

Emergency Department Update

Friday, April 15, 2022

Issue # 108

GENERAL

PRIMARY CARE COORDINATORS

- Some on-campus clinics have Care Coordinators as part of the care team in primary care.
- When a patient of theirs comes to the ED, the primary care team will receive notification.
- The Care Coordinators may come to the ED to check-in with their patients and help inform the ED team with additional information and can be helpful with developing plans of care for the ED visit and for discharge planning.
- Care Coordinators may call over to the ED primary RN while the patient is in the ED to discuss details and let the ED RN know they are coming over to see the patient.
- The Care Coordinators are employees of the hospital and are welcomed in the ED anytime one of their patients is being seen. They would not be considered as a visitor of the patient; they are performing their job responsibilities.

MASKING

- Still seeing an increase in staff cases of COVID-19
- Please be vigilant about minimum PPE when with patients and staying masked while around other staff
- Please NO eating or drinking in common clinical areas
- Please use outside spaces for eating when possible. The cafeteria remains open 24/7 with badge access at the rear door.
- Be sure that your patients are wearing their isolation masks when staff are in the room with them
- N95 and eye protection continue to be the minimum PPE for patient contact

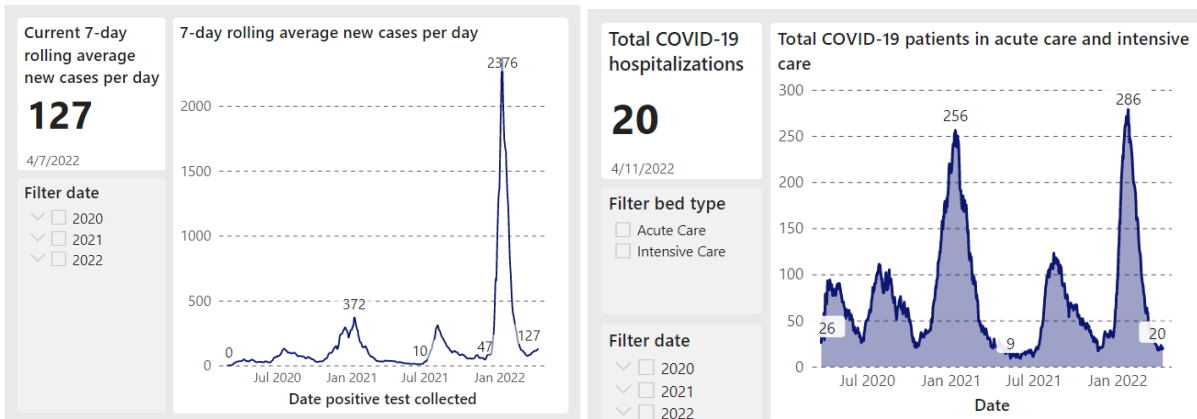
SELF-SCREENING

- Please continue to self-monitor for signs and symptoms of COVID. If you are experiencing any symptoms or have had a known exposure, please contact OHS 628-206-4100

HOSPITAL SURGE LEVEL

- As of, Friday, April 15, 2022 we have 1 COVID positive hospitalized patients at ZSFG placing us in the **GREEN** Hospital Surge Level

COVID-19 CITY WIDE DATA



EQUIPMENT, SUPPLIES, PRODUCTS

PPE

- Most PPE stable—Moldex medium and large are on back order
 - If you use Moldex and are not already fitted for another brand of N95, please get fit tested for alternative N95

Items that are Backordered or Delayed

- Hotline Tubing—End of May. Extra Level One tubing being stocked/ordered
- Troponins continue to be run on gold top tubes
- 14f pigtail catheters—ETA May
- 12-lead EKG stickers—no ETA; sub is regular 3M cardiac monitor electrodes
- 20g IV catheters—ETA 4/25, no sub
- 500ml sterile water—no ETA

EDUCATIONAL OPPORTUNITIES

PEM PEARL

Dina Wallin, MD, FACEP, FAAP

Let's talk **poop** this week! Constipation is incredibly common, accounting for [1.3 million ED visits per year](#)-- one-third of those being children. We tend to see constipation most in ~6 months-5 years of age, although kids of all ages can experience it. Some important points for evaluation and management:

- **Constipation and UTI** are often linked, especially in patients with a uterus-- consider a UA in these patients.
- Labs and imaging (including abdominal X-rays) are rarely helpful, **other than a UA.**
- My approach:
 - Ask about child's diet and water intake, getting specific about fiber
 - Recommend 4 oz fruit juice daily (fruit juices with a "p" in English, such as prune, apple, pineapple, white grape, and pear are particularly great)
 - Recommend whole grain, dried fruit, and other fiber
 - Discuss with parent/guardian or child how to get the child to drink lots of water throughout the day (often involves a new water bottle that the kid likes)

- Encourage scheduled potty time, especially after meals
- If dietary modifications are maxed out and/or symptoms are severe, I prescribe polyethylene glycol (Miralax):
 - Start with 1 capful (17g) once a day x 3 days, then titrate based on patient's symptoms
 - Once the perfect dose is found, **keep taking this dose** until pediatrician tapers them off

Hopefully you'll be a pooping pro next time you care for a plugged-up pediatric patient!

ACLS-BLS CERTIFICATION

Please use the QR Code below to sign up on Eventbrite in advance to complete your online exam prior to coming to the skills session.



American
Heart
Association.



Eventbrite ACLS-BLS-PALS
Sign-up

CELEBRATIONS/ANNOUNCEMENTS

CELEBRATIONS

Send me your celebrations (david.staconis@sfdph.org) that you would like included in the ED Updates and I will share them here.

Matt Claveria, RN completed his triage training and will be a nice addition to triage. ~**Pat Lavin, Charge Nurse**

Just want to give **Kelly Garcia, MEA** a little shout out for helping on a very busy start to our shift in triage (4/12) and keeping all the patients in order and helping to create an efficient flow in the check-in area. She is always helpful and great at communicating. ~**Jayme Ng, RN**

We had **Van Fitial, PCA** in Pod C today [April 10] and she was extremely attentive and helpful. ~**Jamie Litten, RN**

I would like to express my gratitude for all staff for continually showing up each and every day, to all those doing extra hours to help out when we are the shortest, and for everyone's flexibility in trying to facilitate a shift swap or finding someone to cover. Thank you to you all! We are working continually to fill vacancies. Some good news is we have a new training program starting next week. And we will continue to reach out to experienced ED RN as they apply to open positions. ~**Dave Staconis, Nursing Director**