

SPECIAL PROGRAMS FOR YOUTH	Policy Number: 1.1402
Policy Title: Scope of Health Care Corresponds to: Title 15, Article 8, Section 1402	Written: 3/15/2013 Revised: 6/21/21 Approved by: Mona Tahsini, MFT-SPY Director Helena Chan, MD- SPY Medical Director

I POLICY

- A. SPY shall have at least one healthcare provider to provide or supervise the provision of treatment;
- B. Health care services will address emergency acute symptoms and/or conditions and avoid preventable deterioration of health while in confinement.
- C. Staff, space, equipment, supplies, materials, and resource manuals shall be adequate to the level of care provided.
- D. Consistent with security requirements and public safety, written policy and procedures for juvenile facilities shall provide for parents, guardians, or other legal custodians, at their own expense, to authorize and arrange for medical, surgical, dental, behavioral/mental health or other remedial treatment of youth that is permitted under law.

II PROCEDURES

Health services at Juvenile Justice Center are provided by a collaborative partnership between the Juvenile Probation Department (JPD) and the Department of Public Health, Community Oriented Primary Care Division, Special Programs for Youth (SPY).

- A. Services provided at JJC by SPY
 - 1. Medical Services
 - a. 24-hour nursing care in Juvenile Justice Center (JJC) and seven-day a week.
 - b. Primary medical care in SPY Clinic and, as appropriate, on the units in the SPY medical room, is provided at a minimum two days a week and is adjusted to accommodate an increase in census or medical acuity.
 - c. Physician coverage is available by pager daily 24-hours a day.
 - d. Services include screening and triage of emergency care and hospitalization, comprehensive intake and yearly history and physical examinations, immunizations, acute and follow-up care, referral to subspecialty and community-based care, when indicated; family planning, sexually transmitted infection screening, testing, treatment, and prevention education; HIV testing, Substance Abuse screening and referrals, and education on healthy lifestyles and pregnancy prevention. Medical services include access to pharmaceutical services at all SPY sites. See policy 1432 for details of health appraisals.
 - 1. Behavioral Health (BH) Services
 - a. On-site BH services in Juvenile Justice Center seven days a week until 9 p.m.
 - b. Psychiatry coverage available by pager daily 24-hours a day
 - c. 24-hour emergency coverage seven days a week by Child Crisis Team
 - d. BH Services include crisis intervention; short and long-term individual, family and group counseling and psychotherapy; limited

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case management; and a model juvenile sex offender treatment program and provides access to emergency hospitalization for all detained youth who meet the Welfare and Institutions Code (W&I) 5150 criteria (i.e., youth who, as a result of a mental disorder, are a danger to themselves or others or are gravely disabled). See Policy 1437 for more details on BH services

2. Dental Services

- a. Dentist is available one half day per week for acute dental issues
- b. Dental screening is conducted as outlined in policy 1435.

3. Health Education

- a. Health education services at JJC are based on the philosophy of prevention education and support counseling. Identified problems and needs of youth are addressed individually and in groups.
- b. Health Education and Substance Abuse prevention topics are addressed through the Woodside Learning Center Science curricula by providers from several different community based specialized agencies coordinated by SPY's Prevention and Health Education Department. This school-based collaborative approach provides youth with the opportunity of getting acquainted with community-based agencies and providers and establishing a rapport with them before getting released from JJC.
- c. Topics addressed in education and counseling activities include prevention of HIV infection and STDs, pregnancy and parenting, relationship building, increasing self-esteem, development of decision-making skills, substance abuse, cigarette smoking, violence, racism, and homophobia. Intensive counseling and pre- and post-HIV Antibody Testing counseling specially tailored for the youth are provided for youth identified by staff as being at risk for HIV infection.

E. SPY medical clinic includes exam rooms, laboratory, medical records storage, dental suite, medical supply room, medication room and nursing station.

F. Specialty Medical services, including radiology and oral surgery are available through San Francisco Department of Public Health at San Francisco General Hospital (SFGH) and University California, San Francisco (UCSF) when appropriate.





G. Use of Youth's Community Providers - When the youth's parents/guardians prefer to make arrangements for health care with private health care providers/services the following procedures shall apply:

- 1. Contact the youth's Probation Officer or request parent to contact PO to inform her/him about the needed transfer for a procedure or specialty consultation for the youth with a private health care provider/service.

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2. Request via the Probation Officer, that the private provider return to SPY written documentation of the youth's visit as well as a medical summary and treatment plan.
3. Document in the youth's health record, the date, time, and location of the scheduled procedure/appointment, notify the responsible clinician about the health record entries, and document the notification in the youth's health record.

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Policy# 1402 Review date:	Approved by:  Mona Tahsini, MFT Director, SPY  Helena Chan, MD Behavioral Health Medical Director, SPY  Bobby Uppal Director, Juvenile Justice Center  Katherine Miller Chief Probation Officer, Juvenile Probation Department
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