

## **SPY COVID-19 Medical Isolation/Quarantine Procedures at JJC**

Created 3.18.2020

**Unit 1 will be used to house youth who need to be in quarantine or medical isolation for suspicion of or confirmed COVID-19. Procedures are the same for both medical isolation and quarantine.**

### Definitions:

**Quarantine** applies to any youth who is **asymptomatic** but is awaiting test results for COVID-19, has tested positive for COVID-19, or has had a confirmed primary exposure to another individual who has tested positive for COVID-19. The youth is separated from others just in case they end up having the illness (i.e. COVID-19) and to prevent them from spreading it to others.

**Medical Isolation** applies to any youth who has **new onset difficulty breathing, fever ( $\geq 100.4F$ ), or flu-like symptoms** (i.e. cough, fatigue, body aches, congestion, headaches), regardless of whether they have tested positive for COVID-19 or not. The youth should remain in isolation until they are better or until we know what they have. The goal with isolation is not to spread what a youth has to others.

### **Guidelines for Youth:**

- Youth is to be placed in a single room on Unit 1 with the door closed at all times.
- Youth should be given a surgical mask to keep and wear when out of the room or when someone comes into their room. Youth should notify staff if their mask becomes wet or dirty.
- Youth should be given a paper bag to keep their mask in when not in use (youth does not need to wear mask if alone in their room).
- Should a youth need to remain in isolation or quarantine for longer than 24hrs, SPY will create a shower and courtyard break plan with Unit staff. (Showers and time in the courtyard are allowed as long as youth wears a dry, intact surgical mask to and from their room and shower and courtyard are disinfected in between use by each youth)
- Youth should wear their mask whenever their door is opened.
- Youth should also wear their mask when speaking with someone through their door.

### **Guidelines for SPY staff:**

- SPY staff must be trained and follow protocol for the donning and removing of Personal Protective Equipment (PPE) and best hand hygiene practice each time they enter and leave the youth's room. (*See "Using Your PPE" guide sheet*)
- SPY providers who enter the youth's room and comes within 6ft of the youth, but does not need to make physical contact, should wear a regular surgical mask, with or without goggles/faceshield.
- SPY clinicians will conduct in-person behavioral health check-ins with youth at least twice a day while youth is in isolation/quarantine.
- Nurses who need to do an assessment which requires physical contact with youth must wear a fit-tested N95 mask PLUS goggles/faceshield, gown, and gloves.
- In order to conserve supply of N95 masks, a nurse can reuse the N95 mask for multiple contacts with the same youth during the course of a shift. The N95 mask should be placed in a clearly labelled paper bag and placed in clinic med room when not in use. (*See "ZSFG N95 Respirator Re-Don/Re-Use" guide sheet*)
- At every encounter and at least once per shift, the nurse should ask youth if their mask has become wet or soiled; if so, properly discard the used mask (place in plastic bag, tie bag, place in regular trash) and give youth a new mask.
- **Anything that has been contaminated with liquid blood or body fluids** *should be placed in red boxes or red bags and disposed of as medical waste. PPE not contaminated with fluid blood or body fluids can be placed in garbage bags, sealed, and placed with the regular garbage.*
- Wash hands thoroughly with soap and running water, or use an alcohol-based hand gel, after handling anything that the youth may have touched.

### **Guidelines for JJC staff:**

- Counselor can leave meal tray just outside youth's door, then open the door for youth to pick up tray once the counselor has stepped away. When youth is finished with meal, counselor can open the door for youth to place tray on floor just outside the room for counselor to pick up.
- Counselor should wear gloves when picking up meal tray after youth is finished. Counselor should wash their hands with soap and water (at least 20 sec) after removal of gloves.
- Counselors escorting youth off Unit 1 should wear gloves and a surgical mask.

- Counselors do not need to wear a mask but should remain at a distance (at least 6ft away) when youth (wearing a mask) comes out of their room (to go to courtyard, shower, or medical clinic).
- Management of laundry and food service utensils should be performed in accordance with routine procedures. There is no evidence to suggest that facility waste needs any additional disinfection.
- Wash hands thoroughly with soap and running water, or use an alcohol-based hand gel, after handling anything that the youth may have touched.

### **Release from Isolation or Quarantine back to regular housing unit:**

- **Asymptomatic youth can be released from quarantine** when COVID-19 test is confirmed negative.
- For **symptomatic COVID-19 negative and influenza negative youth**, youth can be released from isolation after temp < 101.4F x24 hrs off all antipyretics.
- For **symptomatic COVID-19 positive or influenza positive youth**, youth can be released from isolation when:
  - It has been at least 7 days since onset of symptoms **AND** temp < 101.4F x72 hrs off all antipyretics **AND** other symptoms are improving.
  - Or per parameters given by SFDPH Communicable Disease Control at time of consultation, if different from above.
- If youth is court-ordered to be released from custody while still in medical isolation or quarantine, SPY will contact youth's family to obtain information on the living situation in which youth will reside (i.e. how many people in the home, how many bedrooms, how many bathrooms, anyone living in the home who is over 60yo and/or immunocompromised). SPY will then present the information to **SFDPH Communicable Disease Control & Prevention at 415-554-2830** (M-F 8:30am-5pm) **and at 415-554-3613** (after-hours) and obtain recommendations or guidance to be given to youth and family upon release.