

2.02 ALLERGIC REACTION EMSAC May 2023

BLS Treatment – ALL Allergic Reactions	
<ul style="list-style-type: none">• Position of comfort.• NPO• Oxygen as indicated.• May help patient administer their personal EpiPen autoinjector or equivalent product.• If patient does not have a personal autoinjector, give IM EpiPen autoinjector or equivalent product for suspected anaphylaxis and/or severe asthma if EMT has been trained.	
ALS Treatment - SPECIFIC Allergic Reactions	
	<p style="text-align: center;">MILD ALLERGIC REACTION Hives, rash and/or itching</p>
<ul style="list-style-type: none">• Diphenhydramine	
	<p style="text-align: center;">ANAPHYLAXIS (SYSTEM REACTION) <u>WITHOUT</u> SHOCK</p> <p>Normal blood pressure with any 2 body systems involved, such as: hives, rash, wheezing, cough, chest tightness, stridor, grunting, swallowing difficulty and/or throat tightness, lip/facial swelling, anxiousness, abdominal cramping, nausea/vomiting.</p>
<ul style="list-style-type: none">• IM Epinephrine• Establish IV/IO Normal Saline TKO• Diphenhydramine• Albuterol	
	<p style="text-align: center;">ANAPHYLAXIS <u>WITH</u> SHOCK</p> <p>Low blood pressure with signs of hypoperfusion, such as: altered mental status, agitation, restlessness, somnolence, poor skin signs (pale, cool, diaphoretic, and/or cyanotic), low SpO₂, delayed or poor capillary refill.</p>
<ul style="list-style-type: none">• Same treatments as in Anaphylaxis Without Shock but if no response to IM Epinephrine and fluid bolus, administer IV/IO Epinephrine infusion.	

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