5.08 ELEVATED BLOOD PRESSURE IN THIRD TRIMESTER/POSTPARTUM

BLS – FAQ Link

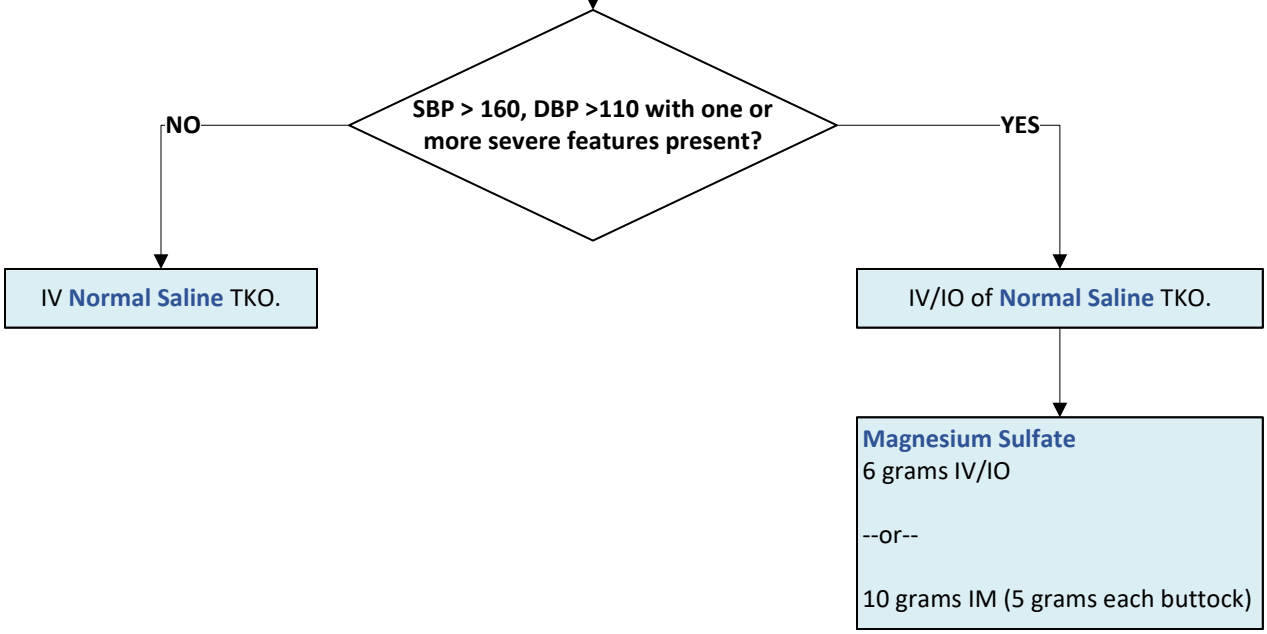
Elevated blood pressure greater than 20 weeks gestational age up to 6 weeks postpartum SBP > 160, DBP > 110

Assess for other significant signs and symptoms of Pre-Eclampsia with any of the severe features:

- Altered Mental Status
- floaters or blurred vision
- pulmonary/peripheral edema
- severe headache

Monitor for signs of progression to Eclampsia: Altered mental status, coma or seizure
Maintain quiet, dim environment
Oxygen PRN

ALS



Comments
• Pre-Eclampsia can happen up to 6 weeks postpartum

Effective: 10/01/24
Supersedes: NEW

5.08 Elevated Blood Pressure in Third Trimester/Postpartum

BLS Treatment
• Elevated blood pressure greater than 20 weeks gestational age up to 6 weeks postpartum SBP > 160, DBP > 110 • Assess for other significant signs and symptoms of Pre-Eclampsia: AMS, floaters or blurred vision, pulmonary/peripheral edema or severe headache. • Monitor for signs of progression to Eclampsia: Altered mental status, coma or seizure. • Maintain quiet, dim environment **Oxygen** PRN
ALS Treatment
• IV/IO with **Normal Saline** TKO. • Administer 6 grams IV/IO or 10 grams IM (If IV access not available) of **Magnesium Sulfate**
Comments
• Pre-Eclampsia can happen up to 6 weeks postpartum