

Get Tested!



Purpose of rapid testing

- Test if you have symptoms, even if you're vaccinated
- Test if someone you know tested positive even if you're vaccinated
- **Test right away, so you can get treated. Many common conditions qualify you for medication** (see other side)
- Test on day 5 or later in order to return to work, school or other non-healthcare settings



Have tests on hand. Insurance companies must pay for 8 home tests/month. You can also get 4 free rapid antigen tests here or at www.covidtests.gov



You can also go here to find testing sites or to sf.gov/get-tested

If you test positive:

- Stay home and isolate away from others for at least 5 days and
 - 1) Contact your doctor to see if you need treatment (see other side)
 - 2) Call 911 or go to the nearest ER if you have:
 - Trouble breathing
 - Pain or pressure in the chest
 - Confusion
 - Can't wake up or stay awake
 - Bluish lips or face
- You may return to work after 5 days if you are getting better or you never had symptoms AND you have a negative test on day 5 or later
- Wear a well-fitting mask if you are around others, indoors and outdoors, for 10 days total from the start of your symptoms or positive test
- Tell your close contacts that they may have been exposed to COVID-19

If you test negative:

- Rapid tests may miss early infection. If you have symptoms or are a close contact, test again in 1-2 days.
- If you have symptoms or were exposed, wear a well-fitting mask around others, indoors and outdoors, for 10 days total from the start of your symptoms or close contact exposure
- If you begin to feel new symptoms, get re-tested as soon as possible, stay away from others, and reach out to your primary care provider
- If you have symptoms and did **not** have close contact with someone who has COVID-19, you may return to work once you are feeling better

Get help:

Call the COVID Response Center line at **628-217-6101** for vaccination appointments, testing information, and questions on what to do if you're positive or have been exposed to COVID.



Go here for food resources, bill payments, and other social service needs here or at sf.gov/covid



San Francisco
Department of Public Health

Get Treated if you're positive



Got COVID?

You may qualify for treatment if you have a high risk of serious illness from Covid including:

- Unvaccinated or not boosted (if eligible)
- Ages 65 or over
- Ages 12 and up with common medical conditions (ie cancer, diabetes, heart, kidney, brain or mental health conditions, overweight, inactive, or have alcohol or drug disorders or immune problems. Go here for a complete list:



Talk to a doctor

- If you've tested positive, talk to a doctor as soon as you can. Medicines must be taken within 5 days of feeling sick.
- Your insurance may offer online or phone visits with your doctor 24 hours a day, 7 days a week. Check your insurance card. Pharmacies may be able to deliver these medicines directly to your home.
- **Medi-Cal** patients have free phone visits with a doctor 24 hours a day, 7 days per week

San Francisco Health Plan (except Kaiser)
800-835-2362

Anthem Blue Cross call 1-888-548-3432

• Other common providers :

San Francisco Health Network 415-682-1740

Kaiser 866-454-8855

Anthem Blue Cross 888-548-3432

UCSF 415-514-7328

Sutter Health / CPMC 800-972-5547

Dignity Health 415-964-4866

If you don't have insurance:

San Francisco Health Network
415-682-1740

The following Federal "Test to Treat" sites will see anyone (insured or not) at no charge (if you have insurance, please bring ID card).



CVS

19th Ave at Ortega



Mission Wellness Pharmacy

Mission at 20th
415-826-3484



Carbon Health

Stonestown Mall 415-480-1160
Irving Street at 22nd Ave 415-231-2546
Market Street at Dolores 415-792-6040
Spear Street at Folsom 415-612-3275



Worksite Labs (testing now, treatment starts June 1)
Van Ness Avenue at California 925-414-3814



These "Test to Treat" sites may change
Go here for most current list



Already got a prescription? You can go to any CVS, Walgreen's or Safeway to fill it. Find a location close to you here

