

SPY COVID-19 Medical Isolation/Quarantine Procedures at JJC

Updated 4.29.2020

Unit 1 will be used to house in-custody youth who need to be in quarantine or medical isolation for suspicion of or confirmed COVID-19. Procedures are the same for both medical isolation and quarantine.

Definitions:

Quarantine applies to any youth who **is not showing any signs of illness** but may be infected with the virus that causes COVID-19. The goal of quarantine is to prevent a possibly contagious youth from spreading the illness to others.

Medical Isolation applies to any youth who **is showing signs of illness that may be due to COVID-19** (such as new onset difficulty breathing, fever ($\geq 100^{\circ}\text{F}/37.8^{\circ}\text{C}$), cough, sore throat, body aches, chills, fatigue, diarrhea or vomiting, nasal congestion, runny nose, headache, loss of taste or smell), regardless of whether they have tested positive for COVID-19 or not. The youth should remain in isolation until they are better. The goal with isolation is to not spread what a youth has to others.

N95 Respirator Masks should only be used by frontline healthcare providers who have been fit-tested and trained on the donning and removing of the respirator mask. When worn incorrectly, the N95 respirator mask does not provide any more protection than a regular surgical or procedure mask. For this document, the use of the word “mask” without specification of “N95” refers to a surgical or procedure mask.

Guidance for Youth in Medical Isolation or Quarantine:

- Youth is to be placed in a single room on Unit 1 with the door closed at all times.
- Youth should wear a surgical or procedure mask when out of the room, when someone comes into their room, and when speaking to someone through the closed door. Youth should notify staff if their mask becomes wet, damaged, or dirty as it is no longer effective and must be replaced.
- Youth should be given a clearly labelled paper bag to keep their mask in for times when it is not being worn (youth does not need to wear mask when alone in their room with door closed).
- Should a youth need to remain in isolation or quarantine for longer than 24hrs, SPY will create a shower and courtyard break plan with Unit 1 staff. Showers and time in the courtyard are allowed as long as youth wears a dry, intact surgical or procedure mask to and from their room, and whatever youth may have touched is cleaned/disinfected.

- If there is more than one youth on Unit 1 at the same time, each youth should be assigned a different shower to use for the duration of their stay on Unit 1, availability permitting.
- If youth is feeling well enough, the youth should clean/disinfect anything they touch in the milieu after use (i.e. shower, door knobs, chair).
- Youth should be given a plastic bag or trash can to keep in their room.
- Youth should wipe down all surfaces in their room with a cleaner/disinfectant when they are ready to be transferred back to one of the regular units. Janitorial staff should wait 24hrs after the youth has vacated the room before going in to do a deeper cleaning.

Guidelines for SPY staff:

- **For youth who are awaiting COVID-19 test results or has tested positive for COVID-19:** Only SPY staff who have been trained to put on and take off N95 respirator mask, gown, face shield, and gloves should enter the youth's room or come within 6ft of youth (*See "Using Your PPE" guide sheet*). All other staff should interact with youth through the closed door, with staff wearing a surgical/procedure mask AND gloves, and youth wearing their mask.
- **For youth who are sick but whose COVID-19 test has come back negative:** staff should wear surgical/procedure mask and gloves when coming within 6ft of youth (no need for N95 respirator, face shield, or gown)
- In order to conserve our limited supply of N95 respirator masks, a healthcare provider can **reuse and/extend their N95's use** by donning the same N95 respirator mask for multiple contacts with the same youth and/or by using the same N95 respirator mask for contacts with multiple youths who are all COVID-19 positive.
- **The N95 respirator mask must be discarded at the end of each shift.** When not in use, the N95 respirator mask should be placed in a paper bag labelled with provider's name, date, youth's room # or initials, and a warning for others not to touch it. The bagged N95 respirator mask can be stored in a locked cabinet in Unit 1 med room or in the SPY med room. (*See "ZSFG N95 Respirator Re-Don/Re-Use" guide sheet*)
- **Plastic goggles and face shields can be reused indefinitely** as long as they are cleaned with Hydrogen Peroxide disinfectant wipes (or some other disinfectant cleaner such as bleach or alcohol) after each use and remain in good shape.
- At every encounter and at least once per shift, the nurse should ask youth if their mask has become wet or soiled; if so, properly discard the used mask (place in plastic bag, tie bag, place in regular trash) and give youth a new mask.

- Anything that has been contaminated with liquid blood or body fluids *should be placed in red boxes or red bags and disposed of as medical waste* in the Biohazard Waste Bin in SPY clinic. **PPE not contaminated with fluid blood or body fluids** can be placed in garbage bags, tied up, and placed with the regular garbage in med room trash can.
- **Staff should wash their hands** thoroughly with soap and running water, or use an alcohol-based hand gel, after handling anything that the youth may have touched.
- **Multi-use medical equipment** such as blood pressure cuffs, stethoscope, thermometer, etc must be cleaned and disinfected after each use.
- SPY clinicians will conduct in-person (through closed door) **behavioral health check-ins with each youth at least twice a day** while youth is in isolation/quarantine. The clinician should wear a surgical/procedure mask and gloves when speaking with the youth through the door. The youth should also be wearing their mask.
- **SPY nurses will assess and check vital signs** on each youth at least twice a day for the duration of their stay on Unit 1.
- SPY nurses will provide each youth on Unit 1 with a **pitcher of water and cup** to keep in their rooms for hydration.

Guidelines for JJC staff:

- **For youth who are awaiting COVID-19 test results or has tested positive for COVID-19:** If staff needs to come within 6ft of the youth, without a barrier such as a door, the staff should wear mask, gloves, face shield, and gown. (This also applies to escorting of youth to and from Unit 1). Otherwise, staff should interact with youth through the closed door, with staff wearing a mask AND gloves, and youth wearing their mask.
- **For youth who are sick but whose COVID-19 test has come back negative:** staff should wear surgical/procedure mask and gloves when coming within 6ft of youth (no need for face shield, or gown)
- Unless the youth is alone in their room with door closed, all staff on Unit 1 should wear a mask at all times. Staff must also wear mask if they are within 6ft of other staff, even if youth is inside their room.
- **Youth should eat all meals inside their room.** Staff can leave meal tray just outside youth's door, then open the door for youth to pick up tray once the counselor has stepped away. When youth is finished with meal, staff can open the door for youth to place tray on floor just outside the room for counselor to pick up.
- **Staff should wear gloves when** picking up meal tray after youth is finished.

- **Staff should wash their hands** with soap and water (at least 20 sec) after removal of gloves and after handling anything that the youth may have touched.
- **Management of laundry and food service utensils** should be performed in accordance with routine procedures. There is no evidence to suggest that facility waste needs any additional disinfection.
- **Staff should provide youth with cleaning supplies** to wipe down anything the youth has touched in the milieu (i.e. shower, chair, door handles).

Release from Isolation or Quarantine:

- **For asymptomatic youth who have had known recent exposure to a person with confirmed COVID-19, regardless of whether the youth tests positive or not for COVID-19 themselves, youth can be released from quarantine only when:**
 - 14 days has passed since last contact with person with confirmed COVID-19

OR

 - Per parameters given by SFDPH Communicable Disease Control at time of consultation, if different from above.
- **For symptomatic youth, regardless of their COVID-19 test result, can be released from medical isolation only when:**
 - It has been at least 7 days since the onset of symptoms **AND** no fever (temp $< 100^{\circ}\text{F}/37.8^{\circ}\text{C}$) without the use of fever-reducing medication x 72 hrs **AND** respiratory symptoms have improved.

OR

 - Per parameters given by SFDPH Communicable Disease Control at time of consultation, if different from above.
- **If youth is court-ordered to be released from custody while still in medical isolation or quarantine, SPY will contact youth's family to obtain information on the living situation in which youth will reside (i.e. how many people in the home, how many bedrooms, how many bathrooms, anyone living in the home who is over 60yo and/or immunocompromised). SPY will then present the information to SFDPH Communicable Disease Control & Prevention at 415-554-2830 (M-F 8:30am-5pm) and at 415-554-3613 (after-hours) and obtain recommendations or guidance to be given to youth and family upon release.**