

SPECIAL PROGRAMS FOR YOUTH	Policy Number: 1.1413
Policy Title: Individualized Treatment Plans Corresponds to: Title 15, Article 8, Section 1413	Written: 3/15/2013 Revised:

I. POLICY

Coordinated and integrated health care treatment plans are developed for all youth who are receiving services for significant medical, behavioral/mental health or dental health care concerns. Policies and procedures shall assure:

- (a) Health care treatment plans shall be considered in JJC program planning.
- (b) Health care restrictions shall not limit participation of a youth in school, work assignments, exercise and other programs, beyond that which is necessary to protect the health of the youth or others.
- (c) Relevant care treatment plan information shall be shared with youth supervision staff in accordance with Section 1407 for purposes of programming, implementation and continuity of care.
- (d) Accommodations for youth who may have special needs when using showers.

Treatment planning by health care providers shall address:

- (a) Pre-release and discharge for continuing medical, dental, and behavioral/mental health care, including medication, following release or transfer, which may include relevant authorization for transfer or information, insurance, or communication with community providers to ensure continuity of care.
- (b) Participation in relevant programs upon return to the community to ensure continuity of care.
- (c) Youth and family participation (if applicable and available).
- (d) Cultural responsiveness, awareness and linguistic competence.
- (e) Physical and psychological safety.
- (f) Traumatic stress and trauma reminders when applicable.

II. PROCEDURES

Any youth with health care issues that need special treatment or procedures in the facility will have written orders to the Juvenile Justice Center staff for directions and implantation within the unit milieu, including facility programming.

A. Special Health Care Needs

- 1. Youth who require medical or behavioral treatment involving activities of daily living (ADLs) will have orders initiated by Special Programs for Youth.
 - a. Orders will be written by a medical provider
 - b. Limitations to ADLs will be as least restrictive as possible following medical appropriateness and safety.
- 2. Instructions to JJC unit staff will be communicated on "Health Care Instructions for Juvenile Hall Counselors" or "SPY Medical Diet Request" Forms
- 3. Convalescent care: In addition to medical orders, the medical provider shall recommend an appropriate housing assignment in conjunction with

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Juvenile Justice Center supervisors, for a youth who requires close observation.






B. Youth with significant health care needs

1. Youth who have specific health care needs above activities of daily living will have a written treatment plan developed by SPY with collaboration from youth's parent/guardian, probation officer, JJC unit staff and/or community providers as appropriate.
2. Probation Services and Juvenile Justice Center staff shall be informed of the treatment plan. A copy of the treatment plan shall be distributed to the youth's Probation Officer and to the Juvenile Justice Center supervisor on the unit where the youth is housed. The original treatment plan shall be filed in the youth's health record.
3. Treatment plan can include but are not limited to:
 - a. Activity orders
 - b. Diet orders
 - c. Special hygiene orders
 - d. Behavioral directives
 - e. Special medical procedures
4. Treatment plans will be revised as needed but reviewed no less than every 30 days.
5. Medical staff will work with probation services throughout the youth's detention around special medical services anticipated the time of release.

C. Youth suspected of developmental disabilities

1. If a youth is suspected to have a developmental disability during the screening process either at JJC, the behavior health staff member shall notify the youth's assigned P.O. within 24 working hours after assessment of the youth. The P.O. will be responsible for contacting the Golden Gate Regional Center (415-546-9222) and making appropriate referrals for service.
2. As appropriate, a written treatment plan shall be developed by the behavioral health staff in conjunction with primary care staff and juvenile hall staff to meet any of the juvenile's special health care needs and a modified program shall be designed by the unit team to address any of the juvenile's special programming needs.

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