

Medical Isolation/Quarantine Protocol for JJC Staff

Updated 7/3/2020

1. The Medical Isolation/Quarantine Unit will house:

- a) Youth who are **not showing any signs of illness (asymptomatic) but may be infected due to recent close contact with a COVID-19 case. The illness may or may not develop in the youth.** The goal of **quarantine** is to prevent the spread of what a youth possibly has to others.
- b) Youth who are **showing signs of illness that may be due to COVID-19** (such as new onset difficulty breathing, fever ($\geq 100^{\circ}\text{F}/37.8^{\circ}\text{C}$), cough, sore throat, body aches, chills, fatigue, diarrhea or vomiting, nasal congestion, runny nose, headache, loss of taste or smell) **or has tested positive for COVID-19.** The goal of **medical isolation** is prevent the spread of what a youth is known to have to others.

2. How Do Youth Get Into the Medical Isolation/Quarantine Unit:

- Youth who develop possible COVID-19 symptoms while in detention will immediately be placed on medical isolation (see #3 below) on the unit that they are currently on (or holding cell if in Admissions) and be tested for COVID-19 by SPY RN.
- If test comes back negative and symptoms are of low suspicion for COVID-19, medical isolation can be discontinued following consultation with COVID-19 Hotline.
- **Youth who are sick will be moved to the Medical Isolation/Quarantine Unit if:**
 - Their COVID-19 test result is negative BUT their symptoms are worsening and/or are of high suspicion for COVID-19 (i.e. persistent or cyclical high fevers, sudden loss of taste or smell, difficulty breathing of unknown etiology).
 - Their COVID-19 test result is positive.
 - They show symptoms with high suspicion for COVID-19 during Admissions triage.

3. Temporary medical isolation of sick youth on the Intake Quarantine Unit and any of the general population units:

- Youth must remain inside their room with the door closed at all times, except for shower, LMA in courtyard or milieu, phone calls, and meeting with SPY staff. Youth on medical isolation should only come out of their room when the rest of the unit are not in the milieu.
- When possible, court should take place virtually or by phone and medical assessments should take place in the youth's room. Youth cannot leave the unit except for court and urgent medical services (No gym, EC, Merit Center, MPR).
- Youth must eat all meals inside their room with disposable plates and utensils.
- Youth is assigned a different shower than the one used by the rest of the unit. If a separate shower is not available, have the sick youth shower after the rest of the unit has showered.
 - Disinfect shower handle after use.
 - Youth must wear mask to and from the shower. Youth should have a paper bag available to place mask in while showering.
- Youth should always wear a face mask except when alone in their room or inside the shower (must wear mask walking to and from shower and room).
- Anything that the youth touches while out of their room should be disinfected.
- Youth should be given disinfectant wipes to clean only what they have touched; they should not do general cleaning duties on the unit or in the kitchen.

- Youth should be given tissue and trash can lined with plastic bag to keep in their room.
- Youth should be allowed to have a pitcher of water in their room for hydration.

4. Guidance for youth on the Medical Isolation/Quarantine Unit:

- **Group 1:** Youth who are in medical isolation due to positive COVID-19 test result OR due to high suspicion of having COVID-19 given their constellation of symptoms, regardless of test result, should be **housed on Tier 1 (Lower Level) and only use the shower on that tier.**
- **Group 2:** Youth who are not sick and have negative COVID-19 test result, but are in quarantine due to recent close COVID-19 contact, should be **housed on Tier 2 (Upper Level) and only use the shower on that tier.**
- Youth in Group 1 should be kept separated from youth in Group 2 at all times. Consider staggering when each group comes out into the milieu or designate separate areas on the unit for each group.
- When possible, court should take place by video or phone and medical assessments should take place in the youth's room. Youth cannot leave the unit except for court and urgent medical services (No gym, EC, Merit Center, MPR).
- Youth should only come out of their room for shower, LMA in milieu/courtyard, and phone calls, unless a plan has been created which ensures that youth is masked and able to maintain a distance of at least 6ft away from others at all times while in the milieu.
- Youth who have a fever or active cough not due to asthma should only come out of their room for shower, LMA in milieu/courtyard, and phone calls when other youth on the unit are in their rooms.
- Youth should have access to school and programming.
- Youth should eat all meals inside their room with disposable plates and utensils.
- Youth should disinfect shower handles after each use, as well as anything they touched in the milieu.

5. Guidance for JJC staff working with youth on the Medical Isolation/Quarantine Unit and with youth placed in medical isolation on any unit:

- If staffing availability allows, those who are at higher risk of having severe illness with COVID-19 should not work on the Medical Isolation/Quarantine Unit. (Aged 60 and older, immunocompromised, have moderate to severe asthma, chronic kidney disease with dialysis, chronic lung disease, diabetes, blood disorder, liver disease, severe obesity, or serious heart conditions.)
- Staff should practice frequent handwashing, universal masking, and social distancing > 6ft.
- Staff should keep interactions with youth with respiratory symptoms as brief as possible.
- Staff should avoid going into the youth's room. Staff can leave meal tray just outside youth's door, then open the door for youth to pick up tray once the counselor has stepped away. When youth is finished with meal, staff can open the door for youth to place tray on floor just outside the room for counselor to pick up.
- Staff should wear gloves when picking up meal tray after youth is finished.
- Staff should wash their hands with soap and water (at least 20 sec) after removal of gloves and after handling anything that the youth may have touched.
- Place all dirty laundry in a bag. Avoid shaking out clothes before placing in washing machine. Use highest heat setting for washing and drying of youth's clothes and linens.
- Staff should provide youth with disinfectant to wipe down anything the youth may have touched in the milieu (i.e. shower, chair, door handles).

- **Table 1 (below) describes the recommended PPE (personal protective equipment) to be worn by JJC staff based on unit and situation:**

Table 1

Intake Quarantine Unit: Youth not tested or awaiting test result	Medical Isolation/Quarantine Unit: All youth	General Population Units: Youth who are NOT sick Intake Quarantine Unit: Youth with negative Admissions COVID-19 test	General Population Units: Youth who are SICK and in medical isolation
<p><u>When within 6ft of unmasked youth:</u></p> <p>-Regular mask, face shield, gown, and gloves</p> <p><u>When within 6ft of masked youth:</u></p> <p>-Regular mask and face shield (+gloves if needing to touch youth or youth's belongings)</p> <p><u>When > 6ft away from masked or unmasked youth:</u></p> <p>-Regular mask</p>	<p><u>When within 6ft of masked and unmasked youth:</u></p> <p>-Regular mask, face shield, gown, and gloves</p> <p><u>When > 6ft away from masked or unmasked youth:</u></p> <p>-Regular mask</p>	<p><u>When within 6ft of unmasked youth:</u></p> <p>--Regular mask AND face shield</p> <p>-Gloves if needing to directly touch the youth or the youth's belongings</p> <p><u>When within 6ft of masked youth:</u></p> <p>- Regular mask</p> <p><u>When > 6ft away from masked or unmasked youth:</u></p> <p>-Regular mask</p>	<p><u>When within 6ft of masked or unmasked youth:</u></p> <p>-Regular mask, face shield, gown, and gloves</p> <p><u>When > 6ft away from masked or unmasked youth:</u></p> <p>-Regular mask</p>

- **JJC staff should reuse their facemask and face shield until they need to be discarded.**
- **Each staff should have their own face shield to keep and reuse. Only face shields can be disinfected after use; do not attempt to disinfect face masks or gowns. Throw used PPE in the trash.**
- **Put on and remove facemask using the straps. When not in use, store facemask in paper bag. If you touch the outside of the mask, wash your hands. Take care to not touch the inside of facemask.**
- **Discard facemasks when:**
 - Dirty or visibly soiled
 - Comes in contact with blood or bodily fluids
 - Is hard to breathe through
 - If the straps appear overly stretched, torn or if face-piece becomes damaged
- **Discard face shields when:**
 - Can no longer fasten securely to the provider
 - Visibility obscured and cleaning does not restore visibility