

# Transgender 101 – Medical Resources

## Best Practices for Healthcare Providers

### [10 Tips for Working with Transgender Patients](#)

Safe, respectful, and comprehensive tips to care for trans, nonbinary, and gender nonconforming patients in order to improve individual and community health. (*Transgender Law Center, 2016*)

### [Affirmative Care for Transgender and Gender Non-Conforming People: Best Practices for Front-line Health Care Staff](#)

A guide to help train front-line health care employees to provide affirming services to transgender patients and help create a safe space. (*National LGBT Health Education Center*)



### [Guidelines for the Primary and Gender-Affirming Care of Transgender and Gender Nonbinary People](#)

Detailed Table of Contents of the multitude of procedures, surgeries, therapy, and care a trans person may need in a healthcare setting. (*UCSF Transgender Care*)

### [We Are Here: A Transgender Training Video for Healthcare Professionals](#)

Role-play of healthcare experiences with transgender people as well as descriptions and action steps to take to make these experiences safe. (*Mandala Center for Change, 2018*)

## Trans Patient Experiences

### [What It's Like Being Transgender in the Emergency Room](#)

Insight and statistics around the vulnerable and often times daunting experiences of transgender patients. This article highlights gaps in knowledge and training to provide prejudice-free care to the community, which leads to alarming outcomes for the transgender community's overall health and well-being. (*National Geographic, 2018*)

### [Care to the Trans\\* and Gender Non-Conforming Identified Patient](#)

A role-play on how uncomfortable and harmed a transgender patient can feel in a space that does not have proper training on how to interact with the transgender community in a healthcare setting. (*Montgomery College, 2016*)

### [The Remedy: Queer and Trans Voices on Health and Health Care](#)

A diverse collection of real-life stories from queer and trans people describing their own healthcare experiences. This anthology details the systemic problems in healthcare and how medical practitioners can respect, understand, and affirm LGBTQ and trans communities. (*Zena Sharman, 2016*)



OFFICE OF TRANSGENDER INITIATIVES



Office of Transgender Initiatives works with communities to advance policies, programs and equity for transgender, non-binary, gender nonconforming, and LGBTQ+ San Franciscans.

[www.sf.gov/transcitysf](http://www.sf.gov/transcitysf)