. When this occurs, health care staff shall review the intake health screening form and conduct a face-to-face interview with the youth.
- (b) For adjudicated youth who are confined in any juvenile facility for successive stays, each of which totals less than 96 hours shall still be screened prior to acceptance at the facility, and have a health intake performed. This intake and clearance shall include screening for tuberculosis.

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- (c) For youth who are transferred to juvenile facilities outside their detention system, the health administrator, in cooperation with the facility administrator, shall develop and implement policy and procedures to assure that a health assessment::
- (1) is received from the sending facility at or prior to the time of transfer;
 - (2) is reviewed by designated health care staff at the receiving facility; and,
 - (3) is identified and any missing required assessments are scheduled within 96 hours.
- (d) The Health Administrator/healthcare provider shall develop and implement policy and procedures to assure that youth who are transferred among juvenile facilities within the same detention system, receive a written health care clearance. The health record shall be reviewed and updated prior to transfer and forwarded to facilities that have licensed on-site health care staff.

II. PROCEDURES

A. A complete health history and examination, including medical history and physical examination, and mental health history and examination, shall be performed within 72 working hours of admission for each juvenile admitted or transferred to the facility for the first time or for whom a complete health appraisal has not been performed at JJC for twelve (12) months or more. For a returning juvenile who has had a complete health appraisal in less than twelve (12) months, a health appraisal, the extent of which shall be determined by the attending medical clinician, shall be conducted and documented within seven (7) working days of admission.

1. A Medical Staff member trained in client interviewing shall collect and document the medical history on a health data form by questioning the juvenile, and when necessary, supplementing the history with additional information from the juvenile's parents or guardians, Probation Officer, health care providers, and others, as appropriate. The medical history shall include a review of or inquiry about:
 - a. The admission health screening information
 - b. Current symptoms
 - c. Past illnesses and surgeries
 - d. Medications
 - e. Allergies
 - f. Immunizations
 - g. Substance use assessment
 - h. Developmental history (e.g., school, home, and peer relations)
 - i. Sexual activity
 - j. Previous sexual and/or physical abuse, or neglect
 - k. Suicidal or other self-destructive ideation
 - l. Review of body systems (ROS)
 - m. Family health history

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2. The physical examination shall be performed by a physician, a nurse practitioner, or a physician assistant. The examination shall include:
 - a. Vital signs
 - b. Height and weight
 - c. Visual acuity screen (Snellen)
 - d. General appearance (e.g., skin trauma, scars, extremities, gait)
 - e. Extremities
 - f. Gross hearing assessment
 - g. Head/eyes/ears/nose/throat
 - h. Neck
 - i. Lungs
 - j. Breasts
 - k. Heart
 - l. Abdomen
 - m. Back
 - n. Hernia
 - o. Genitalia
 - p. Lymph nodes
 - q. Basic neurological examinations
 - r. Gynecological and rectal examinations when indicated.






- B. The behavioral health appraisal shall be conducted by SPY Behavioral Health staff. The appraisal shall include:
 1. A review of the admission screening mental status information
 2. If conducted subsequent to the medical history, a review of pertinent data from the medical history, including current mental or emotional history, previous sexual and/or physical abuse, neglect, and suicidal or other self-destructive ideation; or collection of these data if conducted prior to the medical history
 3. Complete mental status examination including appearance and behavior speech, affect, thought content (e.g., hallucinations, delusions, rationality, impulsiveness)
 4. Sensorium (e.g., memory, intelligence)
 5. Judgement

- C. Diagnostic/laboratory evaluations as appropriate shall be completed within seven (7) working days of admission and may include:
 1. Hematocrit and urinalysis
 2. Necessary tests to diagnose STI (sexually transmitted infections)
 3. Urine pregnancy tests
 4. Arrangements for audiometry testing if results of the gross screening evaluation indicate a hearing problem.
 5. Other tests indicated by history and physical examinations

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- D. A dental screening shall be performed at the time of health appraisal by the medical providers. The examination shall include inquiry of juvenile's dental history and examination of hard and soft tissue of the oral cavity. The results shall be recorded on the dental screening form and appropriate referrals will be made to Dentist or dental services.
- E. Immunizations that are incomplete shall be updated according to recommendations of the Bureau of Communicable Disease, San Francisco Department of Public Health.
- F. The dentist, medical and behavioral health clinicians shall document on "Problem List(s)" in the juvenile's health record appropriate information about problems identified.
- G. A review of the results of the medical examination, tests, and transfer summaries identified shall be performed by a medical provider within 72 working hours of transfer.

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