

Medical Isolation Protocol for JJC Staff

Updated 5/29/2020

Definitions:

Quarantine applies to any youth who **is not showing any signs of illness** but may be infected with the virus that causes COVID-19. The goal of quarantine is to prevent a possibly contagious youth from spreading the illness to others. **Intake Unit (Unit 1)** will be used to quarantine all new admits for at least the first 14 days. **See Intake Unit Protocol for details.**

Medical Isolation applies to any youth who **is showing signs of illness that may be due to COVID-19** (such as new onset difficulty breathing, fever ($\geq 100^{\circ}\text{F}/37.8^{\circ}\text{C}$), cough, sore throat, body aches, chills, fatigue, diarrhea or vomiting, nasal congestion, runny nose, headache, loss of taste or smell) **or has tested positive for COVID-19**. The goal with isolation is to not spread what a youth has to others.

Room Restriction: Youths are only allowed out of their rooms for shower, LMA in courtyard or milieu, phone calls, meeting with SPY staff. These youths are only allowed to go off the unit for court and medical services (No gym, EC, Merit Center).

1. **Youth who develop possible COVID-19 symptoms while in detention will immediately be placed on medical isolation (see #2 below) on the unit that they are currently on and be tested for COVID-19 by SPY RN.**
 - If test comes back negative, medical isolation can be discontinued.
 - If test comes back positive, youth will be moved to Unit 2, a unit reserved for COVID-19 positive youths.
2. **Guidance for youth in medical isolation on the Intake Unit (Unit 1) or any of the general units (Units 5, 6, 7):**
 - Youth is to be placed in a single room with the door closed at all times.
 - Youth cannot leave the unit except for court and medical services.
 - Youth should eat all meals inside their room with disposable plates and utensils.
 - Youth is allowed out of their room only for shower, LMA in courtyard or milieu, phone calls, meeting with SPY staff.
 - Youth be assigned a different shower than the one used by the rest of the unit. If a separate shower is not available, have the youth on medical isolation shower after the rest of the unit have showered. Disinfect shower handle after use.
 - Youth should always wear a surgical or procedure mask except when alone in their room or in the shower.
 - Youth should notify staff if their mask becomes wet, damaged, or dirty as it is no longer effective and must be replaced.
 - Youth should be given a clearly labelled paper bag to keep their mask in for times when it is not being worn.

- Anything that the youth touches while out of their room should be disinfected.
- Youth should be given a plastic bag or trash can to keep in their room.
- Youth should be allowed to have a pitcher of water in their room for hydration.

3. Guidance for youth on Unit 2 (Medical Isolation Unit for COVID-19 positive youths):

- Youth cannot leave the unit except for court and medical services.
- Youth should eat all meals inside their room with disposable plates and utensils.
- Because all youth on this unit have tested positive for COVID-19, they can interact with each other in the milieu (with masks on) and do not need to be on room restriction.
- They can use the same shower, but should disinfect shower handles after each use.
- If youth is feeling well enough, youth should disinfect anything they touched in the milieu.
- Youth should eat all meals in their room to decrease risk of exposure to staff.

4. Guidance for JJC staff working with youth in medical isolation:

- Staff can leave meal tray just outside youth's door, then open the door for youth to pick up tray once the counselor has stepped away. When youth is finished with meal, staff can open the door for youth to place tray on floor just outside the room for counselor to pick up.
- Staff should wear gloves when picking up meal tray after youth is finished.
- Staff should wash their hands with soap and water (at least 20 sec) after removal of gloves and after handling anything that the youth may have touched.
- Management of laundry and food service utensils should be performed in accordance with routine procedures. There is no evidence to suggest that facility waste needs any additional disinfection.
- Staff should provide youth with disinfectant to wipe down anything the youth has touched in the milieu (i.e. shower, chair, door handles).

- Staff should wear the recommended PPE (personal protective equipment) for the different situations described in table below:

COVID-19 PPE TABLE	Intake Unit (Unit 1): All youth	General Units: Youth who are not sick	General Units: Youth who are sick and in isolation	COVID-19 Unit (Unit 2): Positive COVID-19 test result
Juvenile Hall Staff	<p><u>When within 6ft of masked or unmasked youth:</u></p> <p>-Regular mask, face shield, gown, and gloves</p> <p><u>When > 6ft away from masked youth:</u></p> <p>-Regular mask</p>	<p><u>When within 6ft of youth:</u></p> <p>-Regular mask only if youth is masked</p> <p>-Regular mask AND face shield if youth is unmasked</p> <p>-Gloves if needing to have direct contact with youth or youth's belongings</p> <p><u>When > 6ft away from masked youth:</u></p> <p>-Regular mask</p>	<p><u>When within 6ft of masked or unmasked youth:</u></p> <p>-Regular mask, face shield, gown, and gloves</p> <p><u>When > 6ft away from masked youth:</u></p> <p>-Regular mask</p>	<p><u>When within 6ft of masked or unmasked youth:</u></p> <p>-Regular mask, face shield, gown, and gloves</p> <p><u>When > 6ft away from masked youth:</u></p> <p>-Regular mask</p>

- JJC staff should reuse their face mask, face shield and/or goggles until they need to be discarded.

PPE	Discard when
N95 respirator masks or regular masks	<ul style="list-style-type: none"> • Dirty or visibly soiled • Comes in contact with blood or bodily fluids • Is hard to breathe through • If the straps appear overly stretched, torn or if face-piece becomes damaged
Gowns	<ul style="list-style-type: none"> • Dirty or visibly soiled • Comes in contact with blood or bodily fluids • Physically damaged, including broken ties and fasteners
Face shields and goggles	<ul style="list-style-type: none"> • Can no longer fasten securely to the provider • Visibility obscured and cleaning does not restore visibility