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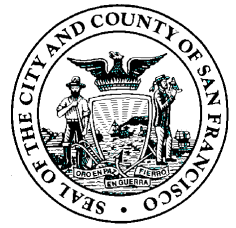
Susan Belinda Christian, J.D.
Commissioner

Cecilia Chung
Commissioner

Suzanne Girauo ED.D
Commissioner

**HEALTH COMMISSION
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MINUTES

HEALTH COMMISSION COMMUNITY AND PUBLIC HEALTH COMMITTEE MEETING

Tuesday May 21, 2023 2:00 p.m.

**101 Grove Street, Room 300
San Francisco, CA 94102 & via Webex**

1) CALL TO ORDER

Present: Commissioner Suzanne Girauo, Ph.D , Chair
Commissioner Cecilia Chung, Member
Commissioner Susan Belinda Christian, J.D.

The meeting was called to order at 2:02pm.

2) APPROVAL OF THE MINUTES OF THE HEALTH COMMISSION COMMUNITY AND PUBLIC HEALTH COMMITTEE MEETING OF APRIL 16, 2024 MEETING

Action Taken: The Committee voted unanimously to approve the minutes.

3) UPDATE ON YOUTH GUIDANCE CENTER

Farahnaz Farahmand, Ph.D, and Mona Tahsini, Director of YGC Behavioral Health, presented the item.

Commissioner Comments:

Commissioner Chung asked what types of interventions are available to individuals who are incarcerated longer at the facility. Ms. Tahsini stated that historically, individuals were transferred or released before their 19th birthday. However, individuals may now stay longer so there is current work on shifting models of care and interventions to meet the needs of older individuals.

Commissioner Girauo asked if neuropsychological testing is conducted during the assessment at YGC. It is her experience as a psychologist specializing in children and adolescents, that this type of testing is the first time some individuals learn they have a learning disability or attention deficit issues. Ms. Tahsini stated that most youth who are incarcerated at YGC are known to the system and have had evaluations conducted by school systems. Many individuals who are incarcerated have court ordered psychiatric evaluations for treatment, but these would not provide the kind of testing Commissioner Girauo suggested. Commissioner Girauo encouraged using this time of transition at YGC to build in more neuropsychological testing. She suggested using a Psy.D or Ph.D intern. Ms. Tahsini stated that it is difficult to find someone to do this kind of testing

because the results are often used in court cases and the tester would have to be part of the court proceedings.

Commissioner Christian supported Commissioner Giraudo's suggestions and noted that it would be worth conducting these types of tests and evaluations early on to keep some people out of the system and to find appropriate treatment and resources to help them. Ms. Tahsini stated that all individuals incarcerated at YGC meet with a psychiatrist.

Commissioner Chung stated that she assumes there would be a discharge plan if the person is discharged to the community. Ms. Tahsini stated that discharge planning begins on the first day someone arrives at YGC.

4) WHOLE PERSON INTEGRATED CARE OVERVIEW & OVERDOSE PREVENTION STRATEGIES

Dara Papo, LCSW, Director, presented the item.

Commissioner Comments:

Commissioner Chung stated that she is delighted that services are being integrated so effectively.

Commissioner Christian stated that she appreciates the case examples included in the presentation, which helped present the issues with clarity. She encouraged the DPH to provide these types of examples to the media to get more positive stories about DPH services.

Commissioner Christian asked if long-acting injectable medications are costly. Dr. Joanna Eveland, Whole Person Care Chief Medical Officer, stated that long-acting injectable medications are good solutions to many public health issues. It is rare that these medications are not covered by insurers. If someone misses a shot, the medications taper off within the body.

Commissioner Christian asked why microdosing works so well. Dr. Eveland stated that she and her DPH colleagues have found it useful because it builds up gradually in the body. For Fentanyl use, which stays in the body longer, the gradual build-up of medication kicks Fentanyl off the receptors.

Commissioner Giraudo asked for clarification on what is the Tenderloin Code Navigator. Ms. Papo stated that this is a non-profit that provides navigation services afterhours.

Commissioner Giraudo asked if the navigators are identified with vests. Ms. Papo stated that navigators wear white vests.

Director Colfax stated that navigators have lived experience and are very connected to the community. They are motivated to get people linked to services and medications.

5) EMERGING ISSUES

This item was not discussed.

6) PUBLIC COMMENT

There was no public comment.

7) ADJOURNMENT

The meeting was adjourned at 3:23pm.