



City and County of San Francisco
London N. Breed
Mayor



Trainee/Internship at Chinatown Child Development Center (CCDC)

About CCDC

Chinatown Child Development Center (CCDC) is a comprehensive, community behavioral health clinic that is part of City and County of San Francisco Department of Public Health, Behavioral Health Services (BHS), Children, Youth & Families (CYF) System of Care. CCDC serves children and adolescents, age birth to 18 years, and their families who are residents of San Francisco and who have Medi-Cal, Healthy Families/Healthy Kids, or no insurance coverage.

CCDC History

Mental services were severely under-utilized by the Chinese Community in Chinatown in the 1970's. At that time, there was only one Chinese child being served in the SF mental health system. Chinatown Child Development Center (CCDC) was founded in 1973 under a grant from the National Institute of Mental Health (NIMH) to provide culturally sensitive and innovative outpatient mental health to the Chinese American community. The grant was an eight-year decreasing grant. The City and County of San Francisco recognized the need and proportionately increased its contribution to CCDC's budget as NIMH decreased its funding. In 1976, CCDC became a civil service program within the City and County of San Francisco Department of Public Health (SF DPH).

CCDC Mission & Philosophy

CCDC's Mission is to promote the social-emotional well-being of children, youth, and their families in San Francisco by providing comprehensive mental health services which are easily accessible and linguistically and culturally appropriate.

CCDC is committed to the principle that mental health services shall be located within the community and easily accessible to the residents. These services shall also be provided by qualified staff who respect the traditions, cultures and beliefs of each client and are competent in the representative languages and backgrounds of the residents.

As the Chinese speaking population is the predominant ethnic-linguistic group in the Chinatown area, the clinic staffing includes bilingual and bicultural professional staff dedicated to supporting the rich cultural heritage of Chinese Americans and other ethnic groups. Staff language capacities have included Cantonese, Mandarin, other Chinese dialects, as well as Vietnamese, Spanish, and English.

CCDC Professional Staff & Interns

The team at CCDC is multidisciplinary and includes various disciplines such as Social Workers, Marriage & Family Therapists, Psychiatrist, Health Workers, Psychologist, as well as administrative staff.

Each academic year, CCDC accepts up to 4 Interns from local programs for social work, counseling, and clinical psychology disciplines.

Trainees/Interns Duties & Responsibilities

- *Treatment responsibilities for 4 -6 cases (depending upon the level of trainee's training, experience, and case complexity)
- *Co-lead a therapeutic group (i.e. preschool, latency, adolescent, parents) if available
- *Attend weekly individual supervision, group supervision and other staff meeting/training as indicated.
- *Provide supervisor with significant case developments on a timely basis
- *Attend case conferences, in-services and other trainings offered by the SF DPH Behavioral Health System (BHS), Children's System of Care Training Program, and Chinatown Child Development Center
- *Present at least one case at a formal conference
- *Maintain timely and complete case records and other required Medi-Cal documentation
- *Maintain confidentiality, follow mandated reporting laws, continually assess for risk and dangerousness, and always obtain consent for treatment and release of information from legally appropriate persons
- *Other related duties and tasks as assigned.

BHS/CCDC Training

All Trainees and Interns at CCDC will complete orientation and trainings available through the Behavioral Health Services (BHS) Training Department as well as those that are specific to CCDC. These include orientation to the Department of Public Health System of Care, BHS P&P's, Privacy Policies, Cultural Competency/Humility, harm-reduction policy, documentation standards, and mandatory reporting requirements.

In addition, didactic training is provided on a wide range of clinical topics such as:

- *Trauma Informed Care
- *Reflective Practice
- *Family Systems Theory
- *Client Engagement and Rapport
- *Motivational Interviewing
- *Case Management & Utilizing Community Resources
- *Coordination & Integrated Care
- *Law & Ethics
- *Special Client Populations such as API, LGBTQAAI, DV, Child Abuse
- *Transference/Countertransference
- *Termination Issues

BHS Multicultural Stipend Student Program (MSSP)

MSSP is aimed at providing support to students interested in public sector work, working with populations with health disparities and shortages of culturally and linguistically competent staff. Depending on funding, stipends are awarded to a limited number of applicants interning at SF DPH Behavioral Health Services (BHS). Placement/Internship at CCDC or any other BHS Clinic does not guarantee that a stipend from SF BHS will be rewarded to the applicant.



CCDC Services

Services provided at CCDC include:

- *Individual Therapy
- *Group Therapy
- *Family Therapy
- *Psychological Evaluations
- *Assessments (Inc AB3632)
- *Diagnostic Testing
- *Case Management
- *Intensive Case Management
- *Psychiatry
- *Referrals & Linkages to Services and Resources
- *Consultation to Schools & Community Organizations
- *Specialized Services and Consultations based on Community Need

CCDC offers both services in person and via telehealth on site at the clinic and at other community-based sites as indicated such as at the client's school or the client's home. CCDC is currently providing on-site and/or telehealth therapy services at a number of SF schools including Yick Wo Alternative Elementary, Gordon J. Lau Elementary, Spring Valley Elementary, Jean Parker Elementary, Tenderloin Community, Redding Elementary, and Francisco Middle School. Depending on the liability insurance of the Intern's Program, the Intern may or may not be able to provide school-based services.

Applying at CCDC for Placement

To apply, send a cover letter, 2 letters of references, and resume to:

Chinatown Child Development Center
Attn: Training Coordinator
720 Sacramento Street
San Francisco, CA 94108

Bilingual and bicultural candidates are strongly encouraged to apply for internship placement at CCDC, especially those that speak Cantonese, Mandarin, or Vietnamese. Due to the training schedule for BHS Interns on Wednesdays as well as the CCDC staff trainings on Thursdays, candidates should prioritize their placement days on Wednesdays and Thursdays at CCDC maximize didactic trainings and client contact hours, especially those hours after school.

Contact Us

Chinatown Child Development Center
720 Sacramento Street, San Francisco, CA 94108
Tel: (628)217-6450
Fax: (628)217-6460

<https://www.sfdph.org/dph/comupg/oservices/mentalHlth/CBHS/Internships.asp>

