

SPECIAL PROGRAMS FOR YOUTH	Policy Number: 1.1430
Policy Title: Medical Clearance/Intake Health and Screening Corresponds to: Title 15, Article 8, Section 1430	Written: 3/15/2013 Revised: 6/17/2021

I POLICY

- A. A Health Clearance shall be required prior to acceptance into JJC. If a youth is cleared, a health evaluation shall be obtained.
- B. The health intake shall be conducted immediately upon entry to the facility and may be performed by SPY health care personnel.
 1. Intake procedures shall address medical, dental, and mental health concerns that may pose a hazard to the youth or others in the facility, as well as health conditions that require treatment while the youth is in the facility.
 2. Identification of the need for accommodations e.g. physical or developmental disabilities, gender identity, or medical holds.
 3. Any youth suspected to have a communicable disease that could pose a significant risk to others in the facility shall be separated from the general population pending the outcome of an evaluation by health care staff. Referrals for health care, any problems or complaints identified during the screening and intake process will be timely and commensurate with the nature of the issue.

For adjudicated youth who are confined in any juvenile facility or successive stays, each of which totals less than 96 hours, the responsible physician shall establish a policy for a medical evaluation and clearance. This evaluation and clearance shall include screening for communicable disease.

II PROCEDURES

- A. Clearance: Prior to admission, youth will be assessed for any acute medical or psychological need that requires immediate attention.
 1. Clearance questionnaire will be administered in confidential, private space by a registered nurse and will be documented on "SPY Clearance Questionnaire". The questionnaire shall include assessment of:
 - a. Injuries/wounds/active bleeding/rashes/pain
 - b. Current medical or mental health issues
 - c. Chronic illness like cardiac issues, seizures, asthma, diabetes
 - d. Current medications
 - e. Risk of self-harm
 - f. Ingestion or use of illicit drugs or alcohol within last 24 hours
 - g. Vital signs if necessary
 2. Youth will be sent to SFGH for medical clearance if the youth has one or more of the following:
 - a. Loss of consciousness
 - b. Known ingestion of illicit substances or under the influence of intoxicating substances with unstable vital signs per Policy 1431 (Intoxicating and Substance Abusing Youth)


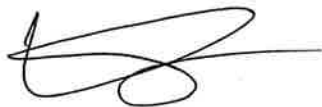

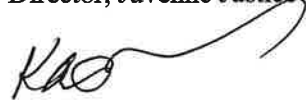
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- c. Gross injuries or deformities
 - d. Uncontrolled bleeding
 - 3. Written medical approval for clearance from SFGH is required to accept a youth referred for medical clearance
 - 4. Documentation on the SPY Clearance questionnaire is an official part of the youth's medical record.
- B. Intake: As part of the admission procedure and prior to placement in the general population, the SPY nurse shall perform an initial health intake of all juveniles. Findings shall be recorded on a printed Nursing Triage/Assessment Form which is an official part of the youth's medical record. The intake shall include at minimum:
 - 1. Inquiry into current health problems or illnesses including the following:
 - a. Past medical history
 - b. Chief complaint
 - c. Medications currently taking
 - d. Use of alcohol and other drugs including types used, mode(s) of use, amounts used, frequency of use, date or time of last use, and history of problems occurring after cessation of use
 - e. Special health requirements or developmental/cognitive delays
 - f. Screening for infectious diseases including:
 - g. Sexually transmitted infections (STIs) and HIV infection
 - h. Hepatitis
 - i. Tuberculosis
 - j. Ectoparasites
 - k. Pregnancy for females
 - l. Dental issues
 - m. Past and present treatment or hospitalization for mental health problems or suicide
 - n. Past or present sexual and/or physical abuse, or neglect
 - o. Other health problems designated by the responsible physician
 - 2. Measurement of height, weight, blood pressure, heart and respiratory rates and temperature, and oxygen saturation when appropriate.
 - 3. Each youth will be placed on the clinic schedule for PPD administration, as indicated.
 - 4. Behavioral screening, including:
 - a. State of consciousness
 - b. Mental status (especially suicidal or homicidal ideation)
 - c. Appearance
 - d. Conduct
 - e. Observation and inspection for abnormalities:
 - i. Visible injuries or wounds
 - ii. Tremors or sweating
 - iii. Body deformities
 - iv. Ease of movement

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- v. Skin conditions including bruises, lesions, jaundice, rashes, infestations, needle marks or other signs of drug abuse
- 5. If communicable disease is suspected, decisions about medical isolation, limitation of activity, and any other precautions shall be made by the Medical Staff based on the diagnosed disease, the infecting agent mode of transmission, as well as the condition of the juvenile, and taking into account the health and safety of the juvenile and others in the institution. See policy 1410 for further explanation.
- 6. Recommendations for disposition to general juvenile population, special housing requirements, or treatments required will be communicated to JJC.
- 7. Referral to appropriate health care services shall be made based on assessment findings in a timely manner.

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Policy# 1430 Review date:	Approved by:  Mona Tahsini, MFT Director, SPY  Helena Chan, MD Behavioral Health Medical Director, SPY  Bobby Uppal Director, Juvenile Justice Center  Katherine Miller Chief Probation Officer, Juvenile Probation Department
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