



# SAN FRANCISCO CITY CLINIC



**San Francisco Health Commission, 19 November 2024**

Oliver Bacon, Medical Director

Franco Chevalier, Deputy Medical Director

Christopher Ruiz, Biomedical Prevention Coordinator

**STI/HIV Program**

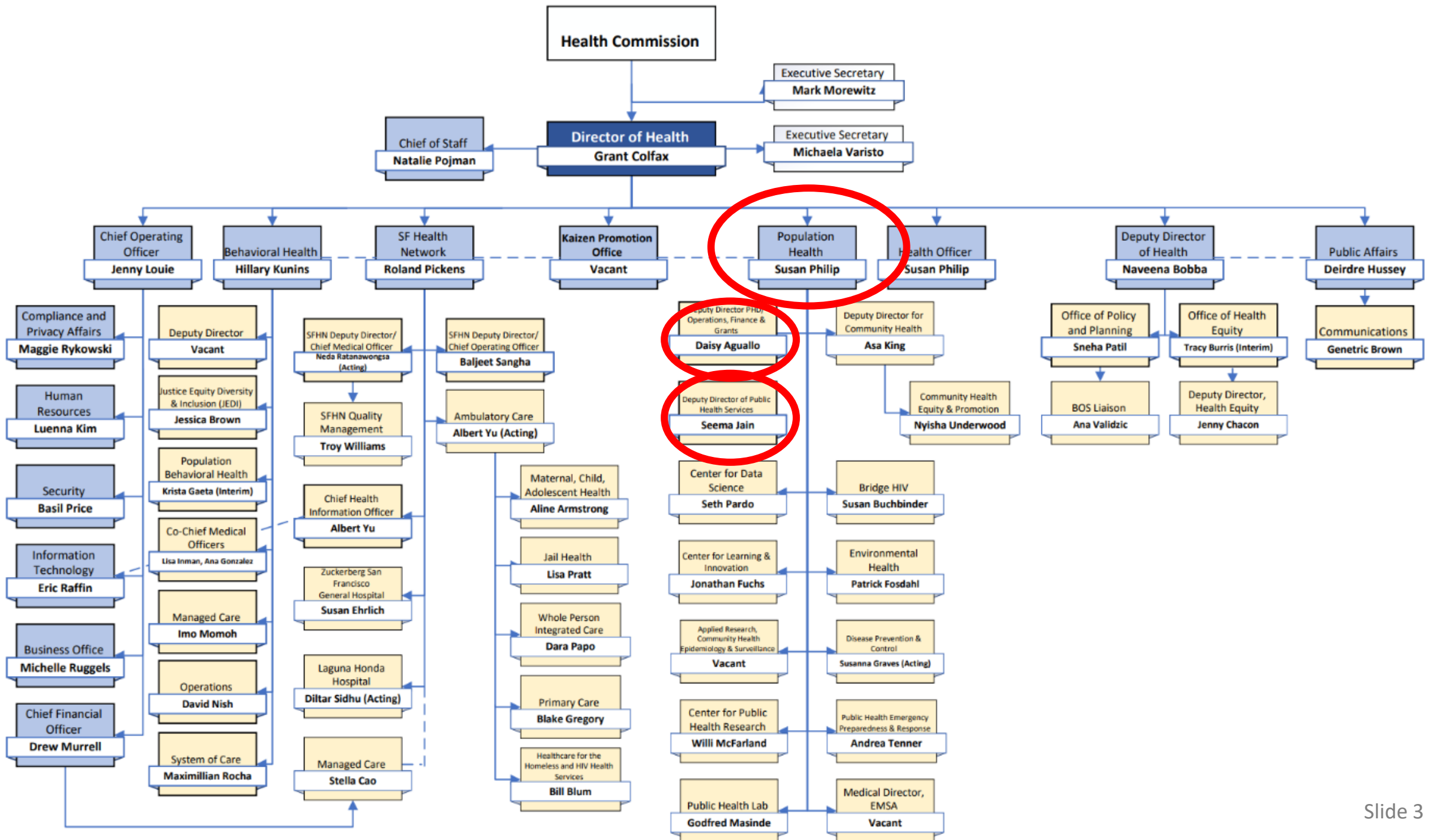


**POPULATION HEALTH DIVISION**  
SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH

# Agenda

- City Clinic within the SFPDH
- Our services and approach to care
- Low barrier access for all
- Innovative programming at City Clinic to address syndemics, affected populations
  - Biomedical HIV and STI prevention services;
    - HIV Pre-Exposure Prophylaxis (PrEP)
    - Doxycycline post-exposure prophylaxis (doxy-PEP)
  - Getting to Zero and HIV services
  - Community engagement and outreach

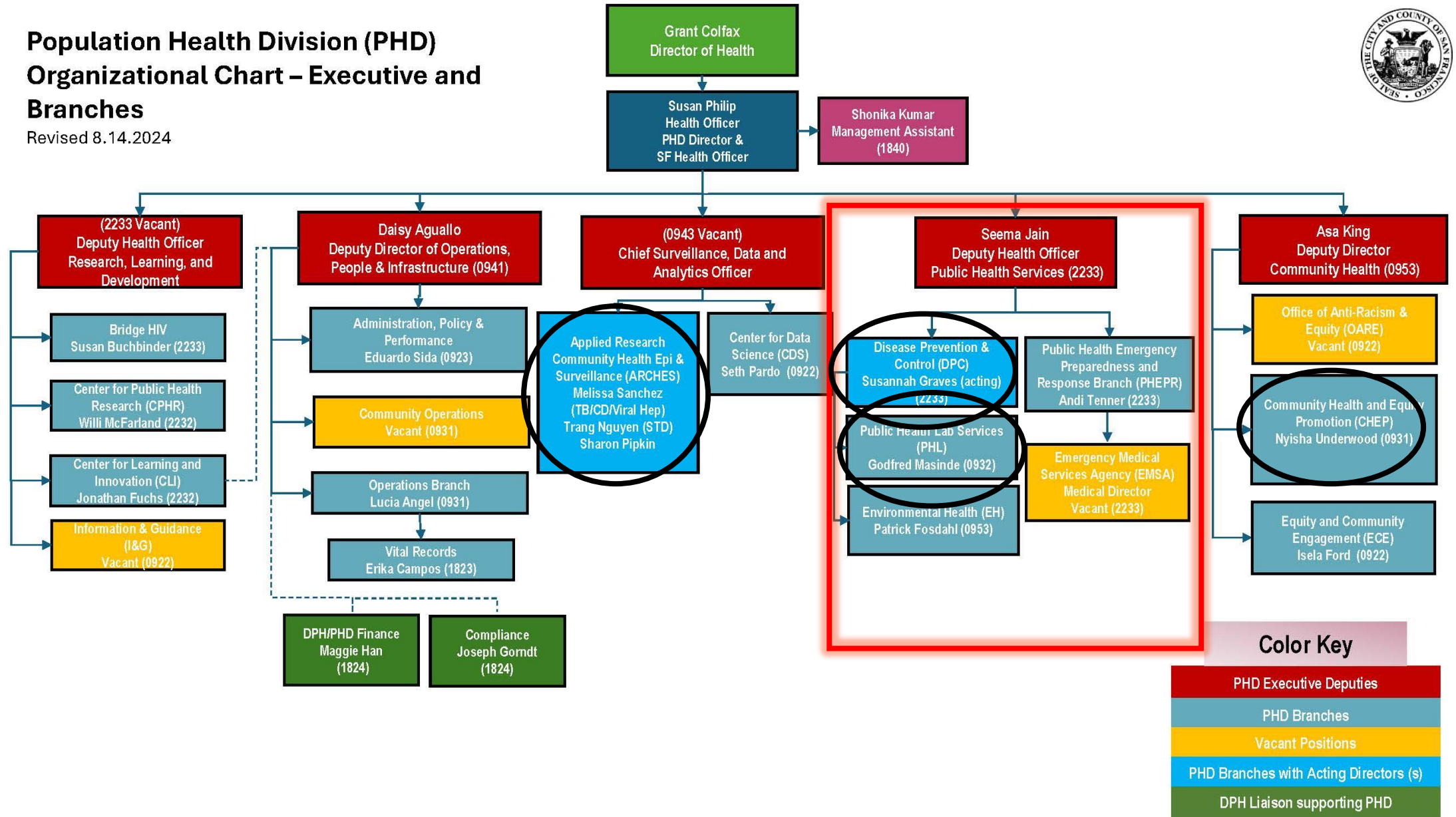






# Population Health Division (PHD) Organizational Chart – Executive and Branches

Revised 8.14.2024





Known for our expertise. **Loved for our care.**

San Francisco City Clinic is a trusted source for sexual health services and information, known for our experienced professionals and commitment to delivering compassionate, high-quality care for over 100 years.

- Center of excellence for Sexual Health
- Accessible
- STI and HIV prevention, testing, treatment
- Reproductive health
- Training hub
- Research
- <https://www.sfcityclinic.org/>

**In 2023 City Clinic saw:**

- **6060 individual patients**
- **11,856 patient-visits**



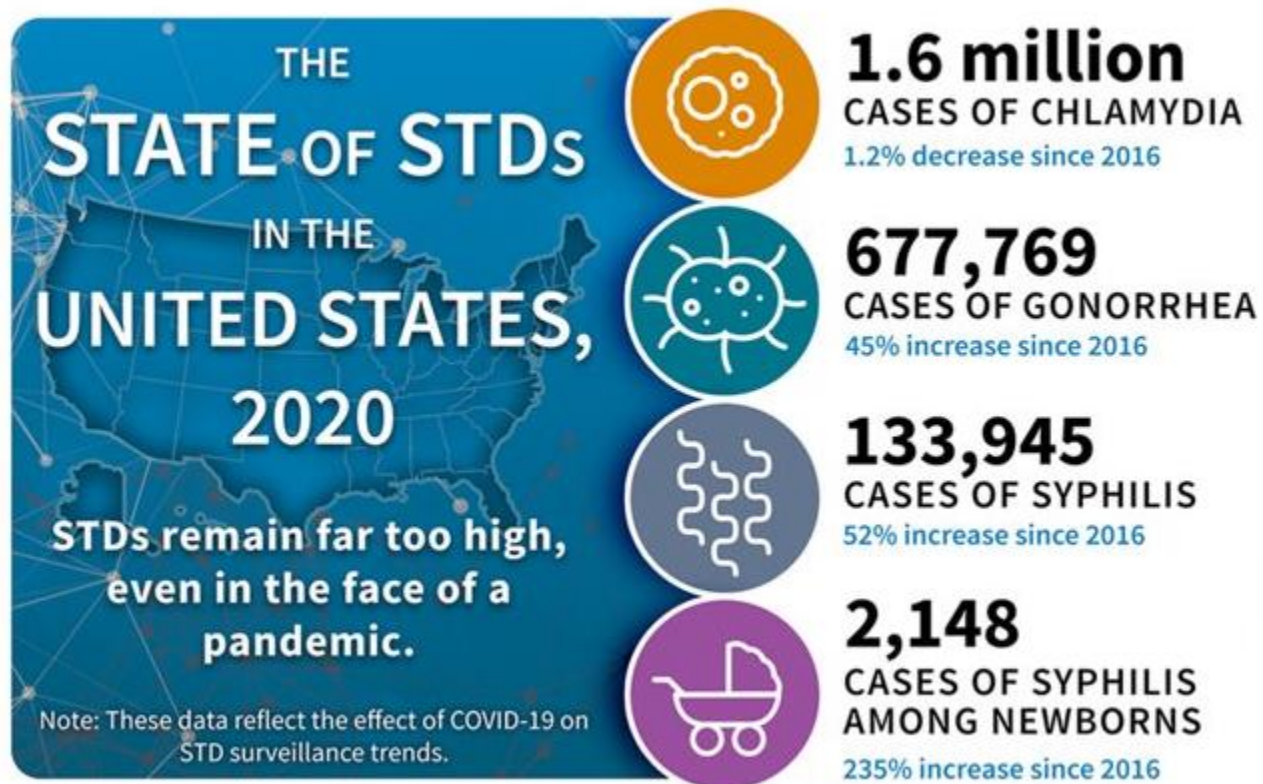
# City Clinic in patients' words

*"The facility and staffing is comparable, or better than any private medical clinic. If you have STI symptoms and are needing care and attention immediately, go to the city clinic. They will do you right!"*

*"[...]this is a much better place to get your dipstick checked than your regular doctor because this is all they do all day long [...] Many general practitioners will just do a urine test for a lot of STIs which is not enough. At this clinic they make sure they are not missing anything."*

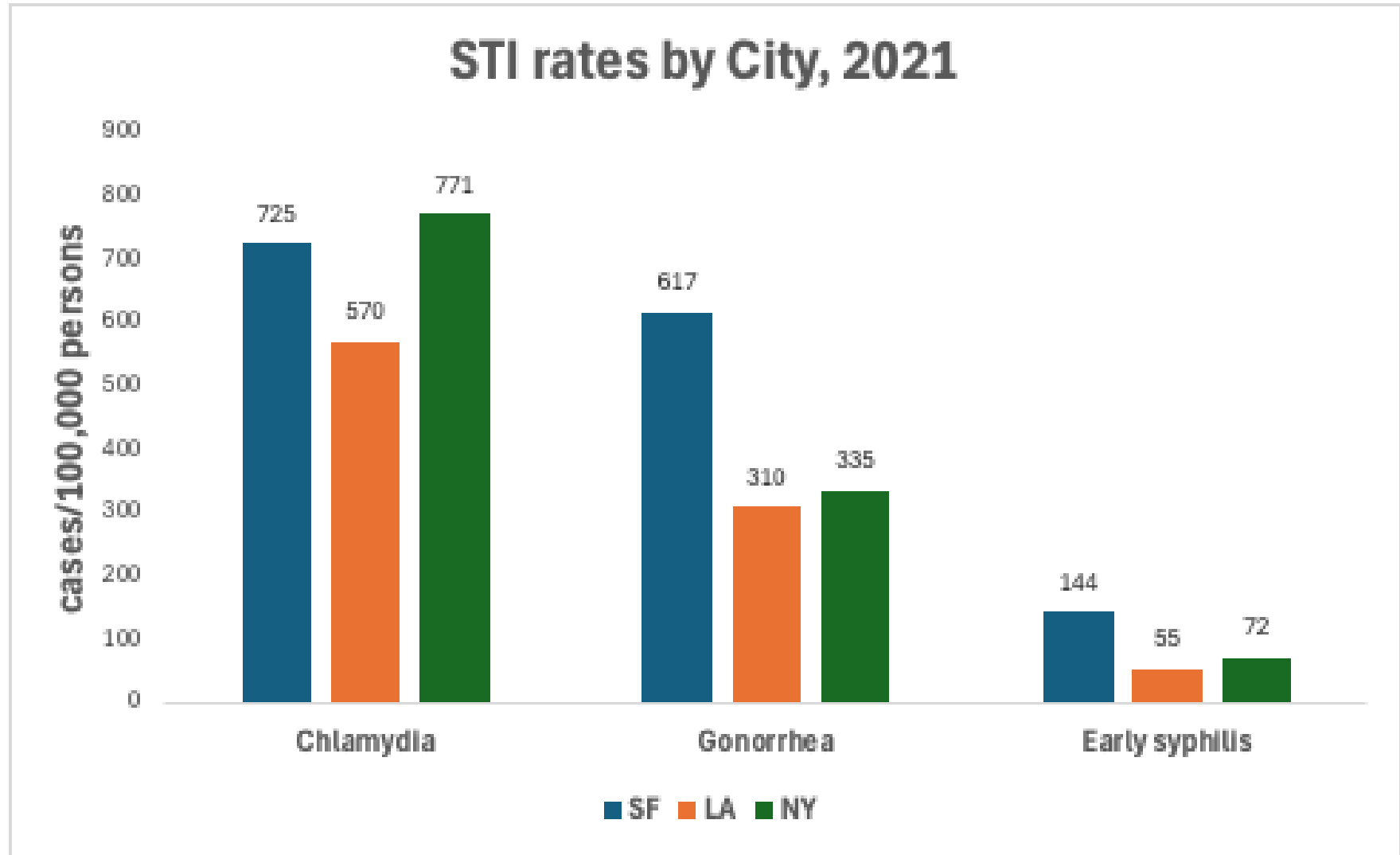
*"The kindest, gentlest, most well-informed clinic I've ever seen. They are fast, efficient & non-judgmental. They really listen to your concerns and answer your questions. If you're having sex, you owe it to your partners and yourself to know your status."*

# The US is experiencing steep, sustained increases in sexually transmitted infections



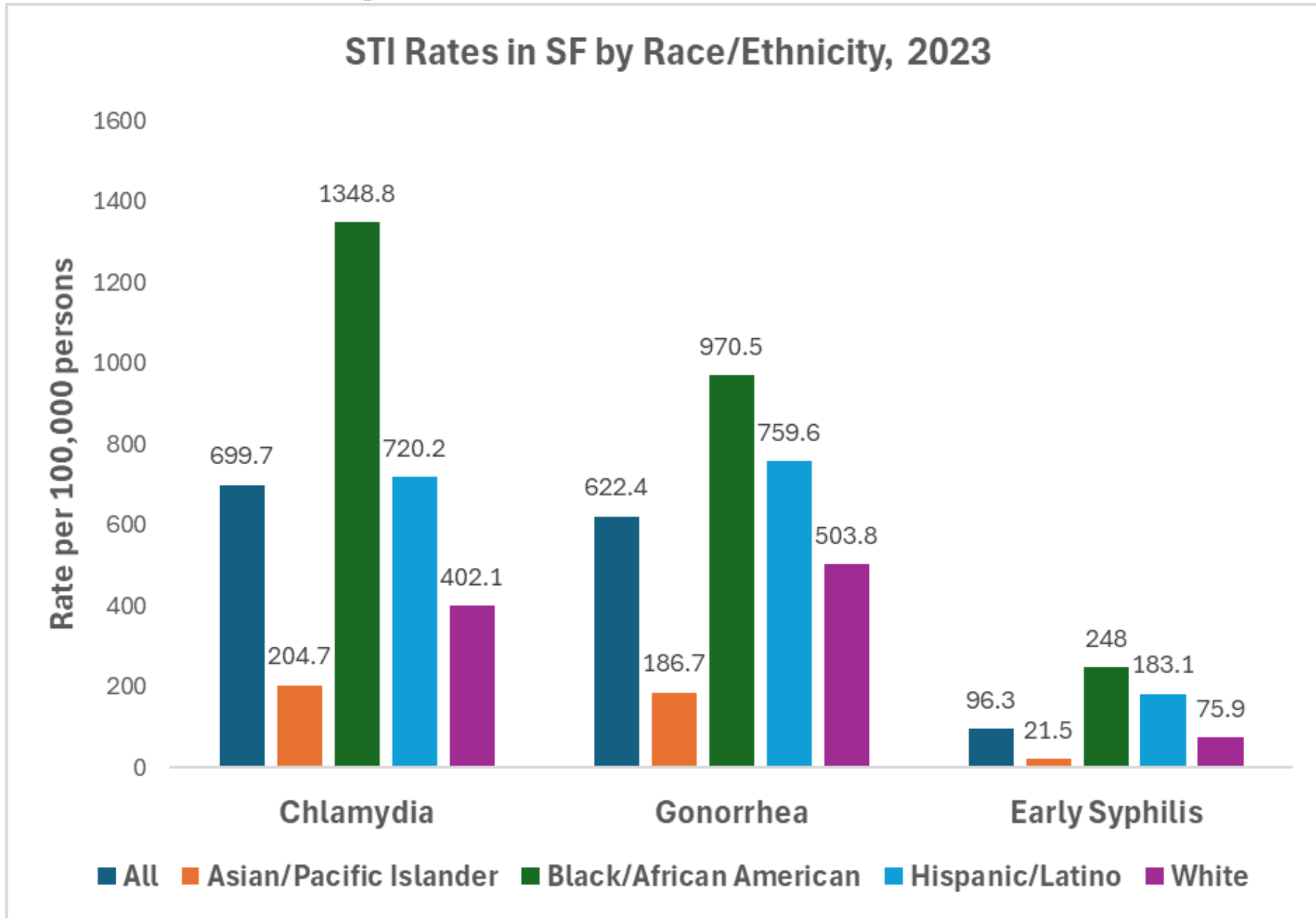
Source: CDC

# SF has some of the highest STI rates in the U.S. City Clinic plays a vital role in controlling them

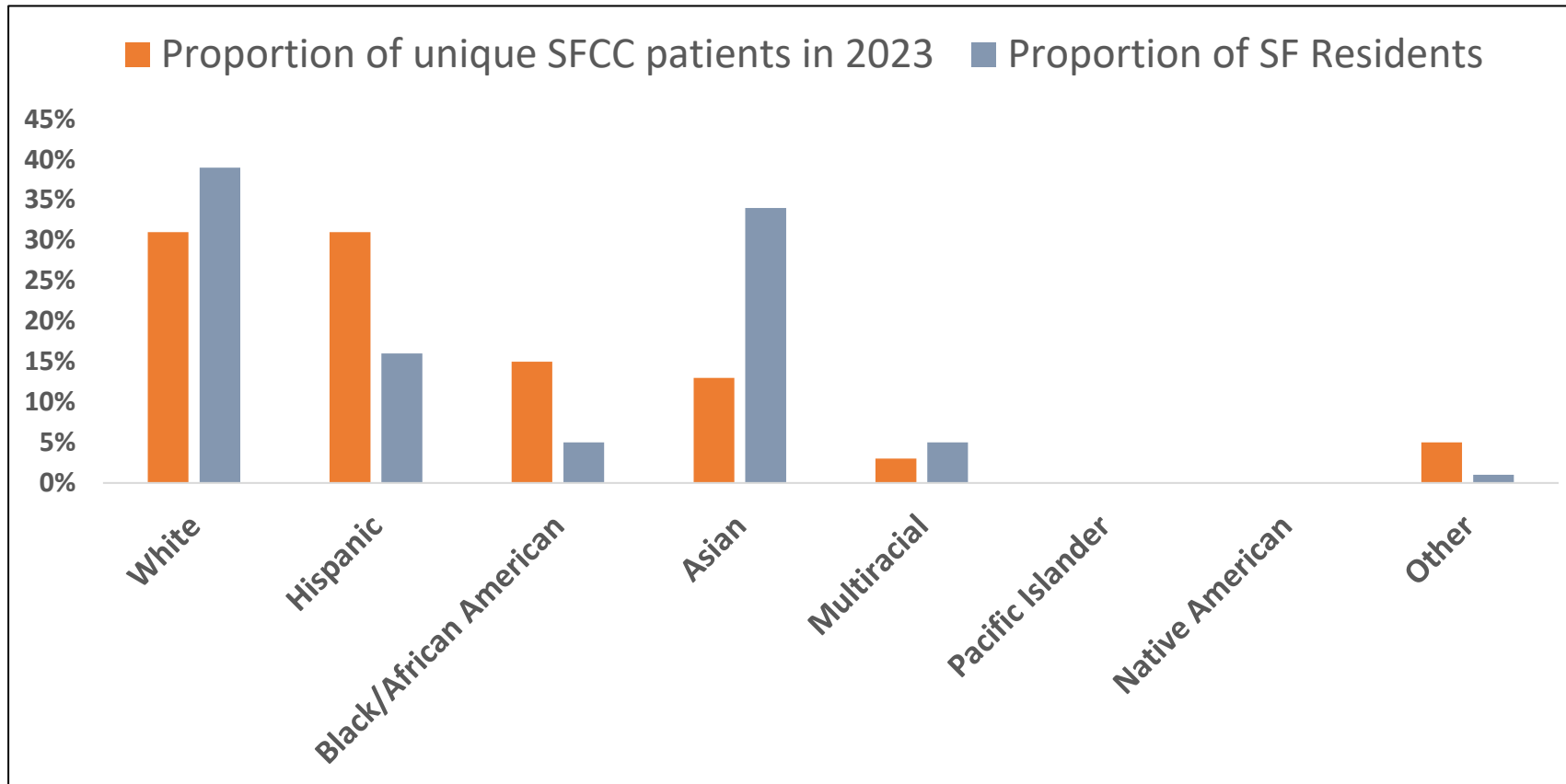




# Racial/ethnic disparities in STI rates in SF



# City Clinic serves a higher proportion of Hispanic and Black/African-American persons than represented in SF\*.



## In 2023, diagnosed

- 7 % of chlamydia
- 12 % of gonorrhea
- 14 % of early syphilis

## cases in San Francisco

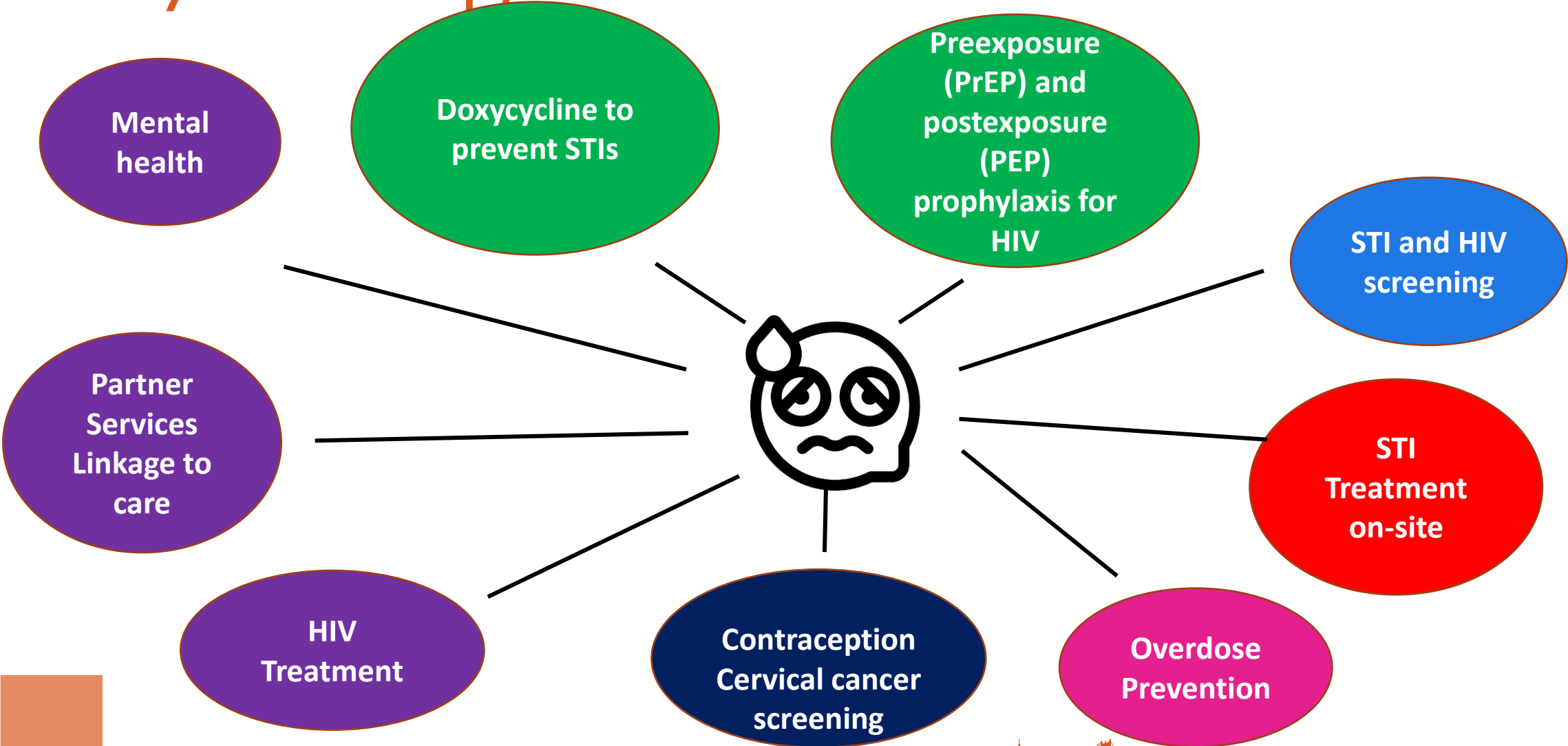
\* Based on 2020 US  
Census Data

# To serve its public health mission, City Clinic is for all who live, work, play, or study in SF

- All care free-of-charge
- 40% of patients uninsured
- Same-day, next-day, walk-in appts
- Expertise
- Expedited diagnosis and treatment
- Feel safe talking about sex here
- STIs are a “great equalizer”



# Syndemic approach to sexual health services



# City Clinic has been a national leader in biomedical prevention for HIV and STIs

Research

## Original Investigation

### Preexposure Prophylaxis for HIV Infection Integrated With Municipal- and Community-Based Sexual Health Services

Albert Y. Liu, MD, MPH; Stephanie E. Cohen, MD, MPH; Eric Vittinghoff; Susanne Doblecki-Lewis, MD; Oliver Bacon, MD, MPH; Wairimu Chege; Tim Matheson, PhD; K. Rivet Amico, PhD; Teri Liegler, PhD; M. Keith F. Robert Wilder Blue, MSW; Yannine Estrada, PhD; Megan E. Coleman, MD; Daniel J. Feaster, PhD; Robert Grant, MD, MPH; Susan S. Philip, MD, M; Susan Buchbinder, MD; Michael A. Kolber, PhD, MD

**IMPORTANCE** Several randomized clinical trials have demonstrated preexposure prophylaxis (PrEP) in preventing human immunodeficiency virus (HIV) acquisition. Little is known about adherence to the regimen or effectiveness when PrEP is implemented in clinics that treat sexually transmitted infections (STIs) and community-based clinics serving men who have sex with men.

Curr HIV/AIDS Rep (2016) 13:116–124  
DOI 10.1007/s11904-016-0308-x

THE SCIENCE OF PREVENTION (JD STEKLER AND J BAETEN, SECTION EDITORS)

### Successful Implementation of HIV Preexposure Prophylaxis: Lessons Learned From Three Clinical Settings

Julia L. Marcus<sup>1</sup> · Jonathan E. Volk<sup>2</sup> · Jess Pinder<sup>3</sup> · Albert Y. Liu<sup>4</sup> · Oliver Bacon<sup>4</sup> · C. Bradley Hare<sup>2</sup> · Stephanie E. Cohen<sup>4</sup>

Published online: 22 February 2016  
© Springer Science+Business Media New York 2016

**Abstract** The past 3 years have marked a transition from research establishing the safety and efficacy of HIV preexposure prophylaxis (PrEP) to questions about how

(STIs), adherence and risk-reduction support, and monitoring for renal toxicity. PrEP is now increasingly provided in routine clinical settings. This review summarizes

Downloaded from http://journals.ww.com/aids by BDM WinQip/ChH+33000R/77TSF4Q3X/

EPIDEMIOLOGY AND PREVENTION

### High Interest in Preexposure Prophylaxis Among Men Who Have Sex With Men at Risk for HIV Infection: Baseline Data From the US PrEP Demonstration Project

Stephanie E. Cohen, MD, MPH,\*† Eric Vittinghoff, PhD,† Oliver Bacon, MD, MPH,\*† Susanne Doblecki-Lewis, MD,‡ Brian S. Postle, BS,§ Daniel J. Feaster, PhD,‡ Tim Matheson, PhD,\* Nikole Trainor, MPH,\* Robert W. Blue, MSW,\* Yannine Estrada, PhD,‡ Megan E. Coleman, FNP,|| Richard Elion, MD,|| Jose G. Castro, MD,‡ Wairimu Chege, MD, MPH,¶ Susan S. Philip, MD, MPH,\*† Susan Buchbinder, MD,\*† Michael A. Kolber, PhD, MD,‡ and Albert Y. Liu, MD, MPH\*†

**Background:** Preexposure prophylaxis (PrEP) is the first biomedical intervention with proven efficacy to reduce HIV acquisition

**Results:** Of 1069 clients assessed for participation, 921 were potentially eligible and 557 (60.5%) enrolled. In multivariable analyses, participants from Miami (adjusted Relative Risk [aRR]):



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# City Clinic offers PrEP options to meet patients' needs, with high uptake by persons at increased risk for HIV

## 4,970 PrEP starts through Q3 2024

- 60% AA, Latinx, Asian/PI, or Native American
- 18% <26 years
- 57% uninsured or medical
- Offered to all who are at ongoing increased risk of HIV

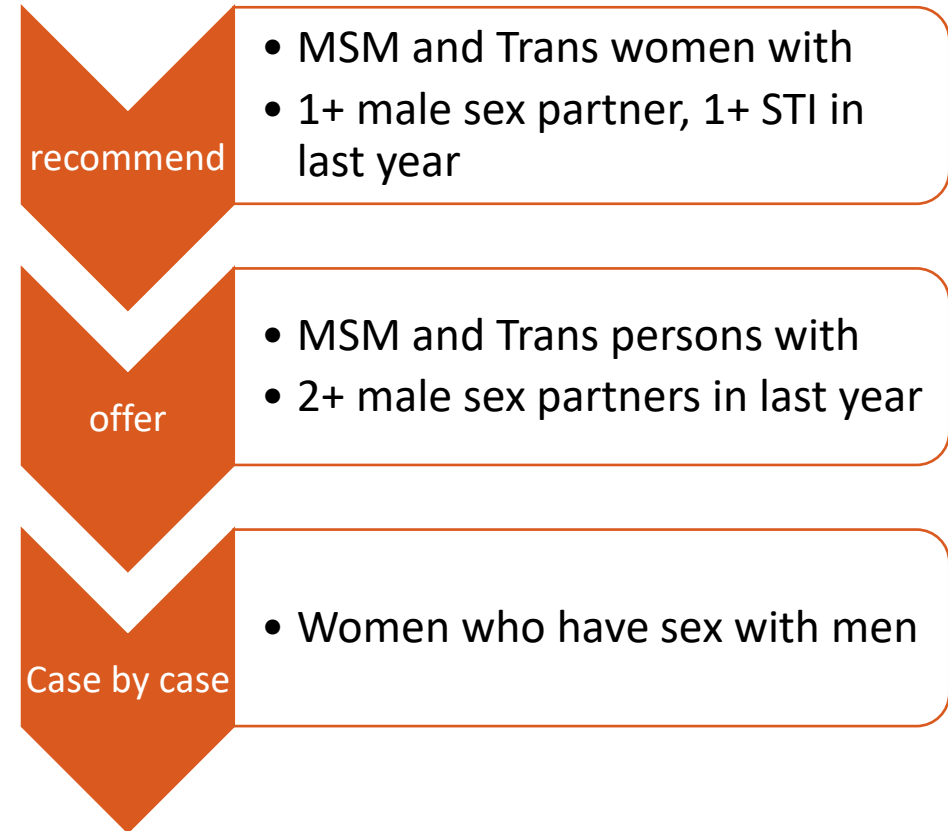
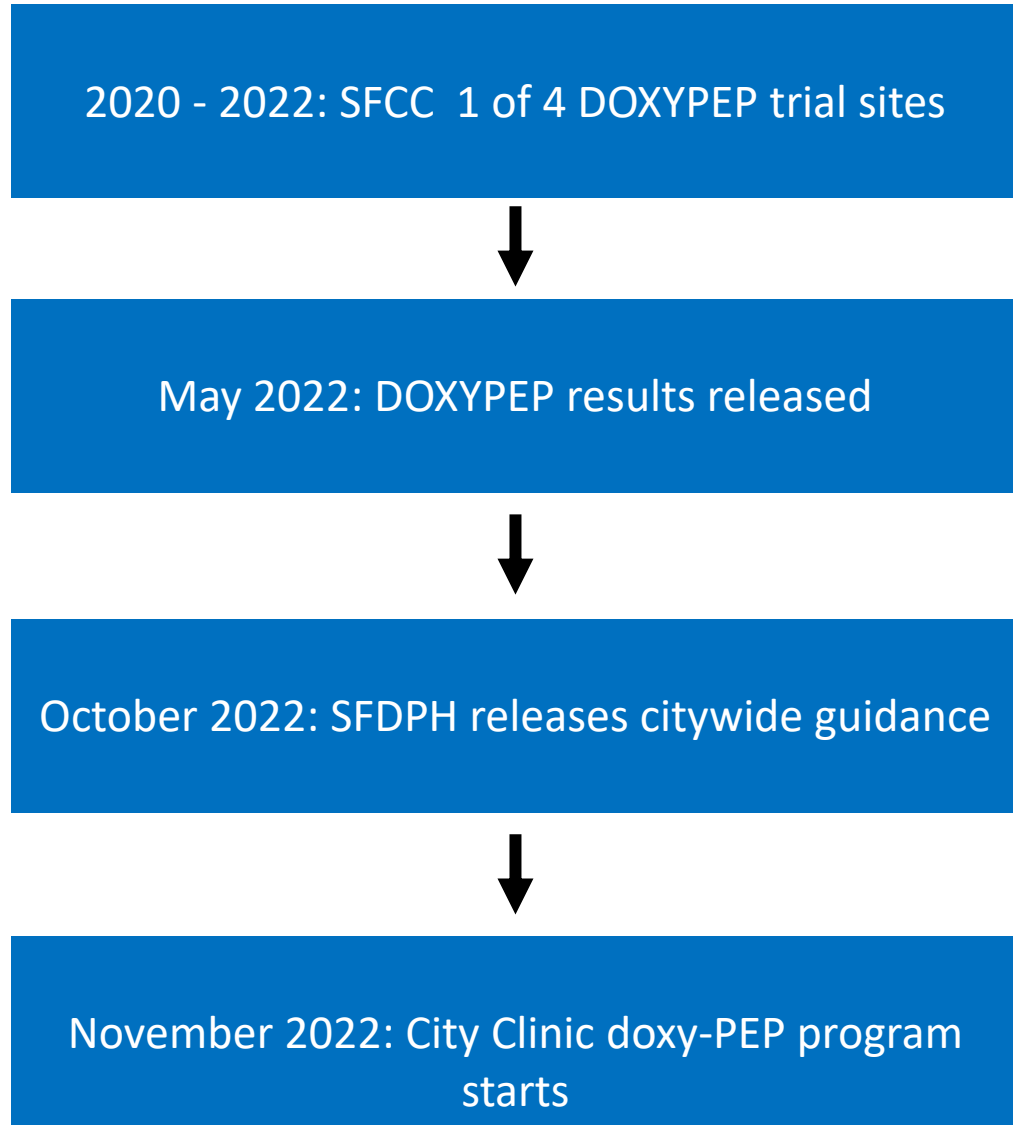
## 111 started long-acting injectable PrEP Q3 2022 – Q3 2024

- 82% AA, Latinx, multiracial or Asian
- 34% had never taken PrEP before

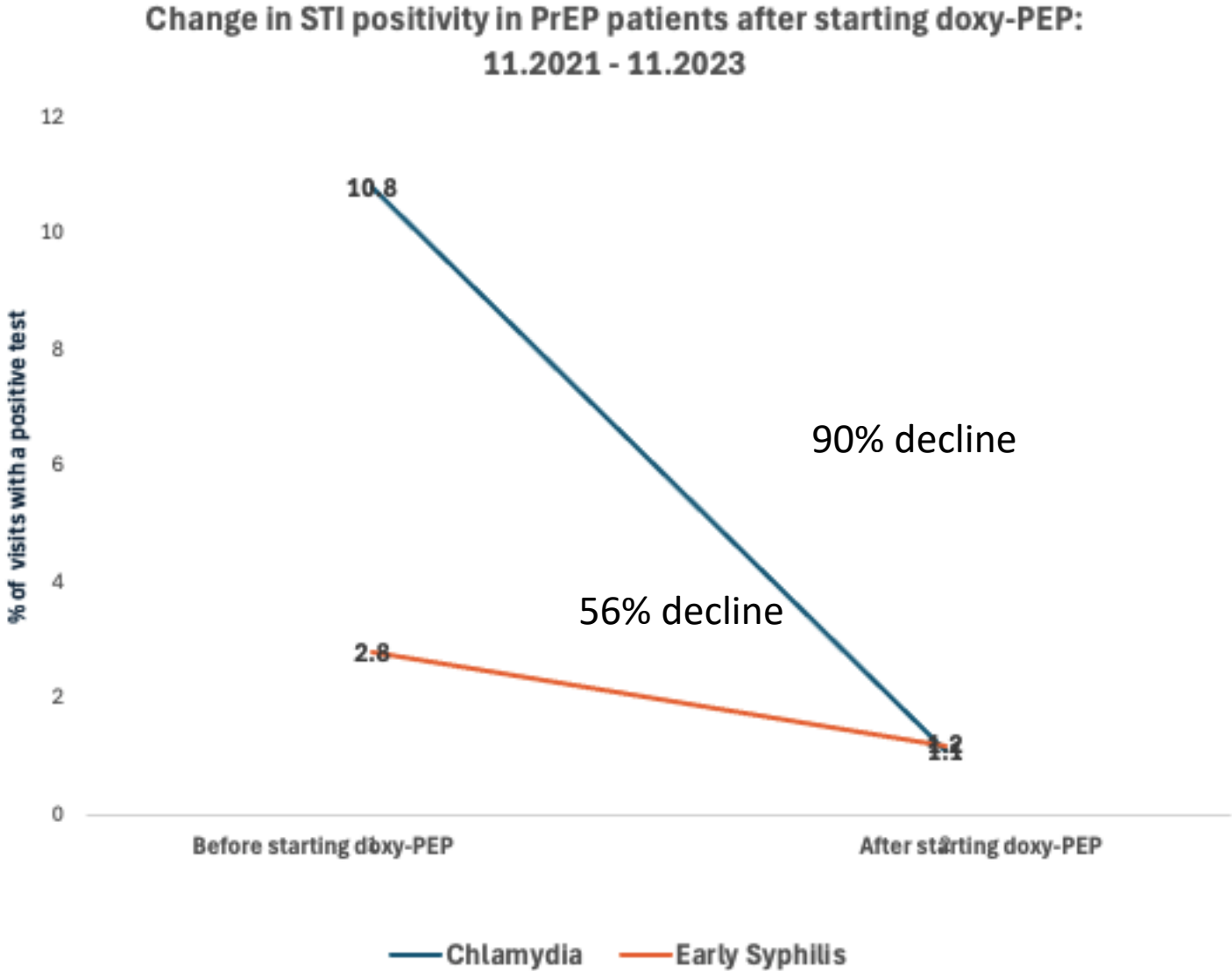
## Oral PrEP program

- Daily
- As-needed

City Clinic was part of a landmark trial establishing doxy-PEP efficacy in preventing STIs. Our Health Department was the first to roll out guidance.



# City Clinic has started over 1,700 people on doxy-PEP with sharp declines in chlamydia and syphilis





# City Clinic plays an essential role in the HIV prevention and care landscape in SF

- SFCC diagnoses 10+% of all new HIV cases in San Francisco annually
- 3,823 persons screened for HIV at SFCC in 2023, 18 positive
- 3-5 persons already living with HIV (PLWH) and out of care come to SFCC each week to restart treatment
- All offered RAPID\* start or restart

\*Rapid ART Program Initiative for HIV Diagnoses

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## Rapid ART:

Immediate ART initiation at HIV diagnosis and re-engagement in care

### Immediate ART initiation:

- Gets more people on treatment, and sooner, than waiting to start ART.
- Decreases time to virologic suppression by removing obstacles to care.



### San Francisco citywide RAPID initiative (2013-2018):<sup>1</sup>

- Faster time from HIV diagnosis to first HIV care visit, to ART initiation, and to virologic suppression.
- Faster ART initiation and viral suppression regardless of race/ethnicity, sex/gender, age, and housing status.

TIME TO HIV CARE, ART START, AND HIV SUPPRESSION

Median Days	2013	2014	2015	2016	2017	2018
Diagnosis to 1 <sup>st</sup> care visit	8	7	7	5	4	2
1 <sup>st</sup> care visit to ART start	27	17	7	1	0	0
ART start to VL <200 c/mL	76	54	53	42	46	35
Diagnosis to VL <200 c/mL	134	92	79	65	65	46

### San Francisco General Hospital Ward 86 RAPID Program (2013-2017):<sup>2</sup>

- Highly acceptable to newly-diagnosed persons (98% accepted RAPID)
- Very high rate of viral suppression: 95.8% by 1 year

In San Francisco, RAPID has been implemented in community-based clinics, public health clinics, HMO clinics, hospitals, and private practices.

<https://gettingtozerosf.org/sf-rapid-program-resources/>



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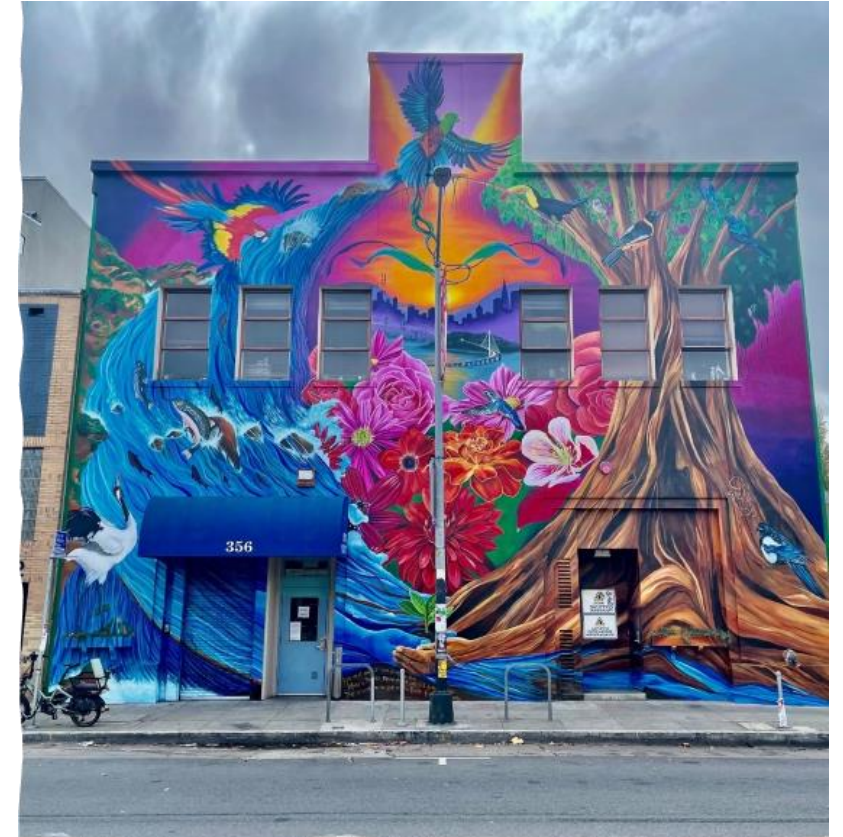
# City Clinic has taken innovative approaches to support RAPID ART

- “Virtual Huddles” of Rapid team to quickly coordinate care
- Training ALL clinicians on Rapid Starts and re-starts
- HIV Social Worker and LINCS Navigator trained to do same-day enrollment in 30-day ADAP
- 7-day ART starter packs
- LINCS providing short-term support to new HIV+s to help retain in care at SFCC to link to their next clinic



# Optimizing sexual health services in STI clinics

- 2020: City Clinic was one of 19 sites nationwide to receive a competitive supplement to our core CDC HIV Ending the Epidemic grant (PS20-2010 Component C)
  - 4 year, \$2.8 million grant aimed at optimizing HIV prevention in sexual health clinics and developing best practices
- August 2024: One of 15 recipients nationwide to receive a new cycle of competitive funding to continue this work



# Community engagement and outreach

- As part of the clinic assessment, City Clinic worked with consultant to conduct conversations with staff and clients of several CBOs:
  - Wise Health, 3<sup>rd</sup> Street Youth Center and Clinic, and Urban Ed Academy
- Goals:
  - Hear perspectives on sexual health from the Black/African American community
  - Understand community awareness and perceptions of City Clinic
  - Identify opportunities to enhance services to meet needs of the community, build trust and strengthen community engagement



# Community engagement and outreach





Known for our expertise.  
Loved for our care.

**Come visit us!**  
Mon, Wed, Fri 8 am - 4 pm  
Tue 1 pm - 6 pm  
Thurs 8-11 am & 1-4 pm  
We are closed on all major ho



**SF City Clinic offers FREE & LOW COST:**

- ✓ Testing, diagnosis, & treatment of sexually transmitted infections (STIs)
- ✓ Antibiotics for treatment of patient & partners at clinic
- ✓ Pre- & post-exposure prophylaxis for HIV prevention (PrEP & PEP)
- ✓ Partner services for people diagnosed with syphilis or HIV
- ✓ Immunizations including COVID and Mpox
- ✓ Testing for hepatitis C (HCV) & treatment for those with Medi-Cal
- ✓ HIV testing, di
- ✓ Emergency co
- ✓ Behavioral hea
- ✓ Free condoms
- ✓ Opportunities
- ✓ research stud

356 7th Street (between Folsom and Harrison)    www.sfcityclinic.org    Appoi



# Conclusions/Future directions

- City Clinic aims to provide low barrier access to traditional and innovative sexual health services to all San Franciscans
- We offer state-of-the-art STI and HIV testing, prevention, and treatment in a judgement-free and welcoming setting
- Clinical and implementation science and a focus on quality improvement support these goals
- Prop B passed: looking for a new clinic



# Acknowledgments

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  - Trang Nguyen
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  - Susan Philip
  - Seema Jain
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- Staff of San Francisco City Clinic
    - Registration
    - Clinicians
    - Nursing
    - Biomedical Prevention
    - LINCS
    - IT
    - Social Work and Mental Health
    - Research



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# THANK YOU!

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