

The background features a dark blue gradient with a starry pattern. On the left side, there are several overlapping circular elements. A prominent one is a large circle with a scale from 140 to 260, with tick marks every 10 units. Other circles are smaller and some have dashed outlines with arrows indicating a clockwise direction. The overall aesthetic is technical and futuristic.

SUGAR & DECOLONIALITY 2.0

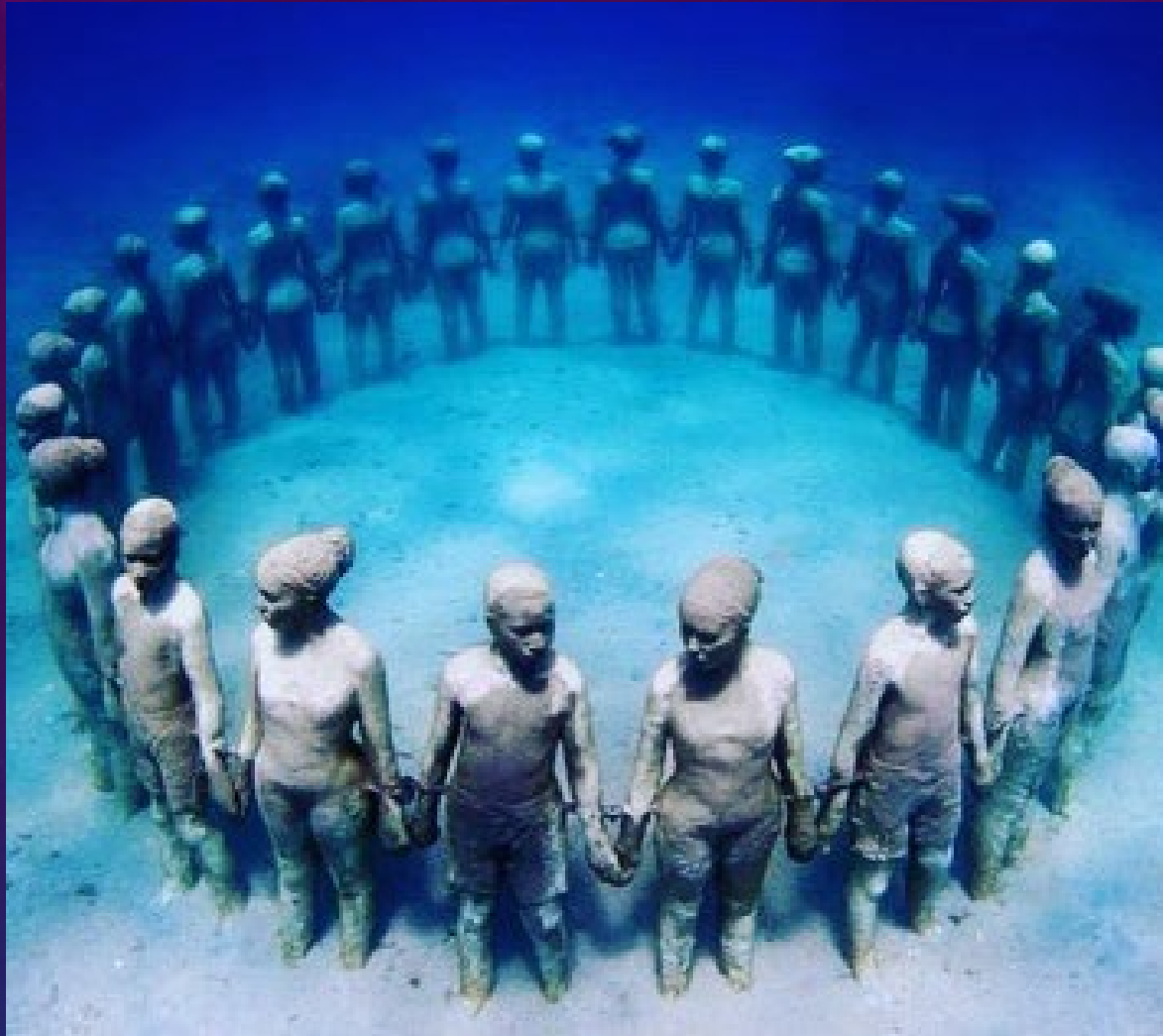
SESSION 4:

CELEBRATIONS, REFLECTIONS & FUTURE MUSINGS

SEPTEMBER 15, 2023

SESSION 2: CENTERING IMAGINATION IN CHANGE EFFORTS





“Your Ancestors cleared the way for you over eons of time, weaving together their magic, love, and creation, healing themselves, tending to the earth, all for future generations. Many of those who have passed on to higher realms are gently watching over you and loving your every courageous move. Their energy cannot die; it remains on the earth plane for you to access and learn from with respect and gratitude. You are the miracle they’ve been praying for.”

—Kris Franken, Author of *Wildhearted Purpose*





“THE THREE SISTERS OFFER SPIRITUAL CONNECTION AND APPEAR IN MYTHOLOGY ACROSS TRIBES, FROM THE HOPI’S OF THE SOUTHWEST, TO THE ONEIDAS OF THE MIDWEST AND THE IROQUOIS OF THE NORTHEAST.”

ONILE, EARTH GODDESS OF YORUBALAND, NIGERIA

Patron Deity of the Ogboni Men's Society, who are charged with judicial duties and settling disputes where 'blood has been shed on the Earth.'

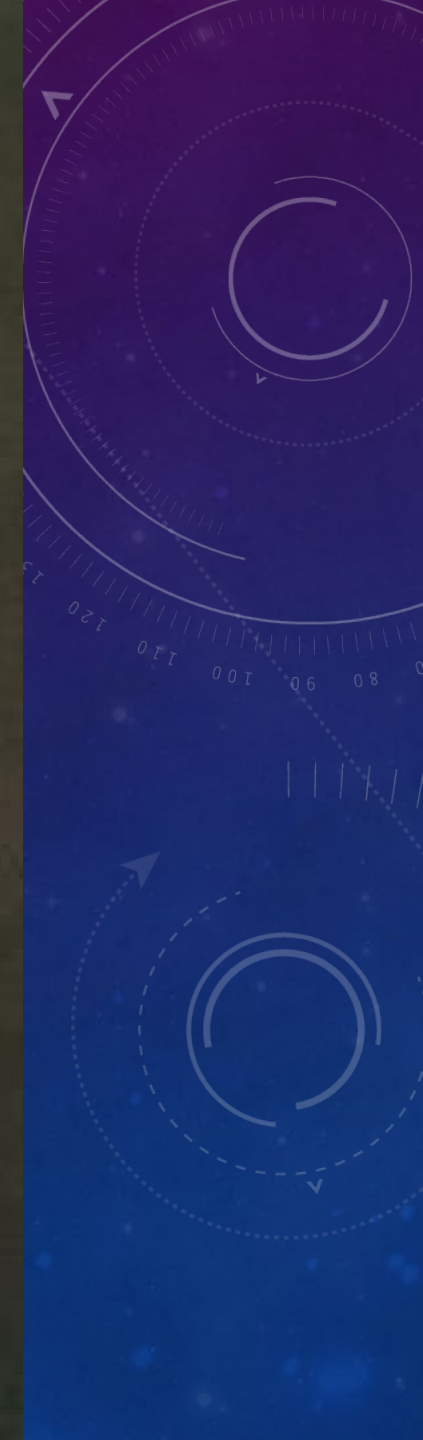




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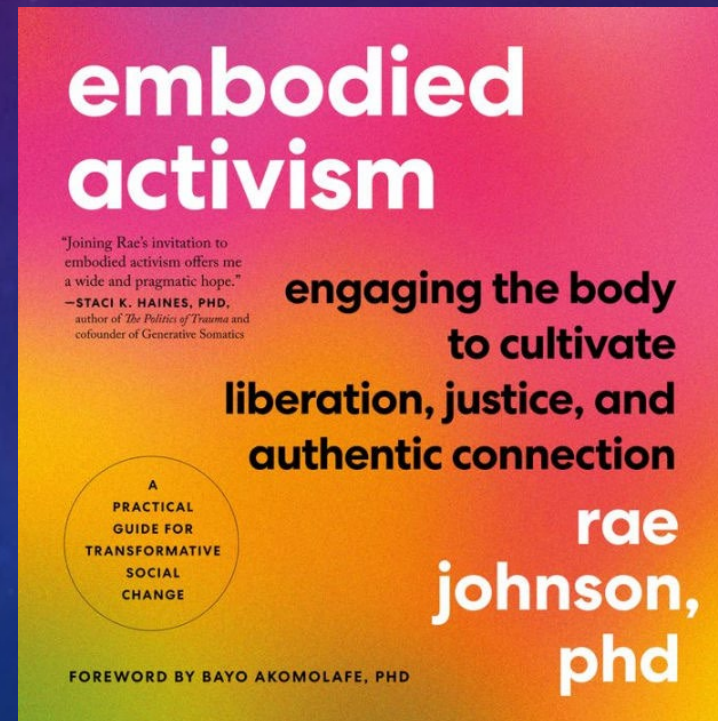
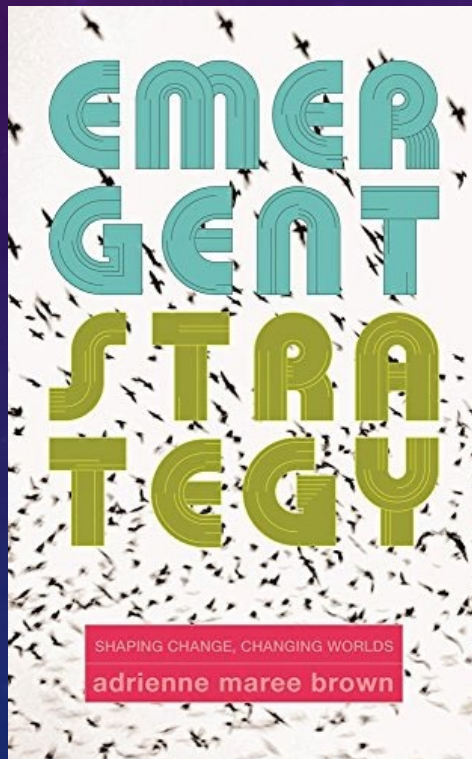


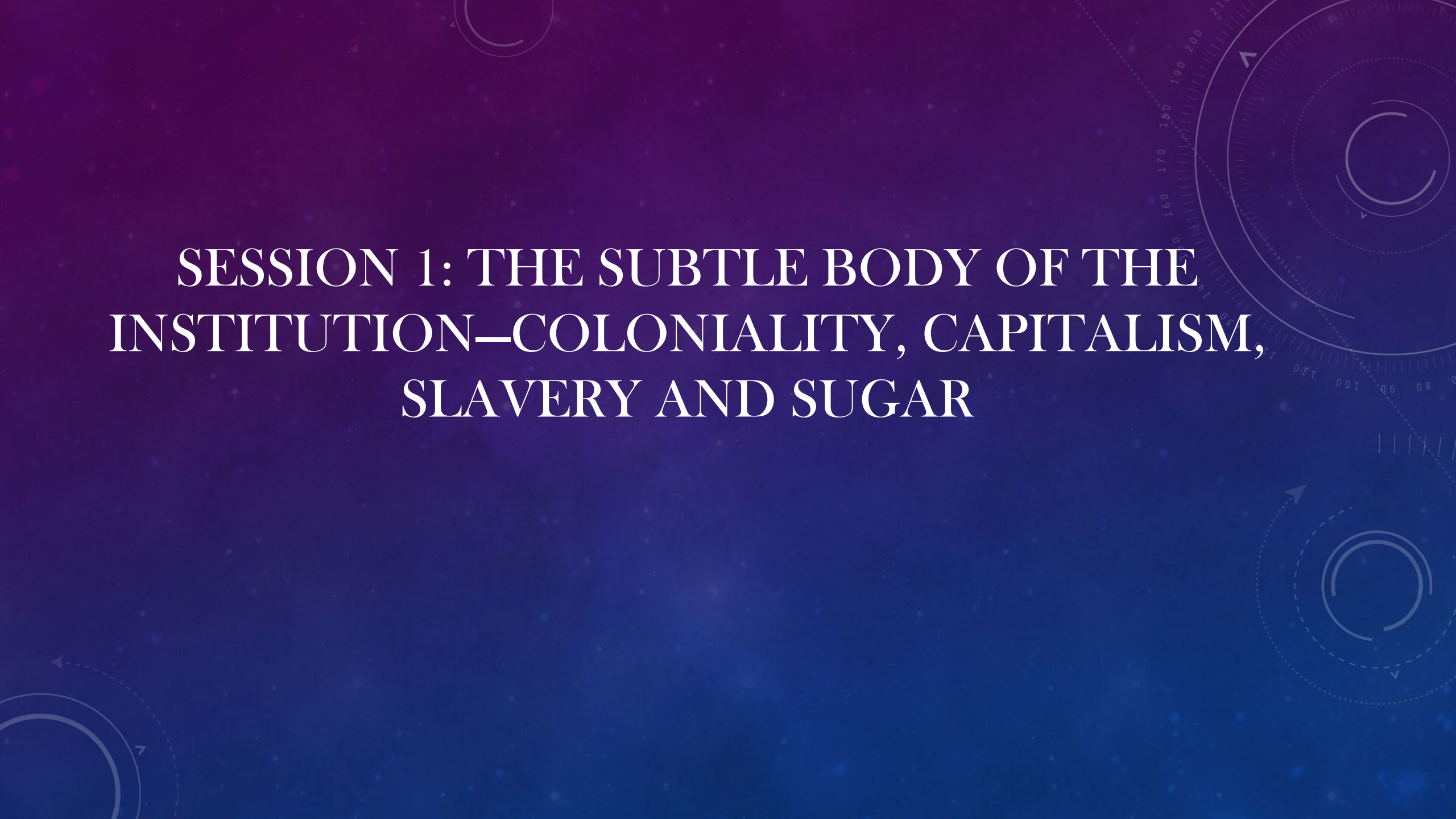






SESSION 3: PEACE WALK AND INTEGRATION—EMERGENT STRATEGY AND EMBODIED ACTIVISM

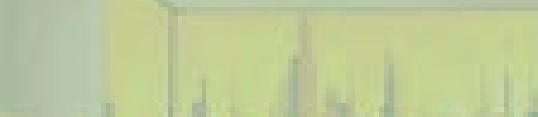


The background is a dark blue gradient with a subtle pattern of small white stars. Overlaid on this are several faint, light blue technical diagrams. These include circular gauges with numerical scales (0, 100, 180, 200, 210) and arrows, and various concentric circles and dashed lines, suggesting a theme of science, technology, or complex systems.

SESSION 1: THE SUBTLE BODY OF THE
INSTITUTION—COLONIALITY, CAPITALISM,
SLAVERY AND SUGAR



RACIAL CAPITALISM



COLONIALITY AND CREATING
THE MARGINS:

HOW RACIAL CAPITALISM WAS
CONCEIVED

ANCIENT PRE-COLONIAL SUGAR PRODUCTION

10,000 years ago: Sugar distillation begins in New Guinea

3,000 years ago: Sugar production moves across the Pacific toward India

Sugar is mostly chewed until India began squeezing it to produce another form.

PRE- TO POST-COLONIAL SUGAR PRODUCTION

632 CE: Islam spreads and prompts discovery of sugar

710 CE: Sugar reeds reach Egypt with peak production from 1000 to 1350 CE

900 to 1500 CE: Iberian peninsula achieves peak sugar production.

1492 to 1502 CE: Early colonial period, Spain expels Moors.



SUGAR AND COLONIALISM: 'WHITE GOLD'

Portugal & Spain
enter the sugar
production
business.

1518: Portuguese
colonized Brazil and
began first sugar
plantation.

18th century: The
center of sugar
production shifts to
St. Domingue (Haiti)

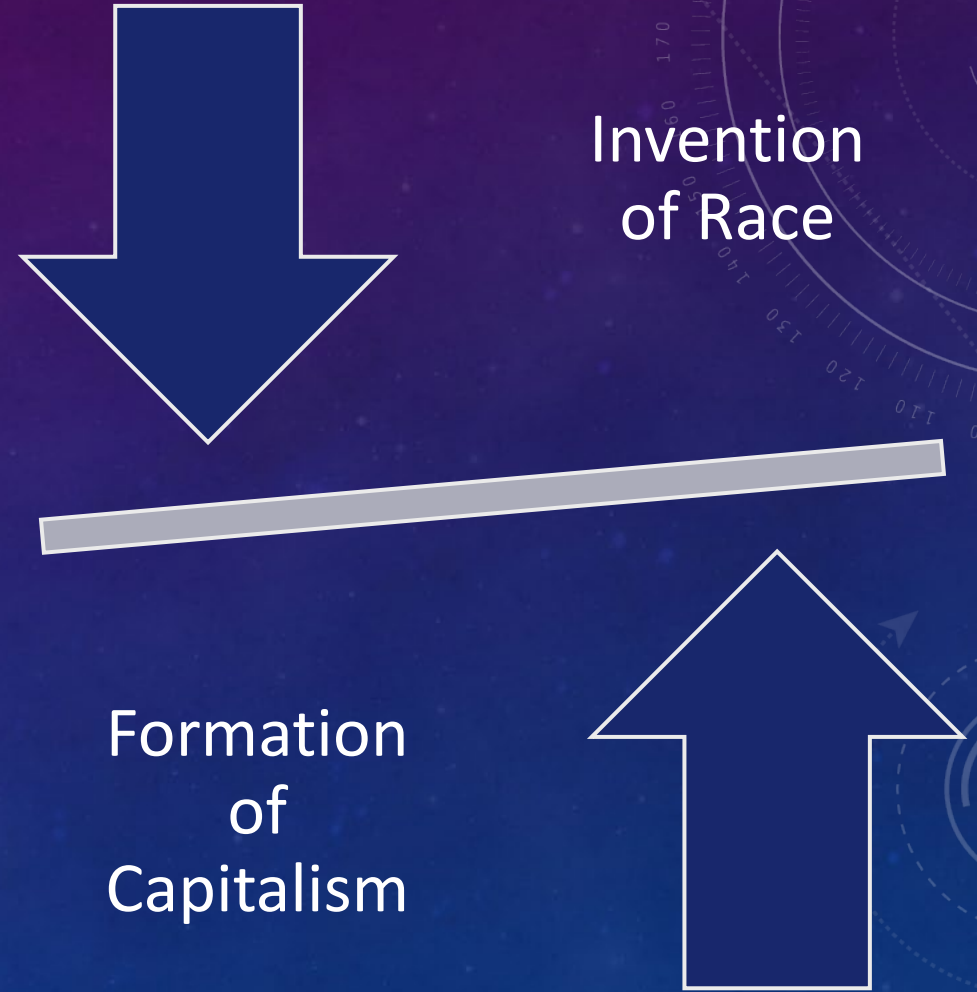
19th century: Core of
sugar production shifts
to Cuba & Louisiana,
then Hawaii

WHAT IS COLONIALITY?

Coloniality rests on two Axes:

The invention of Race

The logic and practices of Capitalism in
Modernity

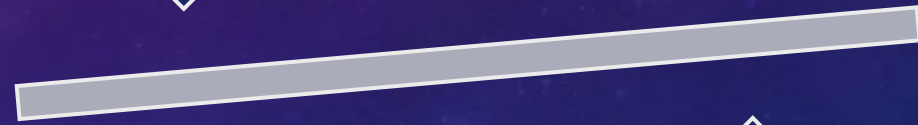


EURO-CENTERED CAPITALISM AS A NEW GLOBAL POWER

“One of the fundamental axes of this [new] model of power is the social classification of the world’s population around the idea of race, a mental construction that expresses the basic experience of colonial domination and pervades the more important dimension of global power, including its specific rationality: Eurocentrism. The racial axis has a colonial origin and character, but it has proven to be more durable and stable than colonialism [itself].”



Invention
of Race



Formation
of
Capitalism



HOW?

“In the beginning, colonialism was a product of a systemic repression, not only of the specific beliefs, ideas, images, symbols or knowledge that were not useful to the global project, while at the same time expropriating/extracting from the colonized their knowledge, especially in mining, agriculture, engineering, along with their products and work. The repression fell predominantly over the modes of knowing, or producing knowledge, of producing perspectives, images and systems of images, symbols, modes of signification, over the resources (land/earth), patterns and instruments of formal self-expression of a people, of their beliefs and their expressions of the sacred/supernatural”



Image of Bacon's Rebellion, 1672

THE RACIALIZED BODY & CREATING THE MARGINS

Center

- European
- Male
- Affluent (Class)
- Logic/Reason
- The Mind
- Thin

Periphery

- Indigenous
- Female
- Impoverished (Class)
- Emotions/Intuition
- Work with hands (Labor)
- The Body
- Nature
- Fat

Exploitation of the periphery brings benefit to the center and this dynamic creates dependence of the periphery on the center.

(Dussel, Philosophy of Liberation)



WHAT IS CAPITALISM?

- Capitalism is an economic system based on the private ownership of the means of production and their operation for profit. Characteristics central to capitalism include private property, capital accumulation, wage labor, voluntary exchange, an economic system characterized by private or corporate ownership of capital goods, by investments that are determined by private decision, and by prices, production, and the distribution of goods that are determined mainly by competition in a free market.

HOW MUCH MONEY ARE WE TALKING?



“...by 1860, there were more millionaires (slaveholders all) living in the lower Mississippi Valley than anywhere else in the United States. In the same year, the nearly 4 million American slaves were worth some \$3.5 billion, making them the largest single financial asset in the entire U.S. economy, worth more than all manufacturing and railroads combined. So, of course, the war was rooted in these two expanding and competing economies—but competing over what? What eventually tore asunder America's political culture was slavery's expansion into the Western territories.”

*\$3 billion (1860) = \$92,882,168,674 (2020) *



10 Not So Sweet



Facts About



The Sugar Industry



DIALOGUE & DISCUSSION

- When thinking about your entry point into the wellness work within communities, do you recognize aspects of the work that do not support the whole person, but instead operates in disjointed parts? **Name aspects of your work that are not holistic.**
- Recall an experience where you attempted to address this non-holistic view head on and share that experience within your triad. What are three significant ah-ha's or takeaways from that experience?

