



City and County of San Francisco
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San Francisco Health Network
Behavioral Health Services





Special Programs For Youth (SPY)

COVID-19 COTTAGE ORDERS **(MEDICAL ISOLATION & QUARANTINE UNIT)**

Updated 3/24/2021

RECOMMENDED PPE (Personal Protective Equipment) TO BE WORN:

- Appropriate PPE should be worn by JJC staff at all times

Face Mask	Gloves	Gown	Facial Shield
			
Should be worn at ALL times.	Should be worn when in physical contact with any youth on the Medical Isolation & Quarantine Unit.	Should be worn when in physical contact with any youth on the Medical Isolation & Quarantine Unit.	Should be worn when within 6 feet of any youth on the Medical Isolation & Quarantine Unit.

TWO GROUPS OF YOUTH ON THIS UNIT:

- 1) **MEDICAL ISOLATION**- These are youth who have confirmed or presumed COVID-19. They either have a positive COVID-19 test result or their symptoms are highly suspicious for COVID-19. The purpose of medical isolation is to protect others from getting infected with COVID-19.
- 2) **MEDICAL QUARANTINE**- These are youth with known exposure to COVID-19 and need to be in quarantine for 14 days from last day of exposure for monitoring. We need to wait 14 days to see whether these youth were infected or not from their exposure. It can take between 2-14 days for symptoms to develop or for someone to test positive for COVID-19 after exposure.

FOR ALL YOUTH ON THIS UNIT:

- Youth on Medical Isolation status should be housed on a different tier than youth on Medical Quarantine status.
- Youth on Medical Isolation status and youth on Medical Quarantine status should be assigned to different showers (ideally on different tiers).
- Youth cannot leave the unit at any time.
- Youth should not go to the gym, EC, Merit Center, MPR, or Court.
- Youth may go to the outdoor court yard on the unit.
- Youth must eat all meals in their room while on this Unit with disposable plates and utensils.
- Youth must be masked when not alone in their room.
- Youth must wear their mask to and from their room and shower; they should have a paper bag with them to place mask in while they are showering; they should be given gloves and disinfectant to wipe down shower handles after use.
- Youth should be reminded to practice frequent hand washing, maintain 6 feet apart from each other and staff, and wear mask at all times except when alone in their own room.
- Youth can clean their own room, but should not do any general cleaning of the unit or kitchen.
- However, youth should clean any objects they touched while out of their room, such as shower handle, door handle, remote control, telephone, chair, or table using a disinfectant wipe or paper towel that has been sprayed with disinfectant.
- More than one youth can spend time out on the milieu as long as they are masked and remain at their assigned seat or desk, which must be at least 6 feet away from each other.
- Youth who are sick should be allowed to have tissue, trash bag/can, a pitcher of water and cup to keep in their room.
- Staff should limit the time spent in close contact (being within 6ft) with youth on this unit to the minimum amount necessary. Wear a gown, face shield, and gloves (in addition to surgical face mask) when close contact is necessary.