

# Meet

## THE EMS FELLOWS



**MIKAELA MIDDLETON**  
MD, RN, EMT (she/her/hers)

Dr. Mikaela Middleton grew up in the Finger Lakes of NY. She began her journey in emergency medicine first as an emergency medical technician more than 20 years ago. She is excited to return to Northern California where she was previously stationed as a trauma nurse and disaster team chief at Travis Air Force Base along with ski patrolling in Lake Tahoe. She completed medical school at the University of Washington where she spent much of her time as an active member of the school's Service Learning Advisory Committee. Much of her clinical training was spent in Alaska, where she coordinated educational programs for fellow students to learn more about Alaska Native and American Indian healthcare practices and traditions. She completed her Emergency Medicine residency at the University at Buffalo, she is a member of the EMS track where she teaches EMS clinicians and serves on the Physician Response Team providing on-scene medical direction. Her other interests in emergency medicine include medical education, addiction medicine, social aspects of emergency care, and LGBTQ2IA+ care. She teaches healthcare clinicians how to provide affirming care to transgender and gender diverse patients. She has served on a working group as part of NAEMSP's Diversity, Equity and Inclusion (DEI) Policy Subcommittee (with faculty mentor and UCSF residency and EMS fellowship alum, Dr. Tim Hong) to help roll out the new transgender clinical care guidelines. When she is not in the ED or doing EMS related duties she enjoys live concerts, trail running, biking, skiing, hockey, scuba diving, trying new foods, and travel.



**AMELIA GURLEY**  
MD (she/her/hers)

Dr. Amelia L. Gurley is a proud Bay Area native, born here in San Francisco. After completing bachelor's and master's degrees in history and politics at Oxford in the UK, she was lucky enough to get a part-time job as a medical scribe with San Francisco DPH, which opened her eyes to the possibilities of medicine. She has since completed her MD at Brown and an emergency medicine residency at the busy UC Riverside, where she fell in love with EMS while teaching point-of-care ultrasound to TUMS (Mexico EMT- and paramedic-equivalent technicians) in Tijuana and working with UC Riverside student medics teaching workshops and supervising event medicine. This year, she is working to further her interests in research, social disparities of health and health equity, street medicine, disaster preparedness, SIM, and medical education as an EMS fellow. Her interests outside of medicine include cooking, hiking, long-distance running, and learning foreign languages.