

5.08 ELEVATED BLOOD PRESSURE IN THIRD TRIMESTER/POSTPARTUM – PUBLIC COMMENT

BLS – FAQ Link

APRIL 2024

DRAFT
VERSION

Assess **Vital Signs**, ABC's and responsiveness, **Oxygen** PRN

Maintain quiet, dim environment
Assess for other significant signs and symptoms of Pre-Eclampsia:

- Altered Mental Status
- floaters or blurred vision
- pulmonary/peripheral edema
- severe headache

Monitor for signs of progression to Eclampsia: Altered mental status, coma or seizure

ALS

IV/IO of **Normal Saline** TKO.

Magnesium Sulfate
6 grams IV/IO

--or--

10 grams IM (5 grams each buttock)


Report any incident of suspected domestic violence to emergency department staff

Comments

- Elevated blood pressure in Third Trimester/Postpartum: SBP > 160, DBP > 110
- Pre-Eclampsia can happen in women up to 6 weeks **postpartum**

Effective: xxxxxx
Supersedes: NEW

5.08 Elevated Blood Pressure in Third Trimester/Postpartum – Public Comment April 2024

BLS Treatment
<ul style="list-style-type: none">• Elevated blood pressure in Third Trimester/Postpartum: SBP > 160, DBP > 110• Assess for other significant signs and symptoms of Pre-Eclampsia: hypertension (SBP > 160, DBP > 90), AMS, floaters or blurred vision, “spots” before the eyes, pulmonary/peripheral edema or severe headache.• Assess Monitor for signs of progression to Eclampsia: Altered mental status, coma or seizure.• Maintain quiet, dim environment (see Comments below).• Monitor VS every 5 minutes if significant signs and symptoms.• Oxygen PRN
ALS Treatment (for Eclampsia only)
<ul style="list-style-type: none">• IV/IO with Normal Saline TKO.• Administer 6 grams IV/IO or 10 grams IM (if IV access not available) of Magnesium Sulfate
Comments
<ul style="list-style-type: none">• Pre-Eclampsia can happen in women up to 6 weeks postpartum