Life Course Mapping Activity

The goal of this activity is to map out the life course stages of workforce development, focusing on key transitions individuals go through, the challenges they face, and the services and support they need. The outcome will help guide improvements to San Francisco's citywide workforce system, ensuring it meets the needs of people at every stage of life.

Prenatal/Infancy
Under 1 year old

Early Childhood
1 - 4 years old

School Age
5 - 18 years old

Transition
XX - XX years old

Adulthood
XX - XX years old

Older Adults
Over XX years old

Worker Stages Focus on major transitions or shifts people experience at each life stage	Pre-Workforce Entry	Career Exploration & Early Skill Development	Workforce Entry	Career Advancement and Skill Building	Life Transitions and Re-Entry	Pre-Retirement and Workforce Transition	Post-Retirement and Workforce Return
Age Stage							
Worker Strengths List the protective factors for this life stage which improve long-term economic outcomes for workers.	Type your paragraph... Type your paragraph... Family Support	Network Development					
Barriers to Work List the risk factors for this life stage which decrease economic outcomes or workers.	lack of working role models	Skills on Job/ Understanding the workforce Lack of opportunity	Languages/ Immigrant/ Culture differences Workplace Experience	Career Pathway	Generation Gap in the Workforce Market	Lack of skills	Generational Gap
Opportunities for Support What individuals need to successfully navigate this stage.	mentorship On the Job training support services		career counseling financial literacy programs Job search assistance Training	leadership development reskilling programs apprentice-ships training programs networking opportunities	supportive services specialized training programs	mentorship One on One Consultant of continuing employment Retirement planning resources	retraining programs Skill Develope
Current Services & Programs List existing or potential services/ programs that address the identified support opportunities.	Jwell & Myyeep						
Success Indicators What success looks like for individuals at this stage.							